



Clifton Park Senior Community Center

Monthly Newsletter

June 2018

Clifton Park Senior Community Center

6 Clifton Common Ct
Clifton Park, NY 12065
(518) 383-1343

www.cliftonpark.org

Please make checks payable to:
Town of Clifton Park

Center Hours

Monday—Friday
9am—4pm

Facility and room rental
available for special
events.

Upcoming Center Closings

INDEPENDENCE DAY:
WEDNESDAY, 7/4

Please join us for dinner on
Tuesday, June 12th at 5:30pm

Featuring:



MENU:


Woodfired Pizzas ♦ Salad ♦ Lemonade
Strawberry Mint Ice Water ♦ Brownies/cookies

\$10 Members / \$12 Non Members

Dinner Sponsored by:



Music Provided by:

 DJ Ernie Apisa
TRI-CITY ILLUSION

* Both Inside & Outside Seating will be available (weather permitting) *

Clifton Park Senior Community Center
Please sign up at front desk. Space is Limited

News & Events



Friday, June 1st	11:00 am	Diabetes Support Group with Speaker Diane Whitten, Topic: "Fats"
Monday, June 4th	10:00 am	Computer Workshop: Buying a computer or tablet
Monday, June 4th	1:00 pm	Swing Band Concert with special guest singer, Phil Barrett, Town Supervisor
Wednesday, June 6th	11:00 am	Community Hospice - Living with Loss Support Group
Wednesday, June 6th	2:00 pm	Town Update Presentation - Phil Barrett, Clifton Park Town Supervisor
Monday, June 11th	10:00 am	Computer Workshop: Doing a manual backup on an external hard drive
Monday, June 11th	1:30 pm	Soul Line Dancing (\$4/class)
Monday, June 11th	2:45 pm	NEW! Bridge - Beginner Basics - Learn to Play
Tuesday, June 12th	5:30 pm	Dinner: Featuring food from Classic Crust Mobile Catering
Wednesday, June 13th	12:15 pm	Lunch & Learn: Dredging up the Past presented by John Scherer, Town Historian
Friday, June 15th	10:30 am departure	Trip: The Barrington Stage Co. presents The Royal Family of Broadway
Saturday, June 16th	9:00 am - 3:00 pm	Indoor Antique - Flea Market - Garage Sale - OPEN TO THE PUBLIC!
Monday, June 18th	10:00 am	Computer Workshop: Securing your online accounts with 2-factor authentication.
Monday, June 18th	10:00 am	Clues to Sleuthing: Learn How to Research your Family Tree with J. DeChants
Monday, June 18th	1:30 pm	Soul Line Dancing (\$4/class)
Thursday, June 21st	12:15 pm	Lunch & Learn: Adults Need Immunizations Too! - Presented by Dr. Kristen Driscoll, PharmD, Walgreens Pharmacy
June 23rd, 24th, 25th	Multi-Day	TRIP: Multi-Day Trip to Boston
Monday, June 25th	10:00 am	Computer Workshop: Dealing with Facebook.
Monday, June 25th	1:30 pm	Soul Line Dancing (\$4/class)
Tuesday, June 26th	1:00 pm	Speed Friending
Tuesday, July 17th	7:45 am departure	TRIP: Essex Steam Train & Riverboat (includes: lunch, train & riverboat sightseeing excursion)
Thursday, July 19th	11:00 am departure	TRIP: Hall of Springs Luncheon & New York City Ballet performance of Romeo & Juliet at the Saratoga Performing Arts Center

INDOOR Antique - Flea Market - Garage Sale

Clifton Park Senior Community Center

Saturday, June 16th from 9am - 3pm

OPEN TO THE PUBLIC!

CALLING ALL MEMBERS!!! Take this opportunity to sell your items at this one day event.

\$10 deposit required to reserve an 8' table. Deposit will be refunded on the day of the event, to all participating members. Advanced registration required by June 1st.

If you wish to donate items to the Center for the sale, we will have a senior center table available for those items.

LET'S TALK

*Must register at the
Front Desk.*



We'll serve dessert!

*Please join us for lunch with the Saratoga County Office for the Aging Congregate Meal Program! Lunch is served at noon.
See the enclosed menu and sign up in advance (by 12noon the prior day) as reservations are required.
Lunch is followed by the Lunch and Learn Program.*

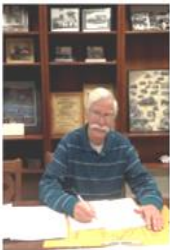
Dredging up the Past: Researching Clifton Park's History

Presented by: John L. Scherer, Town Historian

**Wednesday, June 13th
12:15 pm**

The presenter will share some of the many interesting anecdotes and fascinating details he has uncovered in researching Clifton Park's history.

John Scherer is a longtime resident of Clifton Park and has served as Town Historian for many years.



He is an experienced and engaging speaker who has written numerous articles for history publications and has taught at SUNY Albany. He is currently Senior Historian Emeritus at the New York State Museum in Albany.

Adults Need Immunizations Too!

Presented by:

Dr. Kristen Driscoll, PharmD, Walgreens Pharmacy

**Thursday, June 21st
12:15 pm**

-
-
-
-
- Immunizations are not just for kids, we all need immunizations to keep us healthy. Immunity can decrease over time, putting us at risk for different diseases that could be prevented by being vaccinated.
-
- Join us to learn about current vaccinations recommended for adults, and the intervals at which they should be received. We will also talk about the new shingles vaccine, Shingrix®.
-
-
-
-

Walgreens



Town Update Presentation

By: Phil Barrett, Clifton Park Town Supervisor

**Wednesday, June 6th
2pm**

This presentation will be held at the Clifton Park Senior Community Center
All are invited to attend!

LET'S TALK



BASIC COMPUTER SKILLS

With Bob Stromberg
10:00 am – 12:00 pm
(no charge)

Monday, June 4: Buying a computer or tablet

Monday, June 11: Doing a manual backup of your personal data on an external hard drive

Monday, June 18: Securing your online accounts with 2-factor authentication (2FA). Hey, what is that after all?

Monday, June 25: Dealing with Facebook.

** Sign up in advance is required **

Bob will be happy to schedule one-on-ones on Tuesdays for members only. Please contact the front desk to sign up.

Clues to Sleuthing

Learn How to Research your Family Tree with Joanne DeChants

Monday, June 18th
10am - 11:00 am

This program is aimed at the needs of a beginner who is interested in family history but may not know where to start. There will be tips from an experienced researcher. This program runs 55 minutes with 88 colorful slides. I will show ways that I've researched my family tree and the different types of research available. I will include my stories and I've added some cartoons to keep it interesting. These clues will give an overall idea of what to expect with your own research.

CLUES FOR SLEUTHING



AN INTRODUCTION TO RESEARCHING YOUR FAMILY TREE

The quest to discover where you came from is fun, exciting as a detective story, and never ending.

Please sign up at the front desk.



Community Hospice *Living With Loss*

The Community Hospice's *Living With Loss program* is a free bereavement support group for anyone who is grieving the death of a family member or friend. The one-hour program will be held on the first Wednesday of every month, with the next class to be held on **Wednesday, June 6th at 11am.**

Please register for the program by contacting the front desk. Membership not required.

Diabetes Support Group

Please join us for the Center's Diabetes Support Group, facilitated by Saratoga County Public Health Services. Our group will meet the first Friday of the month from 11 am to 12 pm.

June 1st: Diane Whitten, Cornell Cooperative Extension "Fats"

July 6th: NO CLASS

Please register for the program by contacting the front desk. Membership not required.

SPEED FRIENDING

Speed Friending helps seniors make new friends in minutes! We know it can be hard to meet new people and want to make it easy for you! This low-key gathering will be a fun way to form new friendships. Icebreaker questions will be included.

Tuesday, June 26
1:00 pm - 3:00 pm

Feel free to come solo or in a group. Please sign up at the front desk. Space is limited.

A Sincere Thanks



Thank you to Chef François Himler of Maison De L'amour Mobile Restaurant & Catering Services, LLC for the delicious meal provided to our members at our May dinner. Continued thanks to our volunteers for set-up and clean-up.

Maison De L'amour Mobile Restaurant & Catering Services, LLC.
O: 516-207-1295 C: 518-233-4586
maisondelamour@icloud.com

THANK YOU to the 18 senior volunteers that offered their valuable time over a four week period to create items to benefit the Saratoga County Animal Shelter. With all their help, and the many donations from our members, we were able to donate:

55 hand-made dog beds, 63 hand-made cat throws,
100 hand-made cat toys, dog & cat food, treats, baby food,
Karo syrup, towels & boxes

This service project was a great success!!!



We would like to thank our friends at Hannaford for their ongoing contributions to the Center!



ENTERTAINMENT & THE ARTS



Swing Band Concert

*With Special Guest Singer:
Town Supervisor Phil Barrett*

Monday, June 4th
1:00 pm

Come and hear the wonderful music of these talented musicians who rehearse here at the Center every week preparing to entertain you.

Light refreshments will be served

The Greg Nazarian Big Band

7:00pm

**Saturday, June 9th
Saturday, July 14th**

Come dance and enjoy the music of this 17-piece Dance band playing the sounds of Artie Shaw, Glenn Miller, Benny Goodman, and more.



The cost at the door is \$10 per person, \$5 for members. Proof of membership will be required for the \$5 rate.

LIVE ENTERTAINMENT, DANCING, and KARAOKE with Brian Zapel!



**7:00 pm
Sunday, June 24th**

One man band Brian Zapel delivers his wildly entertaining musical presence and engaging personality to the Center for a night of popular music from the 20's to current day favorites.

Contemporary Hits! Request your favorites!!
Open to the Public. Bring your own snacks.
\$5 per person at the door

RED HAT MAMAS

Wednesday, June 13th, 12:00 pm

Halfmoon Diner, 231 Grooms Road, Halfmoon.
Please RSVP by calling Jackie at (518) 630-5796 if your last name begins with A-L or Betty at (518) 406-5167 if your last name begins with M-Z. *Red Hat Mamas meet at 12 noon on the 2nd Wednesday of each month.*

SINGLES LUNCH BUNCH

Saturday, June 16th, 12:30 pm

The Singles Lunch Bunch invites all single men and women to come shop at the Clifton Park Senior Community Center's Antique/ Garage sale and then join the Singles Lunch Bunch down the road at Ravenswood, located at 1021 Rt 146, Clifton Park for lunch at 12:30 PM. Please RSVP by Wed., June 13th by calling Sandy at (518)-3995812 or e-mail me at sandra4shen@aol.com.

Center Gallery @ the Common

The Southern Saratoga Artists' Society (SSAS) presents their June 2018 Artist: **Valerie Woodward**. Ms. Woodward is a retired Geologist and self taught water-colorist. She likes doing landscapes and still life (often floral). She loves nature and presenting it in a boldness of color while at times keeping it a bit subtle.

Are you an artist who is interested in displaying your work at the Center? If so, please contact Richard Kitchen, President of the Southern Saratoga Artist Society via email at: Rkfineart@gmail.com.

Happy
Father's
Day

June 17th

LET'S MOVE

The **CPSCC Senior Golf League** is in full swing for the 2018 season!

League will meet at 8am every Thursday at the Clifton Park Barney Road Golf Course. League membership fee has been waived due to the generous sponsorship of CDPHP.

Center membership is required. Please stop by the front desk to register.

*NEW MEMBERS ARE ALWAYS WELCOME
DURING THE SEASON*



Soul Line Dancing **MOVIN' AND GROOVIN'**

MONDAYS from 1:30pm – 2:30pm

\$4/class

6/11, 6/18, 6/25

Dance with *Heart & Soul* Dancers of B Spa

Must Register at the Front Desk

Be a part of our team! **VOLUNTEER!!!**

Are you outgoing? Do you like to have fun? We are looking for an **Activities Coordinator**. Please consider joining our team of volunteers here at the senior center!!

Do you have a talent you'd like to share? A game you would like to teach? Something you think others would enjoy? Come teach us!

Feeling Crafty? We need you! The Center is searching for a volunteer to lead an arts & craft class every other Wednesday, beginning in June.

Become a part of the CPSCC volunteer team today!



Wish List

Coffee Percolator
Wooden Bookcases
Red and White Felt

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(518) 309-6094



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DAILY ACTIVITY CALENDAR



Clifton Park Senior Community Center 6 Clifton Common Court, Clifton Park

Daily Activity Calendar (*denotes free activity/class for members)

Monday	Tuesday	Wednesday	Thursday	Friday
Tap (Int. II) 9-10 am Jazz 10-10:45 am Chair Yoga 10-11:00 am Bocce* 10 am - 11:30 am Discussion Group* 10:30-12 pm (2nd, 4th Mon) Congregate Lunch 12 pm Clogging 12-1:30 pm Quilting Group* 1-3 pm BUNCO (Dice) 1-3 pm (every other week) Soul Line Dancing 1:30-2:30pm Osteo-Exercise* 2:30-3:30 pm Recovery International* 2:30-4pm Bridge - Beginner Basics* 2:45-4 pm	Exercise to Tapes* 8:45-9:45 am Pool & Billiards* 9-12 pm Pinochle* 9:45-11:45 am Duplicate Bridge Lesson 10-11:00 am Tai Chi 10-11:00 am Learn to Play: Left-Center-Right (Dice)* 10-12 pm (every other week) Learn to Play: Dice 3000* 10-12 pm (every other week) Duplicate Bridge 11:30-3:30 pm Congregate Lunch 12 pm Scrabble* 1-3 pm	Exercise to Tapes* 8:45-9:45 am Senior Investment Club 9:30-11:30 am (2nd Wed.) TOPS 10-11:30 am Rummikub* 10-12 pm Bocce* 10 am - 11:30 am Social Bridge* 10-12 pm Congregate Lunch 12 pm Learn to Play: Hand and Foot (Cards)* 12:30-3 pm (every other week) Poker* 1-3 pm Crocheting & Knitting* 1-3 pm Osteo-Exercise* 2:30-3:30 pm	Senior Golf League (5/3 - 9/27) 8:00 am Exercise to Tapes* 8:45-9:45 am Pool & Billiards* 9-12 pm Yoga 10-11:00 am Chorus* 10:00-11:30 am Legal Assistance* by appt. 10-12 pm (3rd Thurs.) Watercolors & Sketching 10-12:30 pm Seton Health "Seniorize"* 11-12 pm (Seasonal) Duplicate Bridge 12:00-4 pm Congregate Lunch 12 pm Pinochle* 12:30-3 pm Mahjong* 12:30-3 pm BUNCO (Dice) 1-3 pm (every other week) Learn to Play: Golf (Cards) 12:30-2:30 pm (every other week)	Orchestra 9-10:55 am Tap Advanced 9-10 am Woodcarving* 9-12noon Ballet 10-10:45 am Dominoes* 10-11:30 am Big Band 10:55-12:20 pm Diabetes Workshop* 11am-12 pm (1x a Month) Movie Day* 12:30 pm (First Friday of Month) BINGO 12:30 pm (every Friday except 1st Friday) Congregate Lunch 12 pm Beading Buddies 12:30 - 2:00 pm (every other) Scrabble* 12:30-2:30 pm Osteo Exercise* 2:30-3:30 pm

All dates are subject to change.

*Please contact the Front Desk at (518) 383-1343 to verify event dates,
sign up for classes, confirm session start dates or to make an appointment.*

ARE YOU CONCERNED that if you need nursing home care, everything you worked for and saved will go to the nursing home? Haven't done any planning in advance?

Know this: Even without prior planning you can preserve half or more for your family members, even if you are about to enter a Nursing Home. And if you plan five years in advance, you can save a lot more.

Want to learn more? Schedule a consultation with Glenn Witecki, Esq. at the Senior Center on any third Thursday of the month.



Witecki Law Office

8 S. Church Street
Schenectady, NY 12305

518.372.2827



Glenn J. Witecki, Esq.



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- ❖ Wills & Trusts
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- ❖ Nursing Home Planning
- ❖ Guardianships
- ❖ Real Estate

“Strategic Planning for the Future”

Call us today for an appointment.

or

Contact the Clifton Park Senior Community Center
for a free consultation every 3rd Thursday of the month.

Home visits available upon request

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stand alone.

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From October 1 through February 14, a representative will be available to speak with you from 8 a.m. to 8 p.m. seven days a week. A representative will be available to speak with you from 8 a.m. to 8 p.m.

Monday through Friday the rest of the year.

CDPHP® is a health plan with a Medicare contract. Enrollment in CDPHP Medicare Choices depends on contract renewal.

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This is an advertisement.

Y0019_16_0864 Accepted

Visit our Community Partners

Show your valid Senior Center membership card and enjoy discounts offered by these local businesses:

Clean Cut Lawn Care: Austin McDonough, Clifton Park - (518)879-9267 — **10% off Lawn Mowing/Trimming**

Core Chiropractic: 377 Route 146, Clifton Park - (518)664-2673 — **10% off Chiropractic Services**

DiNapoli Opticians: 19 Clifton Country Road, Clifton Park - (518)373-0003 — **15% off Eyeglasses**

ReWire Energy: 53 Regent St., Saratoga Springs - (518) 290-3130 — **Free Residential Energy Audit**

Riverview Orchards: 660 Riverview Road, Rexford - (518)371-2174 — **10% off total purchase per visit**

Southern Saratoga YMCA: 1 Wall Street, Clifton Park (518) 371-2139 — **Free Access every 1st & 2nd Wednesday of month**

Sushi Thai @ The Park: 1707 Route 9, Clifton Park - (518)348-0100 — **10% off** (Excludes Fridays, Saturdays & Holidays)

Valid for Dine-In Only & excludes alcohol/gift cards

The Cookie Factory: 1705 Route 9, Clifton Park - (518)280-7644 — **10% off any baked item**

The UPS Store: 5 Southside Drive, Clifton Park - (518)373-5848 — **5% off Shipping, 15% off all other Services**

(Excludes meter mail, postage & greeting cards)

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News & Events

Congregate Lunch Served Monday-Friday 12 pm

Saratoga County Office for the Aging offers hot lunches daily at the Center with advance reservations. Daily lunches are prepared by Northeast Dining & Lodging (NDL). Participants must be at least 60 years old. **First time participants must complete a registration form.** Registered participants must call to make a reservation, **no later than 12 noon**, the day before attending for lunch. Participants will receive a monthly contribution letter with a suggested contribution of \$2 per meal. Those under the age of 60 are allowed, but must be accompanied by a senior and pay a \$6 fee. Menus are available at the Center. Please contact the Center at (518) 383-1343, for more information.

SARATOGA COUNTY OFFICE FOR THE AGING - June 2018 HOME DELIVERED MEALS 363-4020 or 363-4033

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Ham Salad Cold Plate Sweet Potato Salad Coleslaw Pineapple
4	5	6	7	8
BBQ Chicken over Rice Spinach Warm Applesauce	Chop Steak Parmesan Pasta w/Sauce Zucchini & Yellow Squash Chocolate Chip Cookies	Roast Pork w/Gravy & Mashed Potatoes Vegetable Trio Warm Apple Crisp	Oven Fried Chicken w/Gravy Sweet Potatoes Green Beans Tropical Fruit	Seafood Salad Cold Plate Macaroni Salad Pea Salad Mandarin Oranges
11	12	13	14	15 FATHER'S DAY SPECIAL
Swiss Steak Oven Browned Potatoes Beets Pineapple	Breaded Pork Chop w/Gravy Rice Broccoli Pears	Chicken w/Spinach & Feta Cheese sauce Buttered Pasta Sonoma Blend Vegetables Fruit Cocktail	Spanish Beef & Rice Casserole Carrots Garlic Cornbread Fruit Jell O w/Whipped Topping	Beef Tips w/ Mushrooms in Gravy Garlic Mashed Potatoes Creamed Corn Dinner Roll Frosted Brownie 
18	19	20	21	22
Chicken Cacciatore Pasta w/Sauce Wax Beans Yogurt	Seafood Newburg over Rice Carrots Dinner Roll Mandarin Oranges	Roast Beef w/Gravy Mashed Potatoes Peas Plum Fruit	Pasta w/Meatballs Green Beans Parmesan Cheese Chocolate Pudding w/Whipped Topping	Turkey Salad on Wheat Pasta Salad Tomato & Cucumber Salad Fruit Cocktail
25	26	27	28	29
Pork Loin w/Fiesta Sauce Red Bliss Potatoes Mixed Vegetables Pears	Honey Baked Chicken Brown Rice Broccoli Dinner Roll Peaches	Breaded Fish Macaroni & Cheese Stewed Tomatoes Tartar sauce Yogurt	Meatloaf w/Gravy Mashed Potatoes Spinach Orange Whip	Chicken Salad Cold Plate Potato Salad Carrot Raisin Salad Dinner Roll Banana

Menu Subject To Change

Coffee, Tea and Butter are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to: **Northeast Dining and Lodging, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY 12020**



Game On! – Learn to Play!



MONDAY

Bocce 10 - 11:30am (weekly)
BUNCO (Dice) 1 - 3:00pm 6/4, 6/18 - Learn to Play
Bridge - Beginner Basics 2:45 - 4:00pm 6/11, 6/18, 6/25 - Learn to Play



TUESDAY

Pool & Billiards 9 - 12:00 pm (weekly)
Pinochle 9:45 - 11:45 am (weekly)
Dice 3000 10 - 12:00 pm - 6/5, 6/19 - Learn to Play
Left – Center – Right (Dice) 10 - 12:00 pm - 6/12, 6/26 - Learn to Play
Scrabble 1 - 3:00 pm (weekly)



WEDNESDAY

Social Bridge 10 - 12:00pm - Improve your game - (weekly)
Bocce 10 - 11:30am (weekly)
Rummikub 10 - 12:00pm (weekly)
Hand & Foot (Cards) 12:30 - 3:00 pm - 6/6, 6/20 - Learn to Play
Poker 1 - 3:00 pm (weekly)



THURSDAY

Pool & Billiards 9 - 12:00 pm (weekly)
Golf (Cards) 12:30 - 2:30 pm - 6/7, 6/21 - Learn to Play
Mahjong 12:30 - 3:00 pm (weekly)
Pinochle 12:30 - 3:00 pm (weekly)
BUNCO (Dice) 1 - 3:00 pm - 6/14, 6/28 - Learn to Play



FRIDAY

Dominoes 10 - 11:30 am (weekly)
Movie Day 12:30 pm - Bring your lunch - We'll serve popcorn - First Friday of Month - 6/1
(Vote for your favorite movie at the front desk)
BINGO 12:30 pm - Every Friday except the First Friday of the Month - 6/8, 6/15, 6/22, 6/29
Scrabble 12:30 - 2:30 pm (weekly)



BINGO Caller NEEDED!

Fridays (except first Friday of the month)
12:30 pm

Please join us for lunch with the Saratoga County Office for the Aging Congregate Meal Program! Lunch is served at noon. See the enclosed menu and sign up in advance (by 12noon the prior day) as reservations are required.

TRIPS

Essex Steam Train & Riverboat Tuesday, July 17 7:45 am Departure – 7:00 pm Return

Our journey begins at the historic 1892 Essex Station for a 12-mile, narrated round-trip into the heart of the unspoiled Connecticut River Valley. The steam locomotive pulls vintage coaches through the quintessential New England towns of Deep River and Chester. At Deep River Landing, passengers are escorted onto the Becky Thatcher riverboat for a cruise along the Connecticut River. The visual serenity of the river valley is on full display from Becky's multiple decks.

Enjoy a hot 3-course lunch aboard restored 1920's Pullman Diners as part of a 3.75-hour lunch, train and riverboat sightseeing excursion. Attentive staff transport you back to when rail travel was king and eating in the 'Diner' was a delicious special occasion.

\$85 Members/ \$89 Non-Members
Must sign up by June 17th

Hall of Springs luncheon & New York City Ballet performance of Romeo & Juliet at The Saratoga Performing Arts Center

Thursday, July 19

12:00 pm Four-Course Luncheon at the Hall of Springs
2:00 pm SPAC Romeo & Juliet

*** Drive yourself or let us drive you - - see below ***

Options include:

- Hall of Springs Luncheon
- SPAC tickets
- Transportation-round trip (Departs from CPSCC)
- All of the above: Lunch, Performance & Transportation

BOSTON!

3 Days & 2 Nights June 23rd - June 25th

A rich tour of the historical city of Boston combined with the beauty of the Atlantic coast.

Day 1: Enjoy John F. Kennedy Presidential Library & Museum with permanent exhibits dedicated to First Lady Jacqueline Kennedy, The Space Race and more.

Day 2: A Guided Tour of Boston which includes: Trinity Church, Boston Common, John Hancock Tower, and more. Stop for a lunch break at world famous waterside attraction "Quincy Market & Faneuil Hall Marketplace". Visit "Cheers: The Replica", enjoy shopping and more. Next, enjoy a guided tour with sights such as USS Constitution ("Old Ironside") and Cambridge. This evening, enjoy Dinner and entertainment.

Day 3: Depart for a guided tour of Lexington and Concord. This tour highlights a visit to the Minute Man National Historical Park, the birthplace of the American Revolution. This day is often voted by groups as their favorite part of the trip.

2 nights lodging with 4 Meals: 2 Breakfasts and 2 Dinners
Full Day Guided Tour of Boston

Limited Space - Sign up Today
\$309 Members/\$329 Non Members
Prices based on double occupancy

All trips must be paid for in full when signing up for the trip.
This trip will begin and end at the Clifton Park Senior Center 6 Clifton Common Blvd, Clifton Park
There are no Refunds unless the trip is cancelled.
Checks made payable to the Town of Clifton Park and mailed to 6 Clifton Common Court, Clifton Park, NY 12065

UPCOMING TRIPS will include:

*Guided Trolley Tour of Saratoga Springs
Saratoga Race Track
Mohonk Mountain House...and more*

SUE



RAINA



DONOVAN



SHIRLEY



ROSE

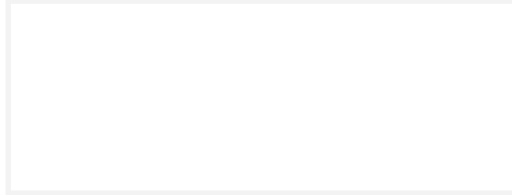




Clifton Park Senior Community Center
6 Clifton Common Court
Clifton Park, NY 12065
(518) 383-1343

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Permit No. 58

TO: CURRENT OCCUPANT OR



Town Staff Directory

Town Supervisor Phil Barrett	371-6651
Town Board Members	371-6651
Animal Control Officer	371-6756
Town Attorney Tom McCarthy	371-6651
Assessor Walter Smead	371-6460
Building & Development Director Steve Myers	371-6702
Building & Grounds Director Dan Clemens	371-6651
Town Clerk Pat O'Donnell	371-6681
Town Court - 5 Municipal Plaza	371-6668
Town Comptroller Mark Heggen	371-6651
Storm Water Management Technician Scott Reese	371-6054
Highway Superintendent Dahn Bull	371-7310
Parks & Recreation Director Myla Kramer	371-6667
Planning Director John Scavo	371-6054
Receiver of Taxes Chris Pagniello	371-5720
Director of Safety & Security Lou Pasquarell	348-7311
Town Security Officers	369-6651
Sewer Director Mike O'Brien	348-7313
Transfer Station Supervisor Jeff Vedder	371-6669
Senior Community Center Director Sue Leonard	383-1343

Email your Town Board

- Supervisor Phil Barrett: pbarrett@cliftonpark.org
- Deputy Supervisor Lynda Walowit: ly@cliftonpark.org
- Councilman Jim Romano: jromano@cliftonpark.org
- Councilman James Whalen: jwhalen@cliftonpark.org
- Councilman Amy Standaert: astandaert@cliftonpark.org

Town of Clifton Park Senior Express

- Riders must be 50 years of age or older and live in the Town of Clifton Park.
- A wheelchair lift is available.
- Those needing assistance must be accompanied by an escort.
- Adult handicapped persons under 50 years of age will be considered on a time available basis.

Monday, Tuesday & Thursday:

Medical appointments to the following areas:
 Albany, Schenectady, Troy, Ballston Spa,
 Saratoga, Mechanicville and Latham.

Wednesday & Friday:

Clifton Park shopping and local appointments only.



Senior Van Dispatch
at 371-4444
9:00am - 1:00pm

The Town's office buildings are open from Monday through Friday, 9 AM to 5 PM, excluding holidays.
 The Town Clerk's office is open until 7:00 PM every Thursday.
 The Building and Parks and Recreation Departments open at 8:00 AM Monday through Friday.