



Clifton Park Senior Community Center

Monthly Newsletter

June 2019

Clifton Park Senior Community Center

6 Clifton Common Ct
Clifton Park, NY 12065
(518) 383-1343

www.cliftonpark.org

Like us on Facebook:

<https://www.facebook.com/CliftonParkSeniorCenter/>

*Please make checks payable to:
Town of Clifton Park*

Center Hours

Monday—Friday
9am—4pm

*Facility and room rental
available for special
events.*

Upcoming Center Closings

INDEPENDENCE DAY:
THURSDAY, 7/4



Please join us for dinner on
Wednesday, June 19 at 5:30pm

Featuring:



MENU:

- ♦ Woodfired Pizzas ♦ Salad ♦ Lemonade ♦
 - ♦ Strawberry Mint Ice Water ♦ Homemade Desserts ♦
- \$10 Members / \$15 Non Members

Dinner Sponsored by:



Music Provided by:
DJ Ernie Apisa
TRI-CITY ILLUSION

Both Inside & Outside Seating will be available (weather permitting)

*Clifton Park Senior Community Center
Please sign up at front desk. Space is Limited*

INDOOR
Antique - Flea Market - Garage Sale
at the Clifton Park Senior Community Center

Saturday, June 15th
9am - 3pm



Friday, June 7th	11:00am	Diabetes Support Group
Wednesday, June 12th	12:30pm	EEE: Organizing & Downsizing with presented by Michelle Kavanaugh
Friday, June 14th	1:00pm	Father's Day Potluck! Dogs 4 Dad!
Saturday, June 15th	9am - 3pm	Indoor Antique - Flea Market - Garage Sale
Wednesday, June 19th	5:30pm	Dinner: Monthly Senior Center Dinner - Classic Crust Catering
Wednesday, June 26th	11:00am - 3:00pm	Saratoga County Year of the Senior Celebration - Canfield Casino & Congress Park
Wednesday, June 26th	10:30am departure	TRIP: Barrington Stage Co., Pittsfield, Mass "Into the Woods"
Wednesday, June 26th	12:30pm	EEE: Senior Scams - Keeping our Seniors Safe in the 21st Century presented
Thursday, July 4th	CLOSED	Center is Closed. Happy 4th of July!
Tuesday, July 9th	8:30am departure	TRIP: Old Forge Lake Cruises
Saturday, July 20th	10:45am departure	TRIP: The Saratoga Performing Arts Center (NYC Ballet) - Members Only
Thursday, July 25th	7:00am departure	TRIP: Saratoga Race Track (Breakfast & Tour) - Members Only
Tuesday, July 30th	1:30pm - 2:30pm	NEW! Basics of Modern Technology with Madeline - 5 session course begins
Saturday, August 3rd	9:00am - 4:00pm	Summer Book Fair
Sunday, August 4th	11:00am - 3:00pm	Summer Book Fair
Thursday, August 8th	8:30am departure	TRIP: Lobsters & Legends (West Springfield, MA)
Wednesday, August 28th	9:15am	AARP Smart Driver Course
Thursday, September 19th	9:15am departure	TRIP: A Tribute to American Bandstand at the Log Cabin
October 10th - October 14th	Multi Day	TRIP: Washington, DC

~ FATHER'S DAY POTLUCK ~
Dogs 4 Dad
JUNE 14 1:00 PM

WE'LL PLAY SOME OLDE TIME GAMES
 AND HAVE SOME FUN!
 HOT DOGS & ROLLS WILL BE PROVIDED.
 ~LADIES, PLEASE BRING A DISH TO SHARE~

~FREE FOR DADS~
 ALL MEMBERS ARE INVITED
 SIGN UP REQUIRED.
 BYOC (CHAIR-IF YOU HAVE ONE)
 OUTDOORS IF THE WEATHER IS NICE

EVENT SPONSORED BY:



Educate ☆ Entertain ☆ Explore

Pre-registration required at the front desk. Free. Membership Not Required.

All Presentations begin at 12:30pm

Wednesday, June 12th

TOPIC: Organizing & Downsizing

Presented by: Michelle Kavanaugh, Organize Senior Moves

Whether moving to a new home or just wanting to pare down, choosing what to keep with a lifetime's worth of possessions can feel overwhelming. Some alternative ways of thinking can help. Learn the stress-free way of downsizing or preparing to move with Michelle Kavanaugh of Organize Senior Moves. She will provide great tips on how to get started on your journey today! Registration required.

Wednesday, June 26th

TOPIC: Senior Scams - Keeping our Seniors Safe in the 21st Century

Trooper Rothwein, Sr. will be here to address many of the scams that are out there today. He will discuss how to safeguard against being a victim and how to report it if you are.

Presentation brought to you by Home Instead Senior Care.



Should you wish to enjoy lunch at the Center prior to the presentation, you must **sign up separately with the kitchen at (518) 383-1343**, no later than 12noon the day before. Congregate Lunch is provided by the Saratoga County Office for the Aging. Lunch is served promptly at 12noon.

Saratoga County Office for the Aging is funded by Title III of the Older Americans Act, New York State Office for the Aging, the County of Saratoga and local Municipalities.



2-DAY SUMMER BOOK SALE

Saturday, August 3rd from 9am - 4pm

Sunday, August 4th from 11 am - 3pm

We welcome your donations of books (hardback and paperback), Children's books, CDs, DVDs, and audiobooks. Please remember that books should be clean and in otherwise good condition (without markings; pages and covers intact, not moldy or excessively dusty, et cetera).

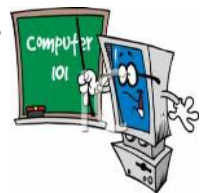
Books on subjects that quickly become dated (medical topics, computer-related, et cetera) should not be over 5 years old. We cannot accept textbooks at all.

Basics of Modern Technology

Free 5-session course with Madeline
Tuesdays from July 30th - August 27th
1:30pm - 2:30pm

NEW!

If you have ever wanted to learn how to better use modern technologies and programs such as email and Google, this is the class for you! **Basics of Modern Technology** is a five-session course that will allow seniors to learn how to easily use things like email, FaceTime, and Google, as well as how to be safe while using these programs. No previous knowledge is required. Course will be instructed by High School Senior, Madeline, who is a Girl Scout going for her Gold Award. Pre-registration required as space is limited. Open to the public.



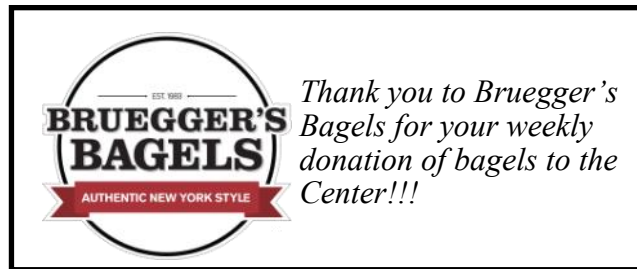

A Sincere Thanks



Thank you to Deets Catering for the delicious BBQ dinner and Starpoint Church for the wonderful desserts provided to our members at our May dinner. Thank you to our hard working senior volunteers & Starpoint Church volunteers for assistance with serving and clean-up.

WSN WEALTH SOLUTIONS NETWORK
RAYMOND JAMES

Thank you to Kevin Marin of Wealth Solutions Network & Southern Saratoga YMCA for sponsoring our Mother's Day Tea & Bingo event on May 10th. It was a fun event that was enjoyed by all!!



Help Design the Town Center Park on Wed., June 5! All are Invited to Participate!

The Town of Clifton Park held public meetings in April and May, and now, on June 5, from 3 p.m. to 7 p.m., a Design Charrette will be held at the Clifton Park Senior Community Center, to design park enhancements at the 37-acre property formerly owned by the Shenendehowa School District. The future park parcel is located east of Moe Road, north of Arongen and Shatekon Elementary Schools, and west of Maxwell Drive Extension.

Stop by anytime, between 3 p.m. and 7 p.m., to participate in the Design Charrette which will be conducted in an Open House meeting format. All are welcome. Representatives from the Town of Clifton Park's design consultant team of Behan Planning and Design will lead the public meeting, with members of the Town's Advisory Committee and Town Staff. Please call the Town's Planning Department at (518) 371-6054 if you have any questions, or view the Town's website at www.cliftonpark.org.

ENTERTAINMENT & THE ARTS

The Capital Dance Orchestra

7:00pm

Saturday, June 8th

Saturday, July 13th

Saturday, August 10th

The cost at the door is \$10 per person, \$5 for members. Open to the Public.

Live Entertainment, Dancing, and Karaoke with Brian Zapel!

7:00 pm

2019 Schedule:

Sunday, June 30th

Sunday, September 29th

Sunday, December 29th

Bring your own snacks. \$5 per person at the door.
Open to the Public.



JUNE 2019 Art Show at the Clifton Park Senior Community Center Artists: Lisa David & Frank Coletta

The Southern Saratoga Art Society will be hosting an exciting art show in June at the Senior Center. Lisa David will be exhibiting 18 of her amazing paintings that will astound you by the detail she gives to her subject matter. Frank Coletta will also be exhibiting 17 drawings and paintings taken from the beautiful scenes at Thatcher's Park. Come and enjoy the work of two of our local, talented artists.

*For more information, please contact:
Show Chairperson Richard Kitchen at
rkfineart@gmail.com or 925-858-1367.*

RED HAT MAMAS:

Wednesday, June 12th, 12:00 noon at The Brick, 54 Clifton Country Road, Clifton Park. Please RSVP by calling Jackie at (518) 630-5796 if your last name begins with A-L or Betty at (518) 406-5167 if your last name begins with M-Z.

SINGLES LUNCH BUNCH:

Saturday, June 22nd at 12:30 pm at Carson's Woodside Tavern, 9P, Malta. We will order off the menu and have separate checks. Please RSVP to Sandy Nolin by Wed. June 19 at 518-399-5812 or sandra4shen@aol.com.



- * Outdoor Games: Horseshoes, Corn Hole, Croquette
- * Large Outdoor Table & Umbrella for Bocce Court
- * Wooden Bookcases for Library

Let's Move - Registration required for all programs, classes & events.

SOUL LINE DANCING with Linda

Mondays from 1:00pm - 2:00pm:
6/3, 6/10, 6/17, 6/24 (\$10/month)

LATIN LINE DANCING:

Fridays from 1:15pm - 2:15pm:
6/14, 6/21, 6/28 (\$10/month)
Instructed by Ray Nunez &
Mark Nunez

**Please note change
in class start time!!**

TAI CHI for ARTHRITIS (seated/standing):

Tuesdays from 2:15pm - 3:15pm
6/18, 6/25, 7/2, 7/9, 7/16, 7/23 (\$42.00/session)
6-week session instructed by Rich Martin

CHAIR YOGA:

Mondays from 10:00am - 11:00am
6/17, 6/24, 7/1, 7/8, 7/15, 7/22 (\$42.00/session)
6-week session instructed by Bonnie Furlong, RN

TAI CHI:

Tuesdays from 10:00am - 11:00am
6/25, 7/2, 7/9, (no class 7/16), 7/23, 7/30 (\$35.00/session)
5-week session instructed by Bonnie Furlong, RN

BOCCE BALL



BOCCE BALL

Join us for Bocce Ball!
10am - 11:30am.
Groups meet on Mondays &
Wednesday
NEW PLAYERS WELCOME!!!

YMCA Days

As a member of the Clifton Park Senior Community Center, you have free access to the Southern Saratoga YMCA on every 1st and 2nd Wednesday of the month. Center members must be in good standing and show their valid membership card at the Y's front desk.



LET'S TALK - Registration required for all programs, classes & events.

BASIC COMPUTER SKILLS

With Bob Stromberg

10:00am - 12:00pm (Membership not required. No charge but advanced sign up required)

June 3rd: Discussion: Making travel plans online

June 10th: No session

June 17th: Buying a computer, tablet, or cell phone

June 24th: Intro to Ancestry.com

Bob will be happy to schedule one-on-ones on Tuesdays & Thursdays for members only. Please contact the front desk to sign up.

SPEED FRIENDING One-on-One

Tuesday, June 18th

12:30 - 2:00 pm

Speed Friending helps seniors make new friends in minutes! Feel free to come solo or in a group. Space is limited. Sign up today!!

Diabetes Support Group

Friday, June 7th

11:00 - 12noon

Topic: "Back to Basics: Carbohydrates in Food" presented by Diane Whitten, Food & Nutrition Educator from Cornell Cooperative Extension Saratoga County. Diane will be accompanied by her special guest Jovanna D'Alanzo, who will present the information about how carbohydrates directly affect blood sugar levels in diabetics. There will be a time for questions & answers with Diane immediately following the presentation.

LET'S GET CREATIVE - Advance Sign up Required for these programs



Craft Connection with Rosemarie

10:00am on Wednesdays:

June 12th - Magnets

June 26th - Decorative Picture Frames

The only thing required is a sense of humor and a willingness to try. **Space is limited.** Examples of the upcoming month's projects will be at the front desk.

A name you can trust.

For information, call
(518) 641-3400 or 1-888-519-4455
TTY/TDD (518) 641-4000

From October 1 through February 14, a representative will be available to speak with you from 8 a.m. to 8 p.m. seven days a week. A representative will be available to speak with you from 8 a.m. to 8 p.m. Monday through Friday the rest of the year.

CDPHP® is a health plan with a Medicare contract. Enrollment in CDPHP Medicare Choices depends on contract renewal.

Capital District Physicians' Health Plan, Inc.
 CDPHP Universal Benefits,® Inc.



A plan for life.

This is an advertisement. Y0019_16_0864 Accepted

TOWNLEY & WHEELER FUNERAL HOME



*Big enough to accommodate.
 Small enough to care.*



KATHLEEN LOWES SANVIDGE
Owner & Licensed Funeral Director

Proud to be the only New York State
 "Women Business Enterprise" certified funeral home.

Trusted stewards of faith and guidance,
 here for your arrangement needs, any day, any time.

TOWNLEY & WHEELER FUNERAL HOME

21 MIDLINE ROAD • BALLSTON LAKE, NY
 TOWNLEYWHEELERFH.COM | 518-399-5022

A TRADITION OF SUPERIOR CARE IN

Assisted Living & Enhanced Assisted Living

*A Choice Instead
 of a Nursing Home*



Our Enhanced Living Offers:

- Physical assistance with ambulation and transferring
- Assistance with ADL's including: bathing, showering and feeding
- Medication management and skilled nursing tasks
- Blood Glucose Monitoring
- Catheter/Foley Care

Home of the Good Shepherd

MALTA 26 Rock Rose Way Malta, NY (518) 581-2800	MOREAU 198 Bluebird Rd. Moreau, NY (518) 792-1000	SARATOGA 400 Church Street Saratoga Springs, NY (518) 450-7360	WILTON 60 Waller Rd. Wilton, NY (518) 580-0702
---	---	--	--

homeofthegoodshepherd.com

Sonya Chandler

Independent Licensed Insurance Broker

"Specializing in Medicare Health Plans"

"Helping Seniors with Health Insurance Options"

A FREE COMMUNITY SERVICE for Over 10 Years

Capital Region of NY • (518) 364-0162

SonyaAChandler@gmail.com

*A truly different assisted living community for the
 memory impaired*

Embracing long term memories

Enriching mind, body and spirit

Empowering our residents to thrive the Peregrine Way®

Call today for more information or to schedule a tour.

1 Emma Lane, Clifton Park, NY 12065
 518-371-2200

www.cliftonparkmemories.com



Support our Advertisers when you can...Let them know you appreciate their ad!



The Witecki Law Office

8 South Church Street, Schenectady, NY 12305
518-372-2827, www.WiteckiLaw.com

We provide: Estate Planning, Elder Law, Asset Protection, Medicaid Planning, Probate & Administration, Real Estate, and Business Law Services.

Schedule a free consultation with us. Glenn provides free consultations every third Thursday of the month at the Clifton Park Senior Center, or in his Office any time. Home visits can be arranged, if needed.

DIVORCE & FAMILY LAW



DONNELLAN & KNUSSMAN PLLC
ATTORNEYS AT LAW

658 MALTA AVE, SUITE 201
BALLSTON SPA, NY 12020

(518) 309-6094



DKLAWFIRMNY.COM



We're by your side so your loved one can stay at home.

Call for a free, no-obligation appointment

518.580.1042

HomeInstead.com/341

ReWIRE ENERGY

153 Regent St., Saratoga Springs (518) 290-3130

Free Residential Energy Assessment
Lower Your Energy Bills and Enjoy Greater Home Comfort

RAVENSWOOD

"You're Always Home at The Wood"

Tavern, Bar, Grill, Catering & Banquets
1021 Rt 146 Clifton Park NY 12065
Phone: 518-371-8771 Ravenswoodpub.com
Email: ravenswoodpub@outlook.com
Follow us on Facebook

WSN
WEALTH
SOLUTIONS
NETWORK

Kevin K. Marin

President | Wealth Solutions Network
Registered Principal | RJFS

RAYMOND JAMES®

Address: 19 Clifton Country Road, Suite 3B
Clifton Park, NY 12065

Phone: 518-783-6809
Fax: 866-203-1676

Email: Kevin.Marin@RaymondJames.com
Web Address: www.KevinMarin.com

Securities offered through Raymond James Financial Services, Inc., member FINRA/SIPC. Investment advisory services are offered through Raymond James Financial Services Advisors, Inc. Wealth Solutions Network is not a registered broker/dealer and is independent of Raymond James Financial Services.



MAKE IT FIT



Fitness for mind, body & soul



518-393-8800

kingswaycommunity.com

THINGS TO KNOW

Free Legal Assistance held at the Clifton Park Senior Community Center. Need assistance with Health Care Proxies, Powers of Attorney and/or Simple Wills? Need general legal advice? Please make an appointment by contacting the Office For the Aging at 518-884-4100 and ask for the legal program. Appointments required.

CPSCC Refund Policy: All refund requests must be in writing and received 10 days prior to start of the program. There will be NO refunds after this time. There will be a \$10 non-refundable administrative charge on all refunded registrations. There is a NO REFUND policy with trips & dinners, unless cancelled by the Center.

We invite seniors 50+ to visit one day as our guest and learn more about all of our programs. After that, participation in most activities requires membership. The cost is only \$15 for all of 2019. All are welcome regardless of where you live.

CENTER CLOSINGS:
Thursday, 7/4: Independence Day

SARATOGA COUNTY OFFICE FOR THE AGING - JUNE MENU

CONGREGATE & HOME DELIVERED MEALS 363-4020

Served Monday-Friday at 12 pm

Saratoga County Office for the Aging offers hot lunches daily at the Center with advance reservations. Daily lunches are prepared by Northeast Dining & Lodging (NDL). Participants must be at least 60 years old. **First time participants must complete a registration form.** Registered participants must call the kitchen at (518) 383-1343 to make a reservation, **no later than 12 noon**, the day before attending for lunch.

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
BBQ Chicken over Rice Vegetable Trio Warm Apple Crisp	Chop Steak Parmesan Pasta Zucchini & Yellow Squash Chocolate Cookies	Roast Pork w/Gravy Mashed Potatoes Spinach Spiced Apples & Raisins	Oven Fried Chicken w/Gravy Cubed Sweet Potatoes Lima Beans Tropical Fruit	Seafood Salad Cold Plate Pea Salad Cornbread Mandarin Oranges
10	11	12	13	14 Father's Day
Swedish Meatballs over Pasta Broccoli Warm Peach Crisp	Breaded Pork Slice w/Gravy Rice Spinach Pineapple	Chicken w/Spinach & Feta Cheese sauce Buttered Pasta Key Biscayne Blend Vegetables Dinner Roll Pears	Tuna Noodle Casserole Vegetable Trio Warm Biscuit Fruit Cocktail	Special Hot Roast Beef Sandwich w/Gravy Mashed Potatoes Creamed Corn Frosted Brownie
17	18	19	20	21
Chicken Cacciatore over Pasta w/Sauce Wax Beans Warm Garlic Roll Yogurt	Fiesta Meatloaf Oven Browned Potatoes Peas Peaches	Seafood Newburg Rice Carrots Dinner Roll Mandarin Oranges	Pasta w/Meatballs Green Beans Parmesan Cheese Chocolate Pudding w/Whipped Topping	Turkey Salad on Sandwich Roll Pasta Salad Tomato & Cucumber Salad Tropical Fruit
24	25	26 Birthday Special	27	28
BBQ Pork Loin Roasted Potatoes Mixed Vegetables Pears	Sweet & Sour Chicken Brown Rice Oriental Style Vegetables Dinner Roll Pineapple	Italian Style Meatloaf Garlic Mashed Potatoes Spinach Frosted Cake	Breaded Fish Macaroni & Cheese Stewed Tomatoes Tartar sauce Orange Whip	Chicken Salad Cold Plate Harvest Salad Red Cabbage Confetti Salad Dinner Roll Peaches



Menu Subject To Change. Coffee, Tea and Butter are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to: **Northeast Dining and Lodging, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY 12020**

DAILY ACTIVITY CALENDAR

(*denotes free activity/class for members)

Clifton Park Senior Community Center, 6 Clifton Common Court, Clifton Park

Monday	Tuesday	Wednesday	Thursday	Friday
Tap (Int. II) 9-10 am Jazz 10-10:45 am Chair Yoga 10-11:00 am Bocce* (May - Oct) 10-11:30 am Basic Computer Class* 10-12 noon Adult Coloring* 10:30-12 pm (1st, 3rd Mon) Discussion Group* 10:30-12 pm (2nd, 4th Mon) Beginner Clogging 11-11:45 am Congregate Lunch 12 pm Clogging 12-1:30 pm Soul Line Dancing 1-2 pm Quilting Group* 1-3 pm Beginner Bridge* 1:30-3:30 pm Osteo-Exercise* 2:30-3:30 pm	Exercise to Tapes* 8:45-9:45 am Pool & Billiards* 9-12 pm Duplicate Bridge Lesson 10-11:00 am Tai Chi 10-11:00 am Dice: LCR or Dice 3000* 10-12 pm (every week) Duplicate Bridge 11:30-3:30 pm Congregate Lunch 12 pm MVP Zumba/Bokwa* 1-2 pm (Seasonal) Tai Chi for Arthritis 2:15-3:15 pm Scrabble* 1-4 pm Hand & Foot* 1-4 pm	Exercise to Tapes* 8:45-9:45 am Senior Investment Club 9:30-11:30 am (2nd Wed.) TOPS (now accepting new participants!) 10-11:30 am Bocce* (May - Oct) 10-11:30 am Memories to Memoirs* 10-12 pm (2nd Wed) Social Bridge* 10-12 pm Craft Class (2x/month) 10-12 pm Congregate Lunch 12 pm Poker* 1-3 pm Crocheting & Knitting* 1-3 pm Osteo-Exercise* 2:30-3:30 pm	Exercise to Tapes* 8:45-9:45 am Pool & Billiards* 9-12 pm Yoga 10-11:00 am Chorus* 10:00-11:30 am Watercolors & Sketching 10-12:30 pm Seton Health "Seniorcize"* 11-12 pm (Seasonal) Duplicate Bridge 12:00-4 pm Congregate Lunch 12 pm Pinochle* 12:30-3 pm American Mahjong* 12:30-4 pm BUNCO (Dice) 1-3 pm (1st Thursday of month)	Orchestra* 9-10:55 am Tap Advanced 9-10 am Woodcarving* 9-12noon Ballet 10-10:45 am Dominoes* 10-11:30 am Social Bridge 10-12noon Big Band* 10:55-12:20 pm Diabetes Workshop* 11am-12 pm (1x a Month) Movie Day* 12:30 pm (1st Friday) BINGO 12:30 pm (dates below) Congregate Lunch 12 pm Creative Jewelry Making* 12:30 - 2:00 pm (every other) Scrabble* 12:30-2:30 pm Latin Line Dancing 1:15-2:15pm Osteo Exercise* 2:30-3:30 pm



MOVIE MATINEE: Book Club

Friday, June 7, 2019 at 12:30pm
 Starring Diane Keaton, Jane Fonda, Craig T. Nelson
 Romance/Comedy. PG-13. 1hr 44min
 In this comedy, a group of friends try to get their love lives back on track after suffering through late-in-life doldrums.



Friday, 6/21 at 12:30pm
Friday, 6/28 at 12:30

All dates are subject to change. Please contact the Front Desk at (518) 383-1343 to verify event dates, sign up for classes, confirm session start dates or to make an appointment.

BUS TRIPS

- ☆ **OLD FORGE LAKE CRUISES** - Historic Steamboat Cruise through the Fulton Chain of Lakes
Tuesday, July 9th (8:30am departure from the Ice Rink) \$69 member/\$75 non member
- ☆ **LOBSTERS & LEGENDS** with a Simon & Garfunkel Tribute at the Majestic Theatre in West Springfield MA
Thursday, August 8th (8:30am departure from the Ice Rink)
Enjoy Lobster or Prime Rib of Beef at the New Boathouse overlooking the Connecticut River
\$81 member/\$89 non-member
- ☆ **A TRIBUTE TO AMERICAN BANDSTAND AT THE LOG CABIN** Banquet house located in Holyoke MA
Thursday, September 19th – (9:15am departure from the Ice Rink) \$73member/\$79 non member
- ☆ **WASHINGTON, DC:**
Thursday, October 10-Monday, October 14
Two Guided Tours of Washington, DC including the WW II Memorial, Capitol Hill, Embassy Row, the Korean War Veterans Memorial, the Vietnam Veterans Memorial, the Smithsonian, the Martin Luther King, Jr. National Memorial, the Lincoln Memorial, and more! The New Museum of the Bible! 430,000 Square Feet of Biblical History. Admission to George Washington's Mount Vernon Estate & Garden. Tram Ride through Arlington National Cemetery - \$635 Per Person (Double Occupancy) - \$30 additional for non-members

VAN TRIPS - Transportation for Members Only

- ☆ **The Saratoga Performing Arts Center:** Olde Bryan Inn luncheon & **New York City Ballet** - Coppelia
Saturday July 20th – Depart 10:45 am from the Senior Center
\$24 Ballet only, \$54 Ballet & Luncheon (Non Members additional \$3)
- ☆ **Saratoga Race Track: Breakfast at the Track,** Tram Stable Tour & Daily Walking Tour with a historical overview
Thursday, July 25th – Depart 7:00 am
\$29/pp (Non Members additional \$3)

Trips will begin and end at the Clifton Park Ice Arena, 16 Clifton Common Blvd, Clifton Park unless noted otherwise
There are no Refunds unless the trip is cancelled.
Checks to be made payable to the Town of Clifton Park and mailed to 6 Clifton Common Court, Clifton Park, NY 12065

Please see our TRIPS bulletin board for other sister senior center trips, and travel as a member!!

SUE



RAINA



DONOVAN



SHIRLEY



ROSE





Clifton Park Senior Community Center
6 Clifton Common Court
Clifton Park, NY 12065
(518) 383-1343

PRSRRT STD
 US POSTAGE PAID
 Clifton Park, NY
 Permit No. 58

TO: CURRENT OCCUPANT OR

Town Staff Directory

Town Supervisor Phil Barrett	371-6651
Town Board Members	371-6651
Animal Control Officer	371-6756
Town Attorney Tom McCarthy	371-6651
Assessor Walter Smead	371-6460
Building & Development Director Steve Myers	371-6702
Building & Grounds Director Dan Clemens	371-6651
Town Clerk Pat O'Donnell	371-6681
Town Court - 5 Municipal Plaza	371-6668
Town Comptroller Mark Heggen	371-6651
Storm Water Management Technician Scott Reese	371-6054
Highway Superintendent Dahn Bull	371-7310
Parks & Recreation Director Myla Kramer	371-6667
Planning Director John Scavo	371-6054
Receiver of Taxes Rose Savallo	371-5720
Director of Safety & Security Lou Pasquarell	348-7311
Town Security Officers	369-6651
Sewer Director Mike O'Brien	348-7313
Transfer Station Supervisor Jeff Vedder	371-6669
Senior Community Center Director Sue Leonard	383-1343

Email your Town Board

Supervisor Phil Barrett: pbarrett@cliftonpark.org
Deputy Supervisor Lynda Walowit: lwalowit@cliftonpark.org
Councilman Jim Romano: jromano@cliftonpark.org
Councilman James Whalen: jwhalen@cliftonpark.org
Councilman Amy Standaert: astandaert@cliftonpark.org

**Town of Clifton Park
 Senior Express**

- Riders must be 50 years of age or older and live in the Town of Clifton Park.
- A wheelchair lift is available.
- Those needing assistance must be accompanied by an escort.
- Adult handicapped persons under 50 years of age will be considered on a time available basis.

Monday, Tuesday & Thursday:

Medical appointments to the following areas:
 Albany, Schenectady, Troy, Ballston Spa,
 Saratoga, Mechanicville and Latham.

Wednesday & Friday:

Clifton Park shopping and local appointments only.



Senior Van Dispatch
at 518-371-4444
9:00am – 1:00pm

The Town's office buildings are open from Monday through Friday, 9 AM to 5 PM, excluding holidays.
 The Town Clerk's office is open until 7:00 PM every Thursday.
 The Building and Parks and Recreation Departments open at 8:00 AM Monday through Friday.