



Clifton Park Senior Community Center

Monthly Newsletter

August 2019

Clifton Park Senior Community Center

6 Clifton Common Ct
Clifton Park, NY 12065
(518) 383-1343

www.cliftonpark.org

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*Please make checks payable to:
Town of Clifton Park*

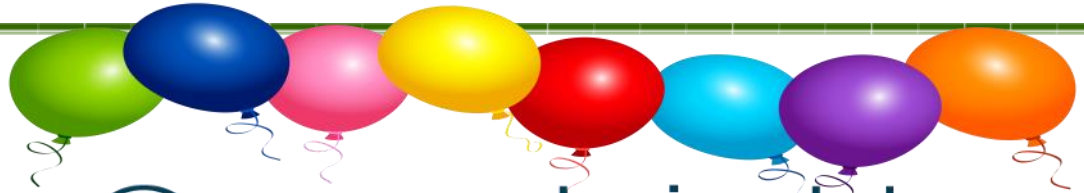
Center Hours

Monday—Friday
9am—4pm

Facility and room rental available for special events.

Upcoming Center Closings

LABOR DAY:
MONDAY, 9/2



Come Join Us *for an* **OPEN HOUSE**

Clifton Park Senior Community Center
Wednesday, August 21st
1:00 pm - 3:00 pm

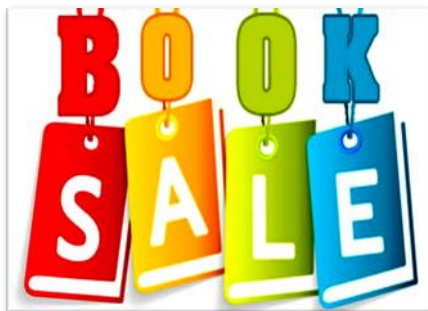
Are you a new member? Not yet a member? Know someone who might like to join us?

Come and meet some of our instructors and learn about the many programs & classes we have to offer! There will be class demonstrations

- ☆ *Light Refreshments will be served*
- ☆ *Advanced Registration Required*



All attendees will have an opportunity to enter their name for a chance to win a gift basket. Compliments of Peregrine Senior Living at Clifton Park.



2-DAY SUMMER BOOK SALE

Saturday, August 3rd from 9am - 4pm
Sunday, August 4th from 11am - 3pm

Friday, August 2nd	10:00am	NEW! Bocce Ball will be held every Friday! This is in addition to Mondays!
Friday, August 2nd	11:00am	Diabetes Support Group: How activity affects blood glucose” presented by Judy Carr
Saturday, August 3rd	9:00am - 4:00pm	Summer Book Fair
Sunday, August 4th	11:00am - 3:00pm	Summer Book Fair
Monday, August 5th	1:00pm	Soul Line Dancing - August session begins
Tuesday, August 6th	10:30am	NEW! Men’s Discussion Group (next discussion group meeting will be Wed, 8/21)
Wednesday, August 7th	10:00am	NEW! Hobby Hula - FREE 4-week session begins
Wednesday, August 7th	10:00am	Craft Connection with Rosemarie
Wednesday, August 7th	1:00pm	NEW! Strength & Conditioning Class - 3 week session begins
Thursday, August 8th	8:30am departure	TRIP: Lobsters & Legends (West Springfield, MA)
Friday, August 9th	12:30pm	Creative Jewelry Making: Beaded Bookmarks
Friday, August 9th	1:15pm	Latin Line Dancing - August session begins
Wednesday, August 14th	12:30pm	EEE: Can I Protect my Home if I go into a Nursing Home?
Friday, August 16th	10:30am - 11:30am	NEW! Monthly Blood Pressure Clinics by CP/Halfmoon EMS
Tuesday, August 20th	5:30pm	Wildflower Walk - Dwaas Kill Nature Preserve
Wednesday, August 21st	1:00pm	Clifton Park Senior Community Center Open House for New Members!!
Saturday, August 24th	9:00am departure	TRIP: New York Renaissance Faire
Wednesday, August 28th	9:15am	AARP Smart Driver Course
Tuesday, August 29th	12:30pm	EEE: Medicare 101: Understanding Medicare Basics
Wednesday, September 4th	10:00am - 1:00pm	Flu Clinic - Please sign up at front desk
Thursday, September 5th	7:45am departure	TRIP: Val-Kill Cottage and Clove Creek Dinner Theatre
Monday, September 9th	10:00am	Chair Yoga - 6 week session begins
Monday, September 9th	11:00am 12:00pm	Beginner Clogging - 5 week session begins Intermediate Clogging - 5 week session begins
Tuesday, September 17th	10:00am	Tai Chi - 6 week session begins
Tuesday, September 17th	2:15pm	Tai Chi for Arthritis (seated/standing) - 6 week session begins
Wednesday, September 18th	9:00am-12:30pm	CarFit Event - Call to secure your time slot!
Thursday, September 19th	9:15am departure	TRIP: A Tribute to American Bandstand at the Log Cabin
Sunday, October 6th	1:00pm	Fall Basket Party
October 10th - October 14th	Multi Day	TRIP: Washington, DC



Fall Basket Party - Sunday, October 6th at 1:00 pm

Tickets for the Basket Party will go on sale Wednesday, August 14th. This event is open to the public and tickets must be purchased in advance at the Center, as space is limited. Tickets are \$10 and include 25 free auction tickets, a sandwich, chips and dessert. This is a fun afternoon, and we hope to see you there! For more information, please contact the Front Desk.

Basket Party Donations are Welcome! We are currently asking for gift basket donations. Basket themes include but are not limited to: Pet lovers, coffee & tea, crafts, baby items, kitchen gadgets, holiday, chocolate lovers and spa themes. Baskets can be dropped off at the Front Desk. Thank you!



Educate ☆ Entertain ☆ Explore

Pre-registration required at the front desk. Free. Membership Not Required.

All Presentations begin at 12:30pm

Wednesday, August 14

TOPIC: Can I Protect My Home if I go into a Nursing Home?

Find the answer to this crucial question and others by attending this presentation, which will cover topics including: Wills, Asset Protection Trusts, Powers of Attorney, Revocable Trusts and Medicaid planning. Learn the difference between the "five-year lookback period" and a "penalty period" for Medicaid. Gain an understanding of how the purchase of some annuities can disqualify you from receiving Nursing Home Medicaid for an extended period. Presented by: Glenn J. Witecki, Esq., Witecki Law Office, 8 South Church Street, Schenectady, NY, 518-372-2827, www.witeckilaw.com.

Thursday, August 29th

TOPIC: Medicare 101: Understanding Medicare Basics

Navigating the system and knowing what you need to do and when you need to do it can be very Overwhelming. CDPHP will be here to help. You'll learn about Medicare basics, including who is eligible; the different parts of Medicare (A,B,C,D) and what each part covers; how to enroll, deductible and costs, supplemental coverage through Medicare Advantage, and more!
Presented by Mary Jo Murray, Medicare Account Manager, CDPHP

Should you wish to enjoy lunch at the Center prior to the presentation, you must **sign up separately with the kitchen at (518) 383-1343**, no later than 12noon the day before. Congregate Lunch is provided by the Saratoga County Office for the Aging . Lunch is served promptly at 12noon. Saratoga County Office for the Aging is funded by Title III of the Older Americans Act, New York State Office for the Aging, the County of Saratoga and local Municipalities.

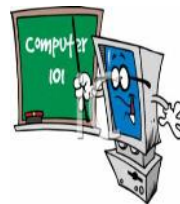
LET'S TALK - Registration required for all programs, classes & events.



Men's Discussion Group

10:30 am – 12:00 pm
Tuesday, August 6th and
Wednesday, August 21st

Come in and join your fellow members for interesting conversation. Create new friends and reminisce with the old. Share your ideas. You can help to create new and interesting programs here at the Senior Center.
Pre-registration is required.



Basics of Modern Technology

Free 5-session course with Madeline
Tuesdays, July 30th - August 27th
1:30pm - 2:30pm

Pre-registration required as space is limited.
Open to the public.

INVESTMENT CLUB - NEW MEMBERS WELCOME!

An Investment Club for seniors meet at the Senior Center each month on the second Wednesday at 9:30am. Our priorities are twofold, one to educate people about investing in stocks and the second is to invest as a club.
You are welcome to come and sit in on a meeting and see if you are interested.
Another option is to come to the Senior Center open house on August 21st and meet with one of our members.



*Thank you to Dolce and Biscotti Bakery for your continued donation of delicious cakes and pastries to the Center!
We appreciate your generosity!*

1758 US Route 9, Clifton Park, NY - (518) 280-6173

Bakery Hours:
M-F 9am - 6pm
Sat 8am - 4pm
Sun Closed

LET'S GET CREATIVE - Advance Sign up Required for these programs

Craft Connection with Rosemarie

10:00am - 12:00pm

Wednesday, August 7th: Chocolate Roses



Examples of the upcoming project will be at the front desk. Advance sign up required as space is limited. Free.

Creative Jewelry Making

12:30pm - 2:00pm

Friday, August 9th: Beaded Bookmarks
Class led by Judy Polnak

Advance sign up required as space is limited.
Free.

NEW YORK IN BLOOM QUILT RAFFLE



- 1st Prize - New York In Bloom (Queen Sized Quilt)
- 2nd Prize - Stars at Twilight (Quilt Wall Hanging)
- 3rd Prize - Posies (Quilt Table Runner)



Handmade by our very talented Quilters, the 2019 quilt is named "New York in Bloom."
Drawing to be held on: Monday, December 16th at 2PM
\$2 per Ticket. You do not need to be present to win.
Community Quilt Raffle to benefit Captain Youth & Family Services

VOLUNTEERS NEEDED FOR:

Front Desk Ambassador: Volunteering as a Front Desk Ambassador is a great way to meet everyone that walks in the door. Ambassadors greet our members and assist with check-in, as needed. They answer phones and direct callers. They make coffee and put out our treats. Sometimes you get to show our new members around.

Program Committee: Do you have a heart for service and a few hours to spare? We are looking to enlist volunteers who can share their talents and ideas. Through your contributions, we are able to expand the number and variety of programs and activities provided to our members here at the Center. This is a great way to meet people & have fun!

If interested, please contact Sue or Raina at (518) 383-1343.



ENTERTAINMENT & THE ARTS

Live Entertainment, Dancing, and Karaoke with Brian Zapel!

7:00 pm

2019 Schedule:

No Summer Performances.

Sunday, September 29th

Sunday, December 29th

Bring your own snacks. \$5 per person at the door.

Open to the Public.

The Capital Dance Orchestra

7:00pm

Saturday, August 10th

The cost at the door is \$10 per person, \$5 for members. Open to the Public.



**AUGUST 2019 Art Show at the
Clifton Park Senior Community Center**
Artists: Rita Helie, Sherry Walkup, Jack Morgan

Rita Helie, Sherry Walkup and Jack Morgan have been long time friends and were classmates in an Art Class, taught by the late well known Artist and PBS Show teacher, Joan Lord of Niskayuna.

*For more information, please contact:
Patricia Wade at meridian1@nycap.rr.com*

RED HAT MAMAS:

Wednesday, August 14th, 12:00 noon at

Halfmoon Diner, 231 Grooms Road, Clifton Park.

Please RSVP by calling Jackie at (518) 630-5796 if your last name begins with A-L or Betty at (518) 406-5167 if your last name begins with M-Z.

SINGLES LUNCH BUNCH:

Saturday, August 17th at 12:30 pm at The Brick

Tavern and Grill, 54 Clifton Country Road, CP.

We will have separate checks, order off the menu, announce birthdays for the month and welcome new friends. Please RSVP to Sandy Nolin by Wednesday, August 14th at 518-399-5812 or sandra4shen@aol.com.



Program is Sponsored by the Shenendehowa Neighbors Connecting & the Clifton Park Senior Community Center

**Sign up at the Clifton Park Senior Community Center
to secure a time slot!!**

Let's Move - Registration required for all programs, classes & events.

SOUL LINE DANCING with Linda

Mondays from 1:00pm - 2:00pm:
8/5, 8/12, 8/19, 8/26 (\$10/month)

LATIN LINE DANCING:

Fridays from 1:15pm - 2:15pm:
8/9, 8/16, 8/23, 8/30 (\$10/month)
Instructed by Ray Nunez & Mark Nunez

STRENGTH & CONDITIONING CLASS

Wednesdays at 1:00pm

All fitness levels welcome! Come and join Teresa Burke, fitness instructor from HealthPlex. She will be conducting a total body strength & conditioning class, focusing on improving balance, movement & strength.

3-week session only \$15.00 -

Dates are as follows: 8/7, 8/14, 8/28 (no class 8/21)

3-week session instructed by Teresa Burke

YMCA Days

As a member of the Clifton Park Senior Community Center, you have free access to the Southern Saratoga YMCA on every 1st and 2nd Wednesday of the month. Center members must be in good standing and show their valid membership card at the Y's front desk.



Hobby Hula

Wednesdays from 10am - 11am

8/7, 8/14, 8/21, 8/28

FREE

Hawaiian music helps you to relax, breathe fully, and get some much-needed exercise. Hula tells stories through flowing movements of the legs, feet, hips, arms, hands and eyes. Many movements imitate nature, like the sea, waterfalls, shore, birds, and flowers, and also express emotions like joy and love. That's a lot to keep track of all at once but we take it one step at a time. (Pun intended; this is designed for fun.) Hula is not as easy as it looks, but it's lighthearted and joyful as a hobby. So, if you would like to have some fun while giving your mind, body, and overall coordination a little challenge, join us for Hobby Hula. No prior experience is needed. Prior registration **REQUIRED**. *4-week session instructed by Susanne Poulette who has enjoyed Hawaiian hula dancing, as a hobby, for over 50 years.*

Wildflower Walks - *Dwaas Kill Nature Preserve*

Tues., Aug. 20, at 5:30 p.m.

View the annual cycle of woodland wildflowers in bloom. All walks start from the DKNP's main entrance, at the trailhead parking area, mid-way along the west side of Pierce Road (across from Mazzone, 743 Pierce Rd.).

Please dress for rugged, wet, potentially muddy conditions. Walks could be 1 1/2 - 2 hours. Call 518-371-6054.



MONTHLY BLOOD PRESSURE CLINIC AT THE CLIFTON PARK SENIOR COMMUNITY CENTER

Please join Clifton Park Halfmoon EMS at a monthly blood pressure clinic! They will be on hand each month to check and record your blood pressure, answer any questions you may have about them and the services they perform, and provide educational materials to the senior center community. Hope to see you there!

Friday from 10:30am - 11:30am

Dates are as follows

8/16/19; 9/13/19; 10/11/19; 11/15/19; 12/13/19

Walgreens FLU SHOT CLINIC

WEDNESDAY, September 4th

10:00am - 1:00pm

****By Appointment Only at the Front Desk****

Pharmacist will also be bringing some pneumonia, tetanus, whooping cough & the new shingles vaccine for those interested. These vaccines are typically free with most Medicare insurances!

Please bring your Pharmacy/
Medicare Cards (Part B and D) with you.
Completion of a short Questionnaire/Consent Form
(available at the front desk) will be required at time
of appointment.

Flu vaccine takes 2 weeks to become fully effective so we highly encourage everyone to get the vaccine ASAP once it becomes available. The flu vaccine is made to last all season so it is never too early to get it!

A name you can trust.

For information, call
(518) 641-3400 or 1-888-519-4455
TTY/TDD (518) 641-4000

From October 1 through February 14, a representative will be available to speak with you from 8 a.m. to 8 p.m. seven days a week. A representative will be available to speak with you from 8 a.m. to 8 p.m. Monday through Friday the rest of the year.

CDPHP® is a health plan with a Medicare contract. Enrollment in CDPHP Medicare Choices depends on contract renewal.

Capital District Physicians' Health Plan, Inc.
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If you are looking for guidance for other-than “standard estate planning”, we can help! Glenn’s got Moxie! Let him put it to work for you!

Glenn Witecki has been practicing law for 35 years and can help you plan by answering critical questions, including: How can I protect my house if I go into a nursing home? How would the purchase of some annuities disqualify me from receiving Nursing Home Medicaid for an extended period of time?

Glenn provides free consultations every 3rd Thursday of the month at the Clifton Park Senior Center, or in his office any time. Evening hours available. Home visits can be arranged.

The Witecki Law Office
8 South Church Street, Schenectady, NY 12305
518-372-2827, www.WiteckiLaw.com

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Email: Kevin.Marin@RaymondJames.com
Web Address: www.KevinMarin.com

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SARATOGA COUNTY OFFICE FOR THE AGING - AUGUST MENU

CONGREGATE & HOME DELIVERED MEALS 363-4020

Served Monday-Friday at 12 pm

Saratoga County Office for the Aging offers hot lunches daily at the Center with advance reservations. Daily lunches are prepared by Northeast Dining & Lodging (NDL). Participants must be at least 60 years old. **First time participants must complete a registration form.** Registered participants must call the kitchen at (518) 383-1343 to make a reservation, **no later than 12 noon**, the day before attending for lunch.

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Pasta w/Meatballs Green Beans Parmesan Cheese Chocolate Pudding w/ Whipped Topping	Turkey Salad on Sand- wich Roll Pasta Salad Tomato & Cucumber Salad Tropical Fruit
5	6	7	8	9
Pork Loin w/Fiesta Sauce Roasted Potatoes Mixed Vegetables Pears	Honey Baked Chicken Brown Rice Broccoli Cornbread Pineapple	Macaroni & Cheese Stewed Tomatoes Brussels Sprouts Yogurt	Italian Style Meatloaf Garlic Mashed Potatoes Wax Beans Apricot Whip	Chicken Salad Cold Plate Harvest Salad Red Cabbage Confetti Salad Dinner Roll Peaches
12	13	14	15	16
Rosemary Garlic Lemon Chicken over Rice Spinach Warm Peach Crisp	BBQ Pork Loin Cubed Sweet Potato Cabbage Dinner Roll Spiced Apples & Raisins	Chicken Picatta Red Bliss Potatoes Mixed Vegetables Fruit Jell O w/Whipped Topping	Baked Fish w/Creamy Dill Sauce over Brown Rice Vegetable Trio Warm Biscuit Pineapple	Egg Salad on Wheat Carrot & Raisin Salad Beet & Onion Salad Tropical Fruit
19	20	21	22	23
Baked Fish w/Creamy Dijon Sauce over Brown Rice Brussels Sprouts Warm Berry Crisp	Chicken Alfredo Pasta Key Biscayne Blend Veg- etables Pears	Meatball Sub Yellow Squash Cauliflower Fruit Cocktail	Sausage Patty w/ Peppers & Onions on Sandwich Roll Red Bliss Potatoes Carrots Peaches	Ham & Swiss on Wheat Mayonnaise Marinated Green Beans Orange Whip
26	27	28 Birthday Special	29	30
BBQ Chicken w/ Roasted Potatoes Peas & Carrots Warm Apple Cobbler	Chop Steak Parmesan Pasta Zucchini & Yellow Squash Chocolate Cookies	Beef Tips w/ Mushrooms & Gravy Garlic Mashed Potatoes Glazed Carrots Dinner Roll Frosted Cake	Oven Fried Chicken w/ Gravy Mashed Sweet Potatoes Lima Beans Tropical Fruit	Seafood Salad Cold Plate Pea Salad Cornbread Mandarin Oranges



Menu Subject To Change. Coffee, Tea and Butter are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to: Northeast Dining and Lodging, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY 12020

DAILY ACTIVITY CALENDAR

(*denotes free activity/class for members)

Clifton Park Senior Community Center, 6 Clifton Common Court, Clifton Park

Monday	Tuesday	Wednesday	Thursday	Friday
Tap (Int. II) 9-10 am Jazz 10-10:45 am Chair Yoga 10-11:00 am Bocce* (May - Oct) 10-11:30 am Basic Computer Class* 10-12 noon Adult Coloring* 10:30-12 pm (1st, 3rd Mon) Discussion Group* 10:30-12 pm (2nd, 4th Mon) Beginner Clogging 11-11:45 am Congregate Lunch 12 pm Intermediate Clogging 12-1:00 pm Soul Line Dancing 1-2 pm Quilting Group* 1-3 pm Beginner Bridge* 1:30-3:30 pm Healthy Bones for Life* (formerly Osteo Exercise) 2:30-3:30 pm	Exercise to Tapes* 8:45-9:45 am Pool & Billiards* 9-12 pm Duplicate Bridge Lesson 10-11:00 am Tai Chi 10-11:00 am Dice: LCR or Dice 3000* 10-12 pm (every week) Men's Discussion Group* 10:30-12 pm (1st Tues.) Duplicate Bridge 11:30-3:30 pm Congregate Lunch 12 pm MVP Zumba/Bokwa* 1-2 pm (Seasonal) Tai Chi for Arthritis 2:15-3:15 pm Scrabble* 1-4 pm Hand & Foot* 1-4 pm	Exercise to Tapes* 8:45-9:45 am Senior Investment Club 9:30-11:30 am (2nd Wed.) TOPS (now accepting new participants!) 10-11:30 am Memories to Memoirs* 10-12 pm (2nd Wed) Social Bridge* 10-12 pm Craft Class * (2x/month) 10-12 pm Men's Discussion Group* 10:30-12 pm (3rd Wed) Congregate Lunch 12 pm Poker* 1-3 pm Crocheting & Knitting* 1-3 pm Healthy Bones for Life* (formerly Osteo Exercise) 2:30-3:30 pm	Exercise to Tapes* 8:45-9:45 am Pool & Billiards* 9-12 pm Yoga 10-11:00 am Chorus* 10:00-11:30 am Watercolors & Sketching 10-12:30 pm Seton Health "Seniorize"* 11-12 pm (Seasonal) Duplicate Bridge 12:00-4 pm Congregate Lunch 12 pm Pinocle* 12:30-3 pm American Mahjong* 12:30-4 pm	Orchestra* 9-10:55 am Tap Advanced 9-10 am Woodcarving* 9-12noon Ballet 10-10:45 am Bocce* (May - Oct) 10-11:30 am Dominoes* 10-11:30 am Social Bridge 10-12noon Big Band* 10:55-12:20 pm Diabetes Workshop* 11am-12 pm (1x/Month) Movie Day* 12:30 pm (1st Friday) BINGO 12:30 pm (dates below) Congregate Lunch 12 pm Creative Jewelry Making* 12:30 - 2:00 pm (every other) Scrabble* 12:30-2:30 pm Latin Line Dancing 1:15-2:15pm Healthy Bones for Life* (formerly Osteo Exercise) 2:30-3:30 pm

MOVIE MATINEE: THE CANNONBALL RUN

Friday, August 2, 2019 at 12:30pm

Starring Burt Reynolds, Roger Moore, Farrah Fawcett, Dom DeLuise
Action, Comedy, Sport. PG. 1 hour 35 minutes

A wide variety of eccentric competitors participate in a wild and illegal cross-country road race. However, the eccentric entrants will do anything to win the road race, including low-down, dirty tricks.



BINGO

12:30 pm
Friday, 8/9, 8/16, 8/23, 8/30

All dates are subject to change. Please contact the Front Desk at (518) 383-1343 to verify event dates, sign up for classes, confirm session start dates or to make an appointment.

BUS TRIPS

- ☆ [New York Renaissance Faire, Tuxedo, NY](#)
Saturday, August 24th (9:00am departure from the Ice Rink) \$48 members/\$52 non members
- ☆ [Val-Kill Cottage & Clove Creek Dinner Theatre, Fishkill, NY](#) "I Hate Hamlet"
Thursday, September 5th (7:45am departure from Ice Rink) \$84 members/\$90 non members
- ☆ [A TRIBUTE TO AMERICAN BANDSTAND AT THE LOG CABIN](#) Banquet house located in Holyoke MA
Thursday, September 19th – (9:15am departure from the Ice Rink) \$73 members/\$79 non members
- ☆ [WASHINGTON, DC: \(WAIT LIST ONLY\)](#)
Thursday, October 10-Monday, October 14
Two Guided Tours of Washington, DC including the WW II Memorial, Capitol Hill, Embassy Row, the Korean War Veterans Memorial, the Vietnam Veterans Memorial, the Smithsonian, the Martin Luther King, Jr. National Memorial, the Lincoln Memorial, and more! The New Museum of the Bible! 430,000 Square Feet of Biblical History. Admission to George Washington's Mount Vernon Estate & Garden. Tram Ride through Arlington National Cemetery - \$635 Per Person (Double Occupancy) - \$30 additional for non-members

Trips will begin and end at the Clifton Park Ice Arena, 16 Clifton Common Blvd, Clifton Park unless noted otherwise
There are no Refunds unless the trip is cancelled.
Checks to be made payable to the Town of Clifton Park and mailed to 6 Clifton Common Court, Clifton Park, NY 12065

Please see our TRIPS bulletin board for other sister senior center trips, and travel as a member!!

THINGS TO KNOW

Free Legal Assistance held at the Clifton Park Senior Community Center. Need assistance with Health Care Proxies, Powers of Attorney and/or Simple Wills? Need general legal advice? Please make an appointment by contacting the Office For the Aging at 518-884-4100 and ask for the legal program. Appointments required.

We invite seniors 50+ to visit one day as our guest and learn more about all of our programs. After that, participation in most activities requires membership. The cost is only \$15 for all of 2019. All are welcome regardless of where you live.

CPSCC Refund Policy: All refund requests must be in writing and received 10 days prior to start of the program. There will be NO refunds after this time. There will be a \$10 non-refundable administrative charge on all refunded registrations. There is a NO REFUND policy with

trips & dinners, unless cancelled by the Center.

BASIC COMPUTER SKILLS With Bob Stromberg

Our helpful & patient Computer advisor, Bob Stromberg, is taking July & August off to enjoy the summer. He will resume his group classes in September; dates will follow in our August newsletter.

For members only, he will continue to provide one-on-one sessions on Tuesdays & Thursdays, through the summer, between the hours of 10am - 12noon. Please contact the front desk to schedule your appointment. *Please bring device(s) fully charged*

CENTER CLOSINGS:

Monday, September 2nd: Labor Day
Monday, October 14th: Columbus Day

Neither the Clifton Park Senior Community Center nor the Town of Clifton Park can endorse or take responsibility for any organizations or services advertised in this publication.

SUE



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Town Board Members	371-6651
Animal Control Officer	371-6756
Town Attorney Tom McCarthy	371-6651
Assessor Walter Smead	371-6460
Building & Development Director Steve Myers	371-6702
Building & Grounds Director Dan Clemens	371-6651
Town Clerk Pat O'Donnell	371-6681
Town Court - 5 Municipal Plaza	371-6668
Town Comptroller Mark Heggen	371-6651
Storm Water Management Technician Scott Reese	371-6054
Highway Superintendent Dahn Bull	371-7310
Parks & Recreation Director Myla Kramer	371-6667
Planning Director John Scavo	371-6054
Receiver of Taxes Rose Savallo	371-5720
Director of Safety & Security Lou Pasquarell	348-7311
Town Security Officers	369-6651
Sewer Director Mike O'Brien	348-7313
Transfer Station Supervisor Jeff Vedder	371-6669
Senior Community Center Director Sue Leonard	383-1343

Email your Town Board

Supervisor Phil Barrett: pbarrett@cliftonpark.org
Deputy Supervisor Lynda Walowit: lwalowit@cliftonpark.org
Councilman Jim Romano: jromano@cliftonpark.org
Councilman James Whalen: jwhalen@cliftonpark.org
Councilman Amy Standaert: astandaert@cliftonpark.org

**Town of Clifton Park
 Senior Express**

- Riders must be 50 years of age or older and live in the Town of Clifton Park.
- A wheelchair lift is available.
- Those needing assistance must be accompanied by an escort.
- Adult handicapped persons under 50 years of age will be considered on a time available basis.

Monday, Tuesday & Thursday:

Medical appointments to the following areas:
 Albany, Schenectady, Troy, Ballston Spa,
 Saratoga, Mechanicville and Latham.

Wednesday & Friday:

Clifton Park shopping and local appointments only.



Senior Van Dispatch
at 518-371-4444
9:00am – 1:00pm

The Town's office buildings are open from Monday through Friday, 9 AM to 5 PM, excluding holidays.
 The Town Clerk's office is open until 7:00 PM every Thursday.
 The Building and Parks and Recreation Departments open at 8:00 AM Monday through Friday.