



Clifton Park Senior Community Center

Monthly Newsletter

October 2019

Clifton Park Senior Community Center

6 Clifton Common Ct
Clifton Park, NY 12065
(518) 383-1343

www.cliftonpark.org

Like us on Facebook:

<https://www.facebook.com/CliftonParkSeniorCenter/>

Please make checks payable to:
Town of Clifton Park

Center Hours

Monday—Friday
9am—4pm

Facility and room rental
available for special
events after hours.

Upcoming Center Closings

COLUMBUS DAY:
MONDAY, 10/14

VETERAN'S DAY:
MONDAY, 11/11

THANKSGIVING DAY:
THURSDAY, 11/28

**DAY AFTER
THANKSGIVING:**
THURSDAY, 11/29



**Clifton Park Senior Community Center
October Dinner**

WEDNESDAY, OCTOBER 16TH
5:30 PM
\$10 MEMBERS/\$15 NON-MEMBERS

DINNER PROVIDED BY:

DC
Distinctive Catering
of Albany and Saratoga

SALAD
Tossed Salad with Balsamic Dressing

MAIN COURSE
Chicken & Biscuits
Mashed Potatoes
Baby Carrots
Whole Grain Rolls with Butter

DESSERT
Strawberry Shortcake and Ice Cream topped with Whipped Cream

Advanced Sign up Required.
Space is limited.

Tickets for the November Dinner will be available October 21st

Sponsored by: **ClearCaptions**

Sign up for our November dinner will begin on Monday, October 21st

Fall Basket Party - Sunday, October 6th at 1:00 pm

This event is open to the public and tickets must be purchased in advance at the Center, as space is limited. Tickets are \$10 and include 25 free auction tickets, a sandwich, chips and dessert. This is a fun afternoon, and we hope to see you there! For more information, please contact the Front Desk.



Basket Party Donations are still Welcome!

UPcoming EVENTS

Wednesday, October 2nd	1:00pm	What Should Dementia Care Look Like? Presentation by Stephen Bowman, Peregrine
Sunday, October 6th	1:00pm	Fall Basket Party <i>*Get your tickets now!*</i>
Friday, October 11th	10:30am	Monthly Blood Pressure Clinic
October 10th - October 14th	Multi Day	TRIP: Washington, DC
Tuesday, October 15th	10:30am	Women Patriots Discussion Group
Wednesday, October 16th	9:30am	Service Project: Soldier Stocking 4-week Project Begins (Need donations!)
Wednesday, October 16th	11:15am	The Truth About Heaven - A Biblical Perspective
Wednesday, October 16th	5:30pm	Monthly Dinner featuring Distinctive Catering (Sponsored by Clear Captions)
Friday, October 18th	1:00pm	Concert: Orchestra on the Common
Monday, October 21st	9:00am	Sign up for November Dinner begins
Wednesday, October 23rd	12pm	NEW! Bowling Club at Spare Time
Wednesday, October 23rd	12:30pm	EEE: English Language Learners
Thursday, October 24th	9:00am departure	TRIP: Van Trip to National Museum of Racing & The Automobile Museum
Friday, October 25th	1:00pm	Concert: Swing Band
Friday, October 25th	1:00pm-4:00pm	Year of the Seniors Fall Harvest Festival - held at The Milton Town Park
Wednesday, October 30th	12:30pm-3:00pm	Senior Expo
Thursday, October 31st	12:30pm	Happy Halloween! Join us in the lobby for witches brew & holiday treats!
Wednesday, November 6th	12:30pm	EEE: Magic with Mike! He's Back and will be performing all new magic tricks!
Thursday, November 7th	8:00am departure	TRIP: Kykuit - Rockefeller Estate and Walkway Over the Hudson
Friday, November 8th	1:00pm	Veteran's Recognition Celebration. All are welcome!

New Bowling Club forming!

Every other Wednesdays from 12pm-2:30pm
 October 23rd, November 6th, November 20th,
 December 4th, December 18th.
 \$10 paid at Spare Time, 1668 Route 9, CP. This
 will include 2 games, 2 slices of pizza, coffee or
 soda. Call the Center & sign up today!



Interested in learning a new game?

Come join us! *Pinochle *Hand and Foot
 *Bridge *LCR & Dice 3000 *Mexican Train
 *Asian & American Mahjong *Rummikub
 *Strategic Scrabble

Check dates & times under "Daily Activities."

SERVICE PROJECT

Soldier Stockings Service Project – Operation Adopt A Soldier

Wednesdays, October 16th, 23rd, 30th and November 6th - 9am

We are in need of travel sized shampoo, conditioner, lotion, baby powder, toothpaste, toothbrushes,
 Regular sized: deodorant, Chapstick, baby wipes, nail clippers, sunscreen, cough drops, pens/pencils, hard candy, candy bars,
 gum, beef jerky, trail mix, dried fruit & nuts, energy bars, flea collars. Small games: dice, cards, word search, Sudoku, color-
 ing books, DVD movies, etc. **We are in need of red or white felt to make the stockings as well as your leftover
 Halloween Candy for the November 6th Filling of the Stockings.**

There is something to do for everyone...Some people will Trace the stockings onto the felt, Cut the felt stockings, Decorate
 the Stockings and Machine sew the stocking together. We will then fill them with small games, travel sized toiletries and
 your leftover Halloween Candy. These stockings will be shipped via: www.OperationAdoptASoldier.org out of Saratoga. In
 2018 we created and donated over 100 stockings. In 2019 we created and donated over 200 stockings. Come and join
 the fun! **If you cannot make it on the above dates but would like to help, please see Sue, as we need help to
 prepare before it starts.**



Educate ☆ Entertain ☆ Explore

Pre-registration required at the front desk. Free. Membership Not Required.

All Presentations begin at 12:30pm

Wednesday, October 23, 2019

TOPIC: TUTORING ENGLISH LANGUAGE LEARNERS

Did you know the Clifton Park-Halfmoon Public Library has 4 classes/week for adult English Language Learners? Help support students in those classes by volunteering 1-2 hours/week with one-on-one tutoring! **No teaching experience necessary!** This brief presentation will discuss the ways you can get involved and help your new community members. Students need help practicing their conversation and pronunciation skills. You can answer questions like “What’s a BOGO coupon?” or “What does it mean when someone says it’s raining cats and dogs?” Tutors help with finding community resources, explaining customs, and adapting to life in a new community. Tutoring will enrich your life by helping you gain perspective and insight into new cultures while building lasting relationships!

Wednesday, November 6, 2019

TOPIC: MAGIC WITH MIKE

He’s Back! And he will be performing all new magic tricks! Mike Beehner is a retired family doctor, who has had magic as his hobby for the past 50 years. His interest in magic came about, because, in his part-time job as a taxi cab driver while in college in Chicago, he would often ride by this small magic store on south State Street. One day he walked in and bought a handful of small tricks. From there, it ended up being a life-long love affair with magic and bringing smiles to people young and old with his shows, which he has never charged a penny for.



If you have a talent to share, please let the front desk know.

Should you wish to enjoy lunch at the Center prior to the presentation, you must **sign up separately with the kitchen at (518) 383-1343**, no later than 12noon the day before. Congregate Lunch is provided by the Saratoga County Office for the Aging . Lunch is served promptly at 12noon. Saratoga County Office for the Aging is funded by Title III of the Older Americans Act, New York State Office for the Aging, the County of Saratoga and local Municipalities.

LET’S GET CREATIVE

Craft Connection with our Special Guest Crafter:

Halloween Treat Packets with the Center Staff

Wednesday, October 9th from 10:00am - 12:00pm

Iris Folding Cards with Pat Twinman

Wednesday, October 30th from 10:00am - 12:00pm

Iris folding is a 20th century Dutch paper art. Learn to create unique, elegant greeting cards for all occasions that are deceptively easy to make, using the Iris paper-folding technique. Iris folding is a fun and exciting way to make spectacular, shops. Each card is a one-of-a-kind creation!

Advance sign up required as space is limited. Free.
Examples of the upcoming project will be at the front desk.

Jewelry Making with Judy & Sandy

4 Wine Glass Charms

Friday, October 18th at 12:30pm



Advance sign up required as space is limited. Free.
Examples of the upcoming project will be at the front desk.

LET'S TALK - Registration required for all programs, classes & events.

Women Patriots Discussion Group

For senior women who served in military

Tuesday, October 15th

10:30 am – 12:00 pm

Are you a senior woman who is a veteran, served in reserves, or regular military? Know someone who is? If so, please come and join the Senior Center's **Women Patriots Discussion Group**. Please contact Deb Conti at (518) 495-0021 to sign up or for more information.

Let's have some fun! Plan some outings & trips together! Membership not required.

Men's Discussion Group

Participants choose the topics!

Tuesday, October 1st & Wednesday, October 16th

10:30 am - 12:00 pm

Come in and join your fellow members for interesting conversation. Create new friends and reminisce with the old. Share your ideas. You can help to create new and interesting programs here at the Senior Center. Please sign up in advance at the front desk.

The Truth About Heaven

A Biblical Perspective

Wednesday, October 16th

11:15am - 12:15pm

Is it real? What is it like? How can I get there? What will we do there? Will I see my loved ones there? Come and join this informal discussion group. Bring a Bible if you wish. Please sign up in advance at the front desk.

Diabetes Support Group (1st Friday of each month)

Friday, October 4th

11:00am - 12:00pm

Topic TBD

What Should Dementia Care Look Like?

Presented by: Stephen Bowman, President of Peregrine Senior Living
Wednesday, October 2nd at 1:00pm

Stephen Bowman is President of Peregrine Senior Living and a memory care provider for the past 20 years. Stephen offers a vision of memory care that is often contrarian to many of our common industry strategies, in the effort to offer a more meaningful model of care. His presentation, "What Should Dementia Care Look Like?" will begin to address and provide insight into this tragically ignored question. There are over six million Americans today that have Alzheimer's and the numbers are growing. There is no cure on the horizon, and as a society we have entirely overlooked creating a meaningful and compassionate model of care. This thoughtful presentation and discussion will help move us closer toward an answer. Please sign up in advance at the front desk.



**New Date
& Time!**

BASIC COMPUTER SKILLS

with Bob Stromberg

Tuesdays from 1:00pm – 3:00pm

Membership not required. Free. Registration Required.

- Oct 1st: New! Learn your Android phone or tablet
- Oct 8th: Buying a computer or tablet or cell phone
- Oct 15th: Working with digital photos
- Oct 22nd: Assessing online information sources
- Oct 29th: Shopping online more safely

Bob will be happy to schedule one-on-ones on Tuesdays & Thursdays for members only. Please contact the front desk to sign up.

MONTHLY BLOOD PRESSURE CLINIC

Please join Clifton Park Halfmoon EMS at a monthly blood pressure clinic! They will be on hand each month to check and record your blood pressure, answer any questions you may have about them and the services they perform, and provide educational materials to the senior center community. Hope to see you there!

Friday from 10:30am - 11:30am

Dates are as follows

10/11; 11/15; 12/13

THINGS TO KNOW

Free Legal Assistance held at the Clifton Park

Senior Community Center. Need assistance with Health Care Proxies, Powers of Attorney and/or Simple Wills? Need general legal advice? Please make an appointment by contacting the Office For the Aging at 518-884-4100 and ask for the legal program. Appointments required.

We invite seniors 50+ to visit one day as our guest and learn more about all of our programs.

After that, participation in most activities requires membership. The cost is only \$15 for all of 2019. All are welcome regardless of where you live.

CPSCC Refund Policy: All refund requests must be in writing and received 10 days prior to start of the program. There will be NO refunds after this time. There will be a \$10 non-refundable administrative charge on all refunded registrations. There is a NO REFUND policy with trips & dinners, unless cancelled by the Center.



PJ's Bar-B-QSA provided a delicious chicken BBQ for our Hoe Down themed dinner on September 12th. We all enjoyed the music by Peter, Paul & George of Homespun Occasions. Thank you MVP Healthcare for sponsoring this talented trio who got everyone up and dancing! What a fun night! Many thanks to all our wonderful student & senior volunteers who make these events run so smoothly!



*...to **Girl Scout Gold Award** recipient, Madeline Trotta. She provided our seniors with a free 5-week course on the Basics of Modern Technology. Her class information is available in our Library.*

*...to **Eagle Scout** Joshua Peterson. He earned his Eagle award by building us two additional easy access octagon picnic tables for our outside patio.*

We thank you both for your hard work & dedication!

Let's Move - Registration required for all programs, classes & events.

SOUL LINE DANCING *Instructed by Mary & Frank Colby*
Mondays from 1:00pm - 2:00pm:
10/7, 10/21, 10/28 (\$12/month)

LATIN LINE DANCING *Instructed by Ray Nunez & Mark Nunez*
Fridays from 1:15pm - 2:15pm:
10/4, 10/11, 10/18, 10/25 (\$12/month)

STRENGTH & CONDITIONING CLASS *Instructed by Teresa Burke*
Wednesdays at 1:00pm
10/9, 10/16, 10/23, 10/30 (\$20/month)

CHAIR YOGA *Instructed by Bonnie Furlong, RN*
Mondays from 10am - 11am
10/28, 11/4, 11/18, 12/2, 12/9, 12/16 (\$42/6-week session)

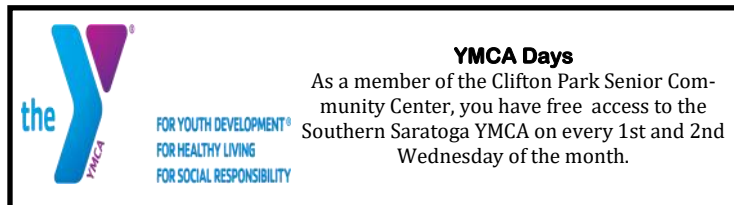
TAI CHI *Instructed by Bonnie Furlong, RN*
Tuesdays from 10am - 11am
10/29, 11/5, 11/12, 11/19, 12/3, 12/10, 12/7
(\$49/7-week session)

HOBBY HULA *4-week session instructed by Susanne Poulette*
Wednesdays from 10am - 11am
10/2, 10/9, 10/16, 10/23, 10/30- FREE

CLOGGING (BEGINNER) *Instructed by Fran Beaudoin*
Mondays from 11am - 11:45am
11/4, 11/25, 12/2, 12/9, 12/16 (\$35/5-week session)

CLOGGING (INTERMEDIATE) *Instructed by Fran Beaudoin*
Mondays from 12pm - 1pm
11/4, 11/25, 12/2, 12/9, 12/16 (\$35/5-week session)

TAI CHI FOR ARTHRITIS *Instructed by Rich Martin*
Tuesdays from 2:15pm - 3:15pm
10/29, 11/5, 11/12, 11/19, 11/26, 12/3 (\$42/6-week session)



Upcomming Concerts

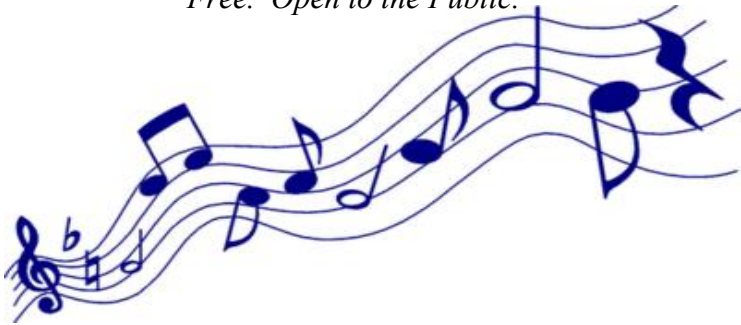
Orchestra on the Common

Friday, October 18th at 1pm

Swing Band

Friday, October 25th at 1pm

Free. Open to the Public.



WE NEED YOU...to SING WITH US!

- ◆ We meet every Thursday at the Center
- ◆ We frequently, but not always, sing on key
- ◆ We like each other and love our volunteer purpose
- ◆ We're paid...in smiles and laughter

So...try it; you'll like it!

Contact Lorraine at 518-885-1570 or Lorrainezjanack@gmail.com
Or just show up on a Thursday, at 10:00 am



See you then...and there!

Live Entertainment, Dancing, and Karaoke with Brian Zapel!

7:00 pm

2019 Schedule:

Sunday, December 29th

Bring your own snacks. \$5 per person at the door.
Open to the Public.

The Capital Dance Orchestra

7:00pm

Saturday, October 12th

The cost at the door is \$10 per person, \$5 for members. Open to the Public.

SINGLES LUNCH BUNCH:

Saturday, October 19th at 12:30pm, at the Charlton Tavern, 745 Charlton Road, Ballston Lake. We welcome all men and women. We will order off the menu, have separate checks, recognize birthdays for the month, and welcome new friends. Please RSVP to Sandy by Wed., Sept 16th at 518 399-5812 or sandra4shen@aol.com

RED HAT MAMAS:

Wednesday, October 9th, 12:00 noon at Lake Ridge Restaurant, 35 Burlington Ave., Round Lake. Please RSVP by calling Jackie at (518) 630-5796 if your last name begins with A-L or Betty at (518) 406-5167 if your last name begins with M-Z.

SOUTHERN SARATOGA ART SOCIETY

A Society for the Appreciation of the Visual Arts

The Autumn Jewels Art Show: The Southern Saratoga Art Society (SSAS) will have their annual Autumn Jewels Art Show at the Senior Center from October 3rd to October 30th. The Autumn Jewels Art Show is a juried art exhibition of watercolors, acrylics, pastels, oils, photography, mixed media and 2-dimensional framed artwork. Prizes of \$100, \$50, \$25 and Honorable mention ribbons are to be awarded at a public reception on Oct. 28 at 6:30 PM at the Senior Center. A Separate prize will be awarded for photography. The Judge will be Corey Pitkin a well known local artist who has been published in three national art magazines.

Come see how much local talent we have that will amaze and delight you.
For more information, please contact: Show Chairperson Rita Helie at: randrh@aol.com

A name you can trust.

For information, call
(518) 641-3400 or 1-888-519-4455
 TTY/TDD (518) 641-4000

From October 1 through February 14, a representative will be available to speak with you from 8 a.m. to 8 p.m. seven days a week. A representative will be available to speak with you from 8 a.m. to 8 p.m. Monday through Friday the rest of the year.

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Congratulations to the following members, who won first place at our Clifton Park Raceway, held on Wednesday, September 18th during our Fall Picnic!!:

Race #1: Horse #1 "Don Juan"

Winner Tom Dudley

Race #2: Horse #6 "Take the Bull by the Horn"

Winner Gay Cole

Race #3: Horse #3 "Runaround Sue"

Winner Tom Dudley

Race #4: Horse #4 "Whalen James"

Winner Diane Brennan

Race #5: Horse #2 "Raina's Storm"

Winner Patricia Rivalli

Race #6: Horse #5 "Romano y Mano"

Winner Janet Koval

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If you are looking for guidance for other-than “standard estate planning”, we can help! Glenn’s got Moxie! Let him put it to work for you!

Glenn Witecki has been practicing law for 35 years and can help you plan by answering critical questions, including: How can I protect my house if I go into a nursing home? How would the purchase of some annuities disqualify me from receiving Nursing Home Medicaid for an extended period of time?

Glenn provides free consultations every 3rd Thursday of the month at the Clifton Park Senior Center, or in his office any time. Evening hours available. Home visits can be arranged.

The Witecki Law Office
8 South Church Street, Schenectady, NY 12305
518-372-2827, www.WiteckiLaw.com

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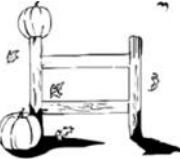



518-393-8800

kingswaycommunity.com

SARATOGA COUNTY OFFICE FOR THE AGING - OCTOBER MENU

CONGREGATE & HOME DELIVERED MEALS 363-4020

Saratoga County Office for the Aging offers hot lunches daily at the Center with advance reservations. Daily lunches are prepared by Northeast Dining & Lodging (NDL). Participants must be at least 60 years old. **First time participants must complete a registration form.** Registered participants must call the kitchen at (518) 383-1343 to make a reservation, **no later than 12 noon**, the day before attending for lunch.

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Herb Chicken w/Gravy Stuffing Butternut Squash Mandarin Oranges	2 Pork Loin w/Cranberry Mustard Sauce Red Bliss Potato Vegetable Trio Peaches	3 Spanish Beef & Rice Casserole Carrots Warm Cornbread Orange Whip	4 Stuffed Shells w/ Meat Sauce Wax Beans Peas Chocolate Cookies
7	8	9	10	11
Chicken & Biscuit Broccoli Mandarin Oranges	Apple Glazed Pork Mashed Sweet Potatoes Cabbage Dinner Roll Fruit Cocktail	Italian Style Meatloaf Garlic Mashed Potatoes Zucchini & Yellow Squash Fruit Jell O w/Whipped Topping	Breaded Fish Macaroni & Cheese Brussels Sprouts Tartar Sauce Pineapple	Goulash Key Biscayne Vegetables Warm Cornbread Yogurt
14 CLOSED	15	16	17	18
	Meatballs Pasta w/Sauce Mixed Vegetables Parmesan Cheese Plum Fruit	Five Spice Chicken Cubed Sweet Potato Beets Dinner Roll Pears	Turkey W/Gravy Stuffing Broccoli & Cauliflower Apricot Whip	Tuna Noodle Casserole Green Beans Warm Biscuit Pineapple
21	22	23 Birthday Special	24	25
Chili Rice Yellow Squash Fruit Cocktail	Baked Chicken w/Gravy Mashed Sweet Potato Vegetable Trio Chocolate Cookies	Roast Pork w/Gravy Mashed Potatoes Brussels Sprouts Frosted Cake	Italian Stew, Rice Green Beans Chocolate Pudding w/ Whipped Topping	No Delivery Fall Festival
28	29	30	31 Halloween Special	
Baked Fish w/ Tarragon Sauce Oven Browned Potato Mixed Vegetables Yogurt	Eggplant Rollatini w/Meat Sauce Pasta w/ Marinara Sauce Lima Beans Fruit Cocktail	Chicken Divan Rice Carrots Pears	Beef Stew Warm Biscuit Creamed Corn Chocolate Brownie with Orange Colored Frosting 	

Menu Subject To Change. Coffee, Tea and Butter are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to: **Northeast Dining and Lodging, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY 12020**

Chairman Kevin Tollisen and the Saratoga County Board of Supervisors in Conjunction with The Office for the Aging and the Veterans Agency Presents The Year of the Senior

FALL HARVEST FESTIVAL

Friday, October 25th from 1-4pm

Milton Town Park, 358 Rowland Street, Ballston Spa, NY 12020

We would like to invite all Saratoga County seniors to attend. This is a 60 & over event with a special appreciation for veterans. We encourage all veterans to come wearing military memorabilia.

Events will include: A special veterans ceremony; light refreshments & DJ; Encore presentation of the Sheriff's department lip sync performance; costume contest (with prizes); Pie eating; Pumpkin Decorating Contest (each senior group is to submit one pumpkin decorations & pumpkins provided at the event)

Please call 518-884-4996 for additional details.

DAILY ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
Tap (Int. II) 9-10 am Jazz 10-10:45 am Chair Yoga 10-11:00 am Bocce* (May - Oct) 10-11:30 am Adult Coloring* 10:30-12 pm (1st, 3rd Mon) Discussion Group* 10:30-12 pm (2nd, 4th Mon) Beginner Clogging 11-11:45 am Congregate Lunch 12 pm Intermediate Clogging 12-1:00 pm Soul Line Dancing 1-2 pm Quilting Group* 1-3 pm Beginner Bridge* 1:30-3:30 pm Healthy Bones for Life* (Medical Clearance & paperwork required to attend) 2:30-3:30 pm	Exercise to Tapes* 8:45-9:45 am Pool & Billiards* 9-12 pm Duplicate Bridge Lesson 10-11:00 am Tai Chi 10-11:00 am Dice: LCR or Dice 3000* 10-12 pm (every week) Men's Discussion Group* 10:30-12 pm (1st Tues.) Duplicate Bridge 11:30-3:30 pm Congregate Lunch 12 pm MVP Zumba/Bokwa* 1-2 pm (Seasonal) Basic Computer Class* 10-12 noon Tai Chi for Arthritis 2:15-3:15 pm Scrabble* 1-4 pm Hand & Foot/Mexican Train* 1-4 pm	Exercise to Tapes* 8:45-9:45 am Senior Investment Club 9:30-11:30 am (1st & 2nd Wed.) Hobby Hula* 10-11:00 am TOPS 10-11:30 am Memories to Memoirs* 10-12 pm (2nd Wed) Social Bridge* 10-12 pm Rummikub* 10-12 pm Craft Class * (2x/month) 10-12 pm Men's Discussion Group* 10:30-12 pm (3rd Wed) Bowling Club 12 pm (every other week) Congregate Lunch 12 pm Strength & Conditioning 1pm-1:45pm Poker* 1-3 pm Crocheting & Knitting* 1-3 pm Healthy Bones for Life* (Medical Clearance & paperwork required to attend) 2:30-3:30 pm	Exercise to Tapes* 8:45-9:45 am Pool & Billiards* 9-12 pm Yoga 9:55-10:55 am Chorus* 10:00-11:30 am Watercolors & Sketching 10-12:30 pm Seton Health "Seniorcize"* 11-12 pm (Seasonal) Duplicate Bridge 12:00-4 pm Congregate Lunch 12 pm Pinochle* 12:30-3 pm American Mahjong* 12:30-4 pm Asian Mahjong* 1-4 pm	Orchestra* 9-10:55 am Tap Advanced 9-10 am Woodcarving* 9-12noon Ballet 10-10:45 am Bocce* (Sept - Oct) 10-11:30 am Dominoes* 10-11:30 am Social Bridge* 10-12noon Blood Pressure Clinic* 10:30-11:30 am (monthly) Big Band* 10:55-12:20 pm Diabetes Workshop* 11am-12 pm (1x/Month) Movie Day* 12:30 pm (1st Friday) BINGO 12:30 pm (dates below) Congregate Lunch 12 pm Creative Jewelry Making* 12:30 - 2:00 pm (every other) Learn to Play Strategic Scrabble* 1 pm - 4:00 pm Latin Line Dancing 1:15-2:15pm Healthy Bones for Life* (Medical Clearance & paperwork required to attend) 2:30-3:30 pm
*denotes free activity/class for members				



MOVIE MATINEE: **The Haunted Mansion (2003)**

Friday, October 4, 2019 at 12:30pm

Starring Eddie Murphy, Marsha Thomason, Jennifer Tilly
Comedy, Family, Fantasy. PG. 1 hour 28 minutes

A realtor and his wife and children are summoned to a mansion, which they soon discover is haunted, and while they attempt to escape, he learns an important lesson about the family he has neglected.



12:30 pm
Friday, 10/11

All dates are subject to change. Please contact the Front Desk at (518) 383-1343 to verify event dates, sign up for classes, confirm session start dates or to make an appointment.



Veteran's Recognition Celebration
Friday, 11/8 at 1pm
 Come join us for cake and punch.
 All are welcome!



**NEW YORK IN BLOOM
 QUILT RAFFLE**



1st Prize - New York In Bloom (Queen Sized Quilt)
 2nd Prize - Stars at Twilight (Quilt Wall Hanging)
 3rd Prize - Posies (Quilt Table Runner)
 Handmade by our very talented Quilters,
 the 2019 quilt is named "New York in Bloom."
Drawing to be held on: Monday, December 16th at 2PM
 \$2 per Ticket. You do not need to be present to win.
Community Quilt Raffle to benefit Captain Youth & Family Services

BUS TRIPS

☆ **SARATOGA VAN TRIP TO THE NATIONAL MUSEUM OF RACING & THE AUTOMOBILE MUSEUM**

Thursday, October 24th, 2019

The National Museum of Racing houses a diverse collection of art, artifacts, and memorabilia that seeks to document the social, economic, political, and cultural history of Thoroughbred racing in America from the eighteenth century to the present. Special exhibits include: Women in Racing.

Join everyone at Ravenswood for lunch after the trip. Everyone will pay for their own meal.

(9:00 am Departure from the Senior Center - 1:00 pm Return) \$12 per person – Senior Center Members Only

☆ **KYKUIT - ROCKEFELLER ESTATE AND WALKWAY OVER THE HUDSON**

Thursday, November 7th, 2019

Experience the World's Longest Elevated Pedestrian Bridge with a 360 degree view of the Hudson Valley's breath-taking river and mountains during the fall foliage season. After a hot buffet luncheon, enjoy this Majestic Paradise atop the highest point in the town of Sleepy Hollow, with sweeping river views. The 2 ¼ hour Classic Tour includes the shuttle bus ride to Kykuit. We will visit the main floor of the house, art galleries, Inner Garden, golf room, and Coach Barn. \$80 Members/ \$88 Non-Members (hot meal included)

☆ **HOLIDAY TRAIN SHOW - NYC BOTANICAL GARDENS & HOLIDAY LIGHTS AT THE BRONX ZOO**

Wednesday, December 4th, 2019 (8:00 am Departure – 8:30 pm Return)

\$56 Members/ \$61 Non-Members (meals are not included)

☆ **ALBANY CAPITAL LIGHTS IN THE PARK** ****Group will depart from Halfmoon Diner****

Monday December 16, 2019 \$19 per person-Members only

Trips will begin and end at the Clifton Park Ice Arena, 16 Clifton Common Blvd, Clifton Park unless noted otherwise.

There are no Refunds unless the trip is cancelled.

Checks to be made payable to the Town of Clifton Park and mailed to 6 Clifton Common Court, Clifton Park, NY 12065

Please see our TRIPS bulletin board for other sister senior center trips, and travel as a member!!

Neither the Clifton Park Senior Community Center nor the Town of Clifton Park can endorse or take responsibility for any organizations or services advertised in this publication.

SUE



RAINA



DONOVAN



SHIRLEY



ROSE





Clifton Park Senior Community Center
6 Clifton Common Court
Clifton Park, NY 12065
(518) 383-1343

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TO: CURRENT OCCUPANT OR

Town Staff Directory

Town Supervisor Phil Barrett	371-6651
Town Board Members	371-6651
Animal Control Officer	371-6756
Town Attorney Tom McCarthy	371-6651
Assessor Walter Smead	371-6460
Building & Development Director Steve Myers	371-6702
Building & Grounds Director Dan Clemens	371-6651
Town Clerk Pat O'Donnell	371-6681
Town Court - 5 Municipal Plaza	371-6668
Town Comptroller Mark Heggen	371-6651
Storm Water Management Technician Scott Reese	371-6054
Highway Superintendent Dahn Bull	371-7310
Parks & Recreation Director Myla Kramer	371-6667
Planning Director John Scavo	371-6054
Receiver of Taxes Rose Savallo	371-5720
Director of Safety & Security Lou Pasquarell	348-7311
Town Security Officers	369-6651
Sewer Director Mike O'Brien	348-7313
Transfer Station Supervisor Jeff Vedder	371-6669
Senior Community Center Director Sue Leonard	383-1343

Email your Town Board

Supervisor Phil Barrett: pbarrett@cliftonpark.org
Deputy Supervisor Lynda Walowit: lwalowit@cliftonpark.org
Councilman Jim Romano: jromano@cliftonpark.org
Councilman James Whalen: jwhalen@cliftonpark.org
Councilman Amy Standaert: astandaert@cliftonpark.org

Town of Clifton Park Senior Express

- Riders must be 50 years of age or older and live in the Town of Clifton Park.
- A wheelchair lift is available.
- Those needing assistance must be accompanied by an escort.
- Adult handicapped persons under 50 years of age will be considered on a time available basis.

Monday, Tuesday & Thursday:

Medical appointments to the following areas:
 Albany, Schenectady, Troy, Ballston Spa,
 Saratoga, Mechanicville and Latham.

Wednesday & Friday:

Clifton Park shopping and local appointments only.



Senior Van Dispatch
at 518-371-4444
9:00am – 1:00pm

The Town's office buildings are open from Monday through Friday, 9 AM to 5 PM, excluding holidays.
 The Town Clerk's office is open until 7:00 PM every Thursday.
 The Building and Parks and Recreation Departments open at 8:00 AM Monday through Friday.