



# Clifton Park Senior Community Center

## Monthly Newsletter

July 2019

### Clifton Park Senior Community Center

6 Clifton Common Ct  
Clifton Park, NY 12065  
(518) 383-1343

[www.cliftonpark.org](http://www.cliftonpark.org)

Like us on Facebook:

<https://www.facebook.com/CliftonParkSeniorCenter/>

*Please make checks payable to:  
Town of Clifton Park*

### Center Hours

**Monday—Friday**  
**9am—4pm**

*Facility and room rental available for special events.*

### Upcoming Center Closings

**INDEPENDENCE DAY:**  
THURSDAY, 7/4



# Come Join Us *for an* **OPEN HOUSE**

## Clifton Park Senior Community Center Wednesday, August 21st 1:00 pm - 3:00 pm

*Are you a new member? Not yet a member?  
Know someone who might like to join us?*

*Come and meet some of our instructors and learn about the many programs & classes we have to offer!*

*\*There will be class demonstrations\**

*\*Light Refreshments will be served\**



Sponsored by:



Monday, July 1st	1:00pm	Soul Line Dancing with Linda - New Session Begins
Tuesday, July 2nd	10:00am	Tai Chi - New Session Begins *Please note new session start date of 7/2*
Thursday, July 4th	CLOSED	Center is Closed. Happy 4th of July!
Friday, July 5th	12:30pm	Movie Matinee: Club Paradise
Tuesday, July 9th	8:30am departure	TRIP: Old Forge Lake Cruises
Wednesday, July 10th	12:30pm	EEE: An Introduction to Digital Borrowing - Presented by CP-Halfmoon Public Library
Wednesday, July 10th	1:00pm	NEW! Free Strength & Conditioning Class
Friday, July 12th	1:15pm	Latin Line Dancing - New Session Begins
Monday, July 15th	11:30am-12:30pm	Farmers Market Coupons available at the Center
Monday, July 15th	12:30pm	EEE: Comedy with Jack
Wednesday, July 17th	1:00pm	Strength & Condition Class - 3 week session begins
Saturday, July 20th	10:45am departure	TRIP: The Saratoga Performing Arts Center (NYC Ballet) - Members Only
Thursday, July 25th	7:00am departure	TRIP: Saratoga Race Track (Breakfast & Tour) - Members Only
Tuesday, July 30th	1:30pm - 2:30pm	NEW! Basics of Modern Technology with Madeline - 5 session course begins
Tuesday, July 30th	2:15pm	Tai Chi for Arthritis (seated/standing) - New Session Begins
Saturday, August 3rd	9:00am - 4:00pm	Summer Book Fair
Sunday, August 4th	11:00am - 3:00pm	Summer Book Fair
Thursday, August 8th	8:30am departure	TRIP: Lobsters & Legends (West Springfield, MA)
<b>Wednesday, August 21st</b>	<b>1:00pm</b>	<b>Clifton Park Senior Community Center Open House!!</b>
Saturday, August 24th	9:00am departure	TRIP: New York Renaissance Faire (more details to come!)
Wednesday, August 28th	9:15am	AARP Smart Driver Course
Thursday, September 5th	7:45am departure	TRIP: Val-Kill Cottage and Clove Creek Dinner Theatre
Thursday, September 19th	9:15am departure	TRIP: A Tribute to American Bandstand at the Log Cabin
Sunday, October 6th	1:00pm	Fall Basket Party
October 10th - October 14th	Multi Day	TRIP: Washington, DC



## 2-DAY SUMMER BOOK SALE

**Saturday, August 3rd from 9am - 4pm**  
**Sunday, August 4th from 11am - 3pm**

We welcome your donations of books (hardback and paperback), Children's books, CDs, DVDs, and audiobooks. Please remember that books should be clean and in otherwise good condition (without markings; pages and covers intact, not moldy or excessively dusty, et cetera).

Books on subjects that quickly become dated (medical topics, computer-related, et cetera) should not be over 5 years old. We cannot accept textbooks at all.



## **VOLUNTEERS NEEDED FOR: PROGRAM COMMITTEE**

Do you have a heart for service and a few hours to spare? We are looking to enlist volunteers who can share their talents and ideas. Through your contributions, we are able to expand the number and variety of programs and activities provided to our members here at the Center. This is a great way to meet people & have fun!

If you would be interested in joining our newly formed **Program Committee**, contact Sue or Raina at (518) 383-1343.



# Educate ☆ Entertain ☆ Explore

*Pre-registration required at the front desk. Free. Membership Not Required.*

*All Presentations begin at 12:30pm*

## **Wednesday, July 10th**

### **AN INTRODUCTION TO DIGITAL BORROWING**

The Clifton Park-Halfmoon Public Library will present "An Introduction to Digital Borrowing." They will demonstrate how to navigate Ebooks, Audiobooks, Music, Magazines and Movies, using online applications and your library account number.



## **Monday, July 15th** **COMEDY with JACK**

We're standing up with Jack again!  
Come laugh and have some fun with Jack, amateur stand-up Comedian.



Should you wish to enjoy lunch at the Center prior to the presentation, you must **sign up separately with the kitchen at (518) 383-1343**, no later than 12noon the day before. Congregate Lunch is provided by the Saratoga County Office for the Aging . Lunch is served promptly at 12noon.

Saratoga County Office for the Aging is funded by Title III of the Older Americans Act, New York State Office for the Aging, the County of Saratoga and local Municipalities.

## **LET'S TALK - Registration required for all programs, classes & events.**

### **BASIC COMPUTER SKILLS**

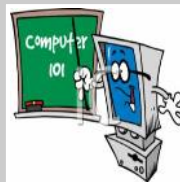
**With Bob Stromberg**

Our helpful & patient Computer advisor, Bob Stromberg, is taking July & August off to enjoy the summer. He will resume his group classes in September; dates will follow in our August newsletter.

For members only, he will continue to provide one-on-one sessions on Tuesdays & Thursdays, through the summer, between the hours of 10am - 12noon.

Please contact the front desk to schedule your appointment.

*\*Please bring device(s) fully charged\**



### **Basics of Modern Technology**

Free 5-session course with Madeline  
Tuesdays

July 30th - August 27th

1:30pm - 2:30pm

If you have ever wanted to learn how to better use modern technologies and programs such as email and Google, this is the class for you! **Basics of Modern Technology** is a five-session course that will allow seniors to learn how to easily use things like email, FaceTime, and Google, as well as how to be safe while using these programs. No previous knowledge is required. Course will be instructed by High School Sophomore, Madeline, who is a Girl Scout going for her Gold Award. Pre-registration required as space is limited.  
Open to the public.

### **Diabetes Support Group**

11:00 - 12noon

**Friday, July 5th:** "When you need help: Preparing for emergency medical service (EMS)" presented by Halfmoon EMS.

**Friday, August 2nd:** "How activity affects blood glucose" presented by Judy Carr, Certified Diabetes Educator

# A Sincere Thanks

Thank you to Classic Crust Mobile Catering for the amazing woodfired pizzas provided to our members at our June dinner. DJ Ernie Apisa provided the wonderful musical entertainment. Thank you to CDPHP for your generous sponsorship of this event.



 DJ Ernie Apisa  
**TRI-CITY ILLUSION**

*We appreciate all our hard working senior volunteers for assistance with set-up, serving and clean-up. These events would not be successful without you!*

**Sorrentino's**  
Delicatessen & Market  
241 Grooms Road, CP (518) 371-3479

Many thanks to all the members who attended the Father's Day Celebration on June 14th! We hope everyone had a wonderful time. Thank you to all who brought in food to share, as well as Sorrentino's Delicatessen & Market for donating all of the hot dogs & buns.

Thank you to all those who donate to the **Jonesville Food Pantry**. Please be sure to check the expiration date, prior to making your donation. Thank you!

*Thank you to the many volunteers who assisted in and donated items to the Saratoga County Animal Shelter Service Project. The generosity of your time and sewing expertise is greatly appreciated. The volunteers were able to make many dog beds, cat blankets and catnip pillows. We also had a successful adoption of a senior cat during the adoption clinic!*



\* Mahjong Set

\* Large Outdoor Table & Umbrella for Bocce Court

\* Wooden Bookcases for Library

## ENTERTAINMENT & THE ARTS

### The Capital Dance Orchestra

7:00pm

Saturday, July 13th

Saturday, August 10th

The cost at the door is \$10 per person, \$5 for members. Open to the Public.

### Live Entertainment, Dancing, and Karaoke with Brian Zapel!

7:00 pm

2019 Schedule:

No Summer Performances.

Sunday, September 29th

Sunday, December 29th

Bring your own snacks. \$5 per person at the door.  
Open to the Public.



### JULY 2019 Art Show at the Clifton Park Senior Community Center Artist: Carol Winterton

The Southern Saratoga Art Society will be showing paintings by a local artist, Carol Winterton. She works in multiple mediums, mostly oil, watercolor and acrylics. Carol painted professionally in the 80s, then her focus went to raising a family. With the passing of her husband in 2016, she began to paint again and found it provided her a needed comfort and joy at the same time.

Most of her paintings are costal scenes but she does branch out to seasons and some animals. She loves to paint and will paint almost anything that is requested.

For more information, please contact:  
Show Chairperson Richard Kitchen at  
[rkfineart@gmail.com](mailto:rkfineart@gmail.com) or 925-858-1367.

### RED HAT MAMAS:

Wednesday, July 10th, 12:00 noon at Wheatfields, 54 Clifton Country Road, Clifton Park. Please RSVP by calling Jackie at (518) 630-5796 if your last name begins with A-L or Betty at (518) 406-5167 if your last name begins with M-Z.

### SINGLES LUNCH BUNCH:

Saturday, July 20th at 12:30 pm at Villago Pizzeria & Ristorante. 175 Lake Road, Ballston Lake. We will have separate checks, order off the menu, announce birthdays for the month and welcome new friends. Please RSVP to Sandy Nolin by Wednesday, July 17th at at 518-399-5812 or [sandra4shen@aol.com](mailto:sandra4shen@aol.com).



### Farmers Market Coupons available at the Clifton Park Senior Community Center on: July 15th from 11:30am—12:30pm

It's that time of the year again! Go to your local Farmer's Market to get high-quality local food and agricultural products direct from the farmers and producers.

#### The farmer market coupons eligibility guidelines are as follows:

You must be 60 years of age or older, ONE booklet per season per individual. Income at or below: \$1926 per month, household of one; \$2607 per month, household of two. Each booklet value is \$20.00, 5 - \$4.00 coupons that are good for fresh fruits and vegetables at local participating Farmer Markets. No change can be given for any unused amount on a coupon.

Call Office for the Aging @ 884-4100 for more information and details on scheduled outreach events.

## Let's Move - Registration required for all programs, classes & events.

### SOUL LINE DANCING with Linda

Mondays from 1:00pm - 2:00pm:  
7/1, 7/8, 7/15, 7/22 (\$10/month)

### LATIN LINE DANCING:

Fridays from 1:15pm - 2:15pm:  
7/12, 7/19, 7/26 (\$10/month)  
Instructed by Ray Nunez &  
Mark Nunez

Please note change  
in class start time!!

### BOCCE BALL

*NEW PLAYERS WELCOME!!!*  
10am - 11:30am.

Groups meet on Mondays & Wednesdays

### TAI CHI:

Tuesdays from 10:00am - 11:00am  
7/2, 7/9, 7/23, 7/30 (\$28/session)  
4-week session instructed by Bonnie Furlong, RN

### TAI CHI for ARTHRITIS (seated/standing):

Tuesdays from 2:15pm - 3:15pm:  
7/30, 8/6, 8/13, 8/20 (\$28/session)  
4-week session instructed by Rich Martin

### EXERCISE TO TAPE

*Are you an early bird? Join us for this fun & free class!*  
Mondays, Wednesdays & Fridays  
8:45am - 9:45am



### STRENGTH & CONDITIONING CLASS

**Wednesdays at 1:00pm**

All fitness levels welcome!

Come and join Teresa Burke, fitness instructor from HealthPlex. She will be conducting a total body strength & conditioning class, focusing on improving balance, movement & strength.

*\*Advanced sign up required\**

*\*Space is limited\**

**FREE** trial class on 7/10

**3-week session only \$15.00**

**Dates are as follows:**

**7/17, 7/24, 7/31**

### **YMCA Days**

As a member of the Clifton Park Senior Community Center, you have free access to the Southern Saratoga YMCA on every 1st and 2nd Wednesday of the month. Center members must be in good standing and show their valid membership card at the Y's front desk.

## LET'S GET CREATIVE - Advance Sign up Required for these programs



### Craft Connection with Rosemarie

10:00am on Wednesdays:

**July 10th - Coasters**

**July 24th - TBA**

The only thing required is a sense of humor and a willingness to try.  
Examples of the upcoming month's projects will be at the front desk.  
**Space is limited.**

# A name you can trust.

For information, call  
**(518) 641-3400 or 1-888-519-4455**  
**TTY/TDD (518) 641-4000**

From October 1 through February 14, a representative will be available to speak with you from 8 a.m. to 8 p.m. seven days a week. A representative will be available to speak with you from 8 a.m. to 8 p.m. Monday through Friday the rest of the year.

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We provide: Estate Planning, Elder Law, Asset Protection, Medicaid Planning, Probate & Administration, Real Estate, and Business Law Services.

Schedule a free consultation with us. Glenn provides free consultations every third Thursday of the month at the Clifton Park Senior Center, or in his Office any time. Home visits can be arranged, if needed.

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# SARATOGA COUNTY OFFICE FOR THE AGING - JULY MENU

CONGREGATE & HOME DELIVERED MEALS 363-4020

Served Monday-Friday at 12 pm

Saratoga County Office for the Aging offers hot lunches daily at the Center with advance reservations. Daily lunches are prepared by Northeast Dining & Lodging (NDL). Participants must be at least 60 years old. **First time participants must complete a registration form.** Registered participants must call the kitchen at (518) 383-1343 to make a reservation, **no later than 12 noon**, the day before attending for lunch.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3 4<sup>th</sup> of July Special</b>	<b>4 CLOSED</b>	<b>5</b>
Rosemary Garlic Lemon Chicken over Rice Broccoli Warm Peach Crisp	BBQ Pork Loin Cubed Sweet Potato Cabbage Dinner Roll Spiced Apples & Raisins	Hot Dog w/Sauerkraut on Bun Baked Beans Home Fries Patriotic Cake 		Egg Salad on Wheat Carrot & Raisin Salad Beet & Onion Salad Cantaloupe
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
Baked Fish w/Creamy Dijon Sauce over Brown Rice Brussels Sprouts Warm Berry Crisp	Chicken Alfredo Pasta Peas Pears	Meatball Sub Yellow Squash Cauliflower Fruit Cocktail	Sausage Patty w/Peppers & onion on Sandwich Roll Red Bliss Potatoes Carrots Peaches	Ham & Swiss on Sandwich Roll Mayonnaise Marinated Green Beans Orange Whip
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
BBQ Chicken over Rice Spinach Warm Cornbread Yogurt	Italian Meatloaf Pasta Zucchini & Yellow Squash Chocolate Cookies	Roast Pork w/Gravy & Mashed Potatoes Key Biscayne Blend Vegetables Warm Apple Crisp	Oven Fried Chicken w/Gravy Mashed Sweet Potatoes Lima Beans Tropical Fruit	Seafood Salad Cold Plate Pea Salad Dinner Roll Mandarin Oranges
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
Swedish Meatballs over Pasta Broccoli Warm Peach Crisp	Breaded Pork Slice w/Gravy Rice Spinach Pineapple	Chicken w/Spinach & Feta Cheese sauce Buttered Pasta Key Biscayne Blend Vegetables Dinner Roll Pears	Smothered Steak A La King Oven Brownd Potatoes Peas & Carrots Fruit Cocktail	Tuna Salad on Wheat Marinated Green Beans Coleslaw Banana
<b>29</b>	<b>30</b>	<b>31 Birthday Special</b>		
Chicken Cacciatore over Pasta w/Sauce Wax Beans Warm Garlic Biscuit Yogurt	Seafood Newburg over Rice Carrots Warm Cornbread Mandarin Oranges	Meatloaf w/Gravy Mashed Potatoes Broccoli & Cauliflower Frosted Cake 		

**Menu Subject To Change.** Coffee, Tea and Butter are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to: **Northeast Dining and Lodging, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY 12020**

# DAILY ACTIVITY CALENDAR

(\*denotes free activity/class for members)

**Clifton Park Senior Community Center, 6 Clifton Common Court, Clifton Park**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Tap (Int. II)</b> 9-10 am  <b>Jazz</b> 10-10:45 am  <b>Chair Yoga</b> 10-11:00 am  <b>Bocce* (May - Oct)</b> 10-11:30 am  <b>Basic Computer Class*</b> 10-12 noon  <b>Adult Coloring*</b> 10:30-12 pm (1st, 3rd Mon)  <b>Discussion Group*</b> 10:30-12 pm (2nd, 4th Mon)  <b>Beginner Clogging</b> 11-11:45 am  <b>Congregate Lunch</b> 12 pm  <b>Clogging</b> 12-1:30 pm  <b>Soul Line Dancing</b> 1-2 pm  <b>Quilting Group*</b> 1-3 pm  <b>Beginner Bridge*</b> 1:30-3:30 pm  <b>Healthy Bones for Life*</b> (formerly Osteo Exercise) 2:30-3:30 pm	<b>Exercise to Tapes*</b> 8:45-9:45 am  <b>Pool &amp; Billiards*</b> 9-12 pm  <b>Duplicate Bridge Lesson</b> 10-11:00 am  <b>Tai Chi</b> 10-11:00 am  <b>Dice: LCR or Dice 3000*</b> 10-12 pm (every week)  <b>Duplicate Bridge</b> 11:30-3:30 pm  <b>Congregate Lunch</b> 12 pm  <b>MVP Zumba/Bokwa*</b> 1-2 pm (Seasonal)  <b>Tai Chi for Arthritis</b> 2:15-3:15 pm  <b>Scrabble*</b> 1-4 pm  <b>Hand &amp; Foot*</b> 1-4 pm	<b>Exercise to Tapes*</b> 8:45-9:45 am  <b>Senior Investment Club</b> 9:30-11:30 am (2nd Wed.)  <b>TOPS</b> (now accepting new participants!) 10-11:30 am  <b>Bocce* (May - Oct)</b> 10-11:30 am  <b>Memories to Memoirs*</b> 10-12 pm (2nd Wed)  <b>Social Bridge*</b> 10-12 pm  <b>Craft Class (2x/month)</b> 10-12 pm  <b>Congregate Lunch</b> 12 pm  <b>Poker* 1-3 pm</b>  <b>Crocheting &amp; Knitting*</b> 1-3 pm  <b>Healthy Bones for Life*</b> (formerly Osteo Exercise) 2:30-3:30 pm	<b>Exercise to Tapes*</b> 8:45-9:45 am  <b>Pool &amp; Billiards*</b> 9-12 pm  <b>Yoga</b> 10-11:00 am  <b>Chorus*</b> 10:00-11:30 am  <b>Watercolors &amp; Sketching</b> 10-12:30 pm  <b>Seton Health "Seniorcize"*</b> 11-12 pm (Seasonal)  <b>Duplicate Bridge</b> 12:00-4 pm  <b>Congregate Lunch</b> 12 pm  <b>Pinochle*</b> 12:30-3 pm  <b>American Mahjong*</b> 12:30-4 pm	<b>Orchestra*</b> 9-10:55 am  <b>Tap Advanced</b> 9-10 am  <b>Woodcarving*</b> 9-12noon  <b>Ballet</b> 10-10:45 am  <b>Dominoes*</b> 10-11:30 am  <b>Social Bridge</b> 10-12noon  <b>Big Band*</b> 10:55-12:20 pm  <b>Diabetes Workshop*</b> 11am-12 pm (1x a Month)  <b>Movie Day*</b> 12:30 pm (1st Friday)  <b>BINGO</b> 12:30 pm (dates below)  <b>Congregate Lunch</b> 12 pm  <b>Creative Jewelry Making*</b> 12:30 - 2:00 pm (every other)  <b>Scrabble*</b> 12:30-2:30 pm  <b>Latin Line Dancing</b> 1:15-2:15pm  <b>Healthy Bones for Life*</b> (formerly Osteo Exercise) 2:30-3:30 pm



## MOVIE MATINEE: CLUB PARADISE

Friday, July 5, 2019 at 12:30pm

Starring Robin Williams, Peter O'Toole, Rick Moranis  
Comedy. PG-13. 1hr 35min

An ex-Chicago fireman uses a sizable disability settlement to transform a remote island watering hole into a lucrative tourist waterland.

Directed by Harold Ramis.



**12:30 pm**  
**Friday, 7/12 & 7/19**

All dates are subject to change. Please contact the Front Desk at (518) 383-1343 to verify event dates, sign up for classes, confirm session start dates or to make an appointment.

## BUS TRIPS

- ☆ **LOBSTERS & LEGENDS** with a Simon & Garfunkel Tribute at the Majestic Theatre in West Springfield MA  
**Thursday, August 8th** (8:30am departure from the Ice Rink)  
Enjoy Lobster or Prime Rib of Beef at the New Boathouse overlooking the Connecticut River  
\$81 member/\$89 non-member
- ☆ **New York Renaissance Faire, Tuxedo, NY (more info to follow...)**  
**Saturday, August 24th** (9:00am departure from the Ice Rink)
- ☆ **Val-Kill Cottage & Clove Creek Dinner Theatre, Fishkill, NY "I Hate Hamlet" (more info to follow...)**  
**Thursday, September 5th** (7:45am departure from Ice Rink)
- ☆ **A TRIBUTE TO AMERICAN BANDSTAND AT THE LOG CABIN** Banquet house located in Holyoke MA  
**Thursday, September 19th** – (9:15am departure from the Ice Rink) \$73member/\$79 non member
- ☆ **WASHINGTON, DC:**  
**Thursday, October 10-Monday, October 14**  
Two Guided Tours of Washington, DC including the WW II Memorial, Capitol Hill, Embassy Row, the Korean War Veterans Memorial, the Vietnam Veterans Memorial, the Smithsonian, the Martin Luther King, Jr. National Memorial, the Lincoln Memorial, and more! The New Museum of the Bible! 430,000 Square Feet of Biblical History. Admission to George Washington's Mount Vernon Estate & Garden. Tram Ride through Arlington National Cemetery - \$635 Per Person (Double Occupancy) - \$30 additional for non-members

Trips will begin and end at the Clifton Park Ice Arena, 16 Clifton Common Blvd, Clifton Park unless noted otherwise

There are no Refunds unless the trip is cancelled.

Checks to be made payable to the Town of Clifton Park and mailed to 6 Clifton Common Court, Clifton Park, NY 12065

**Please see our TRIPS bulletin board for other sister senior center trips, and travel as a member!!**

## THINGS TO KNOW

**Free Legal Assistance held at the Clifton Park Senior Community Center.** Need assistance with Health Care Proxies, Powers of Attorney and/or Simple Wills? Need general legal advice? Please make an appointment by contacting the Office For the Aging at 518-884-4100 and ask for the legal program. Appointments required.

**We invite seniors 50+ to visit one day as our guest and learn more about all of our programs.** After that, participation in most activities requires membership. The cost is only \$15 for all of 2019. All are welcome regardless of where you live.

**CPSCC Refund Policy:** All refund requests must be in writing and received 10 days prior to start of the program. There will be NO refunds after this time. There will be a \$10 non-refundable administrative charge on all refunded registrations. There is a NO REFUND policy with trips & dinners, unless cancelled by the Center.

**CENTER CLOSINGS:**  
Thursday, 7/4: Independence Day

SUE



RAINA



DONOVAN



SHIRLEY



ROSE





**Clifton Park Senior Community Center**  
**6 Clifton Common Court**  
**Clifton Park, NY 12065**  
**(518) 383-1343**

PRSRT STD  
 US POSTAGE PAID  
 Clifton Park, NY  
 Permit No. 58

**TO: CURRENT OCCUPANT OR**

### Town Staff Directory

Town Supervisor Phil Barrett	371-6651
Town Board Members	371-6651
Animal Control Officer	371-6756
Town Attorney Tom McCarthy	371-6651
Assessor Walter Smead	371-6460
Building & Development Director Steve Myers	371-6702
Building & Grounds Director Dan Clemens	371-6651
Town Clerk Pat O'Donnell	371-6681
Town Court - 5 Municipal Plaza	371-6668
Town Comptroller Mark Heggen	371-6651
Storm Water Management Technician Scott Reese	371-6054
Highway Superintendent Dahn Bull	371-7310
Parks & Recreation Director Myla Kramer	371-6667
Planning Director John Scavo	371-6054
Receiver of Taxes Rose Savallo	371-5720
Director of Safety & Security Lou Pasquarell	348-7311
Town Security Officers	369-6651
Sewer Director Mike O'Brien	348-7313
Transfer Station Supervisor Jeff Vedder	371-6669
Senior Community Center Director Sue Leonard	383-1343

### Email your Town Board

**Supervisor Phil Barrett:** [pbarrett@cliftonpark.org](mailto:pbarrett@cliftonpark.org)  
**Deputy Supervisor Lynda Walowit:** [lwalowit@cliftonpark.org](mailto:lwalowit@cliftonpark.org)  
**Councilman Jim Romano:** [jromano@cliftonpark.org](mailto:jromano@cliftonpark.org)  
**Councilman James Whalen:** [jwhalen@cliftonpark.org](mailto:jwhalen@cliftonpark.org)  
**Councilman Amy Standaert:** [astandaert@cliftonpark.org](mailto:astandaert@cliftonpark.org)

## Town of Clifton Park Senior Express

- Riders must be 50 years of age or older and live in the Town of Clifton Park.
- A wheelchair lift is available.
- Those needing assistance must be accompanied by an escort.
- Adult handicapped persons under 50 years of age will be considered on a time available basis.

### Monday, Tuesday & Thursday:

Medical appointments to the following areas:  
 Albany, Schenectady, Troy, Ballston Spa,  
 Saratoga, Mechanicville and Latham.

### Wednesday & Friday:

Clifton Park shopping and local appointments only.



**Senior Van Dispatch**  
**at 518-371-4444**  
**9:00am - 1:00pm**

The Town's office buildings are open from Monday through Friday, 9 AM to 5 PM, excluding holidays.  
 The Town Clerk's office is open until 7:00 PM every Thursday.  
 The Building and Parks and Recreation Departments open at 8:00 AM Monday through Friday.