



Happy New Year

Clifton Park Senior Community Center January 2020 - Monthly Newsletter

6 Clifton Common Ct
Clifton Park, NY 12065
(518) 383-1343

www.cliftonpark.org
Like us on Facebook:
<https://www.facebook.com/CliftonParkSeniorCenter/>

Please make checks payable to:
Town of Clifton Park

Center Hours

Monday—Friday
9am—4pm

Facility and room rental
available for special
events after hours.

Upcoming Center Closings

NEW YEAR'S DAY:
1/1/20

**MARTIN LUTHER
KING JR DAY:**
1/20/20



The Center will continue to follow the Shenendehowa Central School's closure status. If the school district has a 2 hour delay or is closed for the day, the Center will observe the same status. We will also post notices for winter weather alerts on the Town's website at: www.cliftonpark.org

Dear Members,

The three-year anniversary of the Town of Clifton Park assuming operational responsibility for the Clifton Park Senior Community Center occurred on December 17th. Since that difficult time at the end of 2016, we have worked hard to ensure the Center became a vibrant, dynamic cultural resource serving the people of Clifton Park. I am proud of the hard work of Town Staff, Center Staff, the large number of Center volunteers, our generous sponsors and all of our members. Everyone involved has played a vital role in reenergizing the Center and instituting a wonderful spirit of fellowship and service to your neighbor. As the new year begins, we take time to remember the friends we have lost in 2019. Their spirit will live on and their contributions to the Center will never be forgotten.

The Center enters 2020 with a tremendous amount of positive momentum. In the last three years, membership has grown from 620 to 1391 as I write this greeting. The membership growth is truly an amazing testament to everyone that supports the Center. As we enjoy the upcoming Holidays and begin a new year, we wish you a healthy and happy 2020!

Phil Barrett
Clifton Park Town Supervisor



FUNRAISING WITH Friendly's

Bring in this certificate and 20% of your check will be donated to:

Food Pantry- Senior Center Birthday Bag Project
Thursday & Friday January 30 and 31 All Day

815 Rt 146 Clifton Park, NY 12065
(518) 371-1273

Please present coupon to server when ordering. Not valid for use in conjunction with any other discount or promotional offer. Limit one coupon per party per visit. Unauthorized reproduction or resale of this coupon is prohibited, including on internet websites. Valid only at participating Friendly's. Sales tax applies where required.



Join your friends at Friendly's on January 30th & 31st. Must present above coupon.
This FUNraising event will help to ensure some nice items for our Birthday Party Bash Service Project.

Please see page 3 of newsletter for information on service project



UPcoming EVENTS

Tuesday, January 7th	10:00am	Free TAI CHI Introductory Class with Bonnie Furlong, RN
Wednesday, January 8th	12noon	Bowling Club at Spare Time, Clifton Park (every other week)
Friday, January 10th	10:00am - 11:00am	Monthly Blood Pressure Clinic
Monday, January 13th	9:00am	Senior Center Dinner tickets go on sale for February 10th Dinner
Wednesday, January 15th	1:00pm	Please join us for a Formal Presentation by Colby of Collette Tours for information on the New Orleans trip on 10/11 - 10/15
Friday, January 24th	12:30pm	Jewelry Making - One Strand Memory Wire Bracelet
Tuesday, January 28th	12:30pm	EEE: Mediterranean Diet & Heart Health
Thursday, January 30th	ALL DAY	Eat at Friendly's to support our upcoming Service Project. Be sure to bring coupon on front page.
Friday, January 31st	ALL DAY	Eat at Friendly's to support our upcoming Service Project. Be sure to bring coupon on front page.
Wednesday, March 11th	1:00pm	Spring Birthday Party Bash Service Project
Wednesday, March 18th	TBD	Book Tasting Event - more info to follow!
Saturday, March 28th	9am-4pm	Spring Book Sale
Sunday, March 29th	11am-3pm	Spring Book Sale
Saturday, May 23rd - May 30th	7-Day Cruise	TRIP: Norwegian Pearl Cruise - Sign up by December 24, 2019!!
Sunday, Oct 11th - Oct 15th	5-Day Trip	TRIP: New Orleans

REMINDER

IT'S TIME TO RENEW!

ALL members must complete an updated 2020 Membership Application, to be submitted with your annual membership fee of \$15.

All memberships expire December 31, 2019, regardless of when you join. Members receive our monthly Newsletter to keep up to date on our special events.

CONGRATULATIONS

"NEW YORK IN BLOOM" QUILT RAFFLE WINNERS!

1st prize:

"New York in Bloom" Queen Sized Quilt
(valued at \$2,175)

Winner: Gail Moore

2nd prize:

"Stars at Twilight" Quilt Wall Hanging

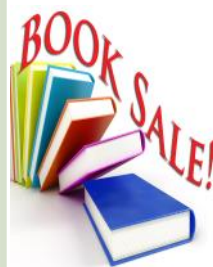
Winner: John Borst

3rd prize:

"Posies" Quilt Table Runner

Winner: Glenn Linneman

Raffle to Benefit Captain Youth & Family Services



SAVE THE DATE!

The 2-DAY Spring Book Sale
will be on:

**Saturday, March 28th &
Sunday, March 29th**

For additional information or if you would like to Volunteer, please contact the Center at (518) 383-1343.



MONTHLY BLOOD PRESSURE CLINIC

Please join Clifton Park Halfmoon EMS at a monthly blood pressure clinic! They will be on hand each month to check and record your blood pressure, answer any questions you may have about them and the services they perform, and provide educational materials to the senior center community.

Fridays from 10:00am - 11:00am on:

January 10th
February 14th
March 13th

**Please Note
New Time!**



Educate ☆ Entertain ☆ Explore

Pre-registration required at the front desk. Free. Membership Not Required.

All Presentations begin at 12:30pm

TUESDAY, January 28, 2020

MEDITERRANEAN DIET & HEART HEALTH

Presented by: Diane Whitten, MS, Nutrition Educator, Cornell Cooperative Extension of Saratoga County
Learn why experts say the Mediterranean diet is associated with reduced risk of heart disease, cancer and diabetes. This presentation will include realistic tips to adapt your diet and reap the benefits of this healthy style of eating. Mediterranean recipes for one or two will be provided, plus a recipe demonstration and samples.

If you have a talent to share, please let the front desk know.

Should you wish to enjoy lunch at the Center prior to the presentation, you must **sign up separately with the kitchen at (518) 383-1343**, no later than 12noon the day before. Congregate Lunch is provided by the Saratoga County Office for the Aging. Lunch is served promptly at 12noon. Saratoga County Office for the Aging is funded by Title III of the Older Americans Act, New York State Office for the Aging, the County of Saratoga and local Municipalities.

SERVICE PROJECT

Spring Birthday Party Bash Service Project

We are collecting birthday party supplies to offer birthday bags for the children at the Jonesville Food Pantry. We'll need cake mixes, frosting, candles, etc. We also need paper napkins, plates, cups etc. (Barbie, Ninja, Toy Story, etc.). Anything that is new and unused-partial packages are great. Plain colorful paper products are fine too.



Our seniors will have a **Birthday Party on Wednesday March 11th at 1pm**. We will decorate bags and fill them with a Cake Mix, Frosting, Candles and supplies for the children to later have a small birthday party with their family and friends. You'll be invited to come play some games, have some cake and ice cream, and do a great project for local children that might not have a birthday celebration otherwise. This is a party for us and a party later for the children. Please bring anything that you can contribute for the Birthday Party Bags. The children will love it!

Join your friends at Friendly's on January 30th & 31st

This FUNraising event will help to ensure some nice items for this Service Project. Please bring your coupon located on the front page of newsletter!

LET'S GET CREATIVE

Jewelry Making
12:30pm

Friday, January 24th:
One-Strand Memory Wire Bracelet

Advance sign up required as space is limited. Free.
Example will be displayed at the front desk.



Craft Connection
12:30pm - 1:30pm

Wednesday, January 22nd:
Craft with Rosemarie

Advance sign up required as space is limited. Free.
Examples of the upcoming project will be at the front desk.

LET'S TALK - Registration required for all programs, classes & events.



BASIC COMPUTER SKILLS

with Bob Stromberg

Tuesdays from 1:00pm – 3:00pm

Membership not required. Free. Registration Required.

**New Date &
Time!**

Jan 7th: Backing up your data and your device

Jan 14th: Bring in your Windows laptop for a security- and performance- assessment
(Also please bring a new 32-GB flash drive)

Jan 21st: Learn to surf the web with the Firefox browser

Jan 28th: Email basics: setting up a new account, etiquette, and sending/receiving photos

Bob will be happy to schedule one-on-ones on Tuesdays & Thursdays for members only.
Please contact the front desk to sign up.

Let's Move - Registration required for all programs, classes & events.

SOUL LINE DANCING *Instructed by Linda Davin*

Mondays from 1:00pm - 2:00pm

1/6, 1/13, 1/27 (\$12/month)

LATIN LINE DANCING *Instructed by Ray Nunez & Mark Nunez*

Fridays from 1:15pm - 2:15pm

1/10, 1/17, 1/24, 1/31

(\$12/month)

CHAIR YOGA *Instructed by Bonnie Furlong, RN*

Mondays 10:00am - 11:00am

1/6, 1/13, 1/27, 2/3, 2/10, 2/24 (\$42/6-week session)

CLOGGING (Beginner) *Instructed by Fran Beaudoin*

Mondays 11:00am - 11:45am

1/6, 1/13, 1/27, 2/3 (\$28/4-week session)

CLOGGING (Intermediate) *Instructed by Fran Beaudoin*

Mondays 12noon - 1:00pm

1/6, 1/13, 1/27, 2/3 (\$28/4-week session)

STRONG BONES & BALANCE *Instructed by Teresa Burke*

Wednesdays at 1:15pm - 2:00pm

1/8, 1/15, 1/22, 1/29 (\$20/4-week session)

BOWLING CLUB at Spare Time

Come have some fun! No experience necessary!

Every other Wednesdays from 12pm-2:30pm

1/8, 1/22, 2/5, 2/19, 3/11, 3/25, 4/8. \$10 paid at Spare Time, 1668 Route 9, CP. This will include 2 games, shoes, 2 slices of pizza, coffee or soda. Call the Center & sign up today!



TAI CHI *w/Bonnie Furlong, RN*

Free Intro Class: Tuesday, 1/7, from 10:00am - 11:00am

Sign up now! Space is limited!

TAI CHI *Instructed by Bonnie Furlong, RN*

Tuesdays at 10:00am - 11:00am

1/14, 1/21, 1/28, 2/4, 2/11, 2/25, 3/3 (\$49/7-week session)

TAI CHI FOR ARTHRITIS (Seated and/or Standing)

Instructed by Rich Martin

Tuesdays at 2:15pm

2/4, 2/11, 2/18, 2/25, 3/3, 3/10 (\$42/6-week session)



HOBBY HULA

4-week session instructed by Susanne Poulette

Wednesdays from 10am - 11am

1/8, 1/15, 1/22, 1/29 - FREE

YMCA Days

As a member of the Clifton Park Senior Community Center, you have free access to the Southern Saratoga YMCA on every 1st and 2nd Wednesday of the month. Center members must be in good standing and show their valid membership card at the Y's front desk.



MOM & POP'S CAFE

Where Great Food
Family and Friends
Come Together



885 Route 67, Ballston Spa, NY
518-885-1549

Thank you to Mom & Pop's Cafe for preparing a delicious meal at our December dinner. Thank you to Starpoint Church, Shen students and Center volunteers for your help with set-up, serving and clean-up! We thank Dave from Starpoint Church, for once again, providing the wonderful piano music which was enjoyed by all.

Thank you for providing a wonderful meal for our Breakfast with Santa Event:

Snyder's Restaurant, 1717 Rt 9, CP - 371-6100

Jimmy's Egg, 5 Clifton Country Rd, CP - 930-2632

Our seniors were able to provide 72 boxes of cold & hot cereal to Captain for the food pantry!

***Thank you for the wonderful performance by Shenendehowa's
Okte Elementary School Multi-Cultural Chorus!!***

**We would like to extend a thank you to the many local businesses who offered
gift cards, gifts & donations during our December events at the Center:**

JSWatkins, 1675 Rt 9, CP - 383-1148

30 Park Restaurant, Hilton-Clifton Park Center - 631-6500

The Brick Tavern & Grille, 54 Clifton Country Rd, CP 383-2222

Halfmoon Diner, 231 Grooms Rd, CP - 371-1177

Eagle Crest Golf Club, 1004 Rt 146A, CP - 877-8789

Grecian Gardens Restaurant, 1612 Rt 9, CP - 373-9950

Red Robin Gourmet Burgers, 1 Halfmoon Crossing, CP - 348-1536

Savemore Beverages, 1512 Rt 9, CP - 371-2520

Cracker Barrel Old Country Store, 4 Tower Way, CP - 373-8156

Halfmoon Wine & Liquor, 1471 Rt 9, CP - 557-2877

Jacks Liquor, 1028 Rt 146, CP-Price Chopper Plaza - 371-7350

Divinitea, 1604 Rt 9, CP - 347-0689

Venezia Pizza & Pasta, 629 Plank Rd, CP - 371-3943

Ravenswood Pub, 3612 1021 Rt 146, CP - 371-8771

Harvest Moon Market, 1512 Rt 9, CP - 579-0144

Exit 9 Wine & Liquor, 9 Halfmoon Crossing, CP - 688-0153

Peddlers Bar & Bistro, 16 Old Rt 9, CP - 952-7166

Parkwood Wines & Spirits, 1758 Rt 9, CP - 383-3464

Target, 26 The Crossing Blvd, CP - 371-6520

Mr Subb, 54 The Crossing Blvd, CP - 371-4464

The Cookie Factory, 1705 Rt 9, CP - 280-7644

Sorrentinos, 241 Grooms Rd, CP - 371-3479

Edible Arrangements, 54 The Crossing Blvd, CP - 373-4280

Tip Top Nail Spa, 1747 Rt 9, CP - 630-5933

Red Front Pizza Restaurant, 1747 Rt 9, CP - 280-7008

Caputtos Pizzeria, 1675 Rt 9, CP - 383-9800

I Love New York Pizza, 1 Plant Rd, CP - 373-8800



A word of appreciation to our Center members who took the time and effort to bake goodies for our December concerts here at the Center. Thank you!!!

ENTERTAINMENT & THE ARTS

Accompanist Needed

A volunteer piano player is needed to accompany the Senior Chorus weekly on Thursday mornings, 10-11:30 beginning in January. We conclude our schedule with 7 concerts at local nursing homes/senior centers in May. We do not sing during June, July or August. Our Fall schedule begins in September concluding with 7 concerts during December.

We're very dedicated to bringing joy to our senior community and have a lot of fun all year long preparing to share our time and talent with our enthusiastic audiences.

SINGLES LUNCH BUNCH: Saturday, January 18th at 12:30pm, at The Brick Tavern and Grill, 54 Clifton Country Road, CP. We will order off the menu, have separate checks, and recognize birthdays for the month. Please RSVP to Sandy at 518-399-5812 or sandra4shen@aol.com.

RED HAT MAMAS: Wednesday, Jan 8th, 12:00 noon at Olive Garden Italian Restaurant, 303 Clifton Park Center Road, CP. Please RSVP by calling Jackie at (518) 630-5796 if your last name begins with A-L or Betty at (518) 406-5167 if your last name begins with M-Z.

THE CAPITAL DANCE ORCHESTRA

7:00 pm on Saturday, January 11th

The cost at the door is \$10 per person, \$5 for members. Open to the Public.



JANUARY 2020 ART SHOW AT THE CLIFTON PARK SENIOR COMMUNITY CENTER

Members of the Southern Saratoga Art Society will be showing their art work in the Gallery of the Senior Center during the month of January. Artists Grace Rogan, Neil Sergott, Tess Stoklosa and Mary Mochrie are all new to SSAS and are excited to be showing at this wonderful venue. SSAS artists Jean Skanes and David Mayack will join them in this group endeavor.

Enjoy the exhibit and support art in Southern Saratoga County!

For more information about SSAS visit our website: southernsaratogaartist.com

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TTY/TDD (518) 641-4000

From October 1 through February 14, a representative will be available to speak with you from 8 a.m. to 8 p.m. seven days a week. A representative will be available to speak with you from 8 a.m. to 8 p.m.

Monday through Friday the rest of the year.

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Glenn provides free consultations every 3rd Thursday of the month at the Clifton Park Senior Center, or in his office any time. Evening hours available. Home visits can be arranged.

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SARATOGA COUNTY OFFICE FOR THE AGING - JANUARY MENU

CONGREGATE & HOME DELIVERED MEALS 363-4020

Served Monday-Friday at 12 pm

Saratoga County Office for the Aging offers hot lunches daily at the Center with advance reservations. Daily lunches are prepared by Northeast Dining & Lodging (NDL). Participants must be at least 60 years old. **First time participants must complete a registration form.** Registered participants must call the kitchen at (518) 383-1343 to make a reservation, **no later than 12 noon**, the day before attending for lunch.

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Coffee, Tea and Butter are served daily at sites. The suggested contribution is \$2 per meal. There is a \$6 fee for guests under the age of 60. Please make checks payable to: Northeast Dining and Lodging, c/o Saratoga County Office for the Aging, 152 West High Street, Ballston Spa, NY 12020</i>		1 CLOSED	2	3 New Year's Special
			Breaded Fish Macaroni & Cheese Brussels Sprouts Tartar Sauce Pineapple	Meat & Cheese Lasagna Peas & Onions Warm Garlic Roll Frosted Holiday Cake 
6	7	8	9	10
Fish Florentine over Brown Rice California Blend Vegetables Warm Berry Crunch	Pasta w/Meatballs Mixed Vegetables Parmesan Cheese Spiced Apples & Raisins	Five Spice Chicken Baked Sweet Potato Beets Dinner Roll Mandarin Oranges	Turkey W/Gravy Stuffing Broccoli & Cauliflower Apricot Whip	Italian Stew Rice Green Beans Pears
13	14	15	16	17
Baked Chicken w/Gravy Mashed Sweet Potato Vegetable Trio Chocolate Cookies	Chili Rice Wax Beans Fruit Cocktail	Roast Pork w/Gravy & Mashed Potatoes Brussels Sprouts Warm Apple Crisp	Chicken Divan Brown Rice Carrots Chocolate Pudding w/ Whipped Topping	Veggie Breakfast Sausage French Toast Strata w/ Syrup Warm Spiced Peaches Orange Juice
20 CLOSED	21	22	23	24
	Tuna Noodle Casserole Warm Biscuit Peas & Carrots Fresh Orange	Chicken Parmesan Pasta w/Sauce Lima Beans Peaches	Roast Beef w/Gravy over Mashed Potatoes Peas Fruit Jell O w/Whipped Topping	Hot Turkey Sandwich Butternut Squash Warm Cranberry Crunch
27	28	29 Birthday Special	30	31
Chicken w/Orange Glaze Sauce Brown Rice Key Biscayne Blend Vegetables Pineapple	Baked Ham w/ Pineapple Sauce Mashed Sweet Potatoes Cauliflower Dinner Roll Apple Cup	Meatloaf w/Gravy Mashed Potatoes Broccoli Frosted Cake 	Hearty Beef Vegetable Soup Brussels Sprouts Warm Biscuit Oyster Crackers Orange Whip	Breaded Fish on a Bun Tartar Sauce Peas & Carrots Coleslaw Warm Berry Crisp



VOLUNTEERS NEEDED in Clifton Park



The **Home Delivered Meals** Program of Saratoga County is in **IMMEDIATE URGENT** need of volunteers to deliver meals to the homebound elderly of your community.

The program is designed to help those 60 years of age or older, who are homebound, to maintain their independence and remain in their homes for as long as possible, by providing a hot meal and daily check on their safety. Meal delivery takes less than an hour. Training is provided.



For more information, please call Karen at 518-363-4020 .
Thank You!

DAILY ACTIVITY CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Tap (Int. II) 9-10 am</p> <p>Jazz 10-10:45 am</p> <p>Chair Yoga 10-11:00 am</p> <p>Bocce* (May - Oct) 10-11:30 am</p> <p>Adult Coloring* 10:30-12 pm (1st, 3rd Mon)</p> <p>Discussion Group* 10:30-12 pm (2nd, 4th Mon)</p> <p>Beginner Clogging 11-11:45 am</p> <p>Congregate Lunch 12 pm</p> <p>Intermediate Clogging 12-1:00 pm</p> <p>Soul Line Dancing 1-2 pm</p> <p>Quilting Group* 1-3 pm</p> <p>Beginner Bridge* 1:30-3:30 pm</p> <p>Healthy Bones for Life* (Medical Clearance & paperwork required to attend) 2:30-3:30 pm</p>	<p>Exercise to Tapes* 9:00-10:00 am</p> <p>Pool & Billiards* 9-12 pm</p> <p>Duplicate Bridge Lesson 10-11:00 am</p> <p>Tai Chi 10-11:00 am</p> <p>Dice: LCR or Dice 3000* 10-12 pm (every week)</p> <p>Duplicate Bridge 11:30-3:30 pm</p> <p>Congregate Lunch 12 pm</p> <p>MVP Zumba/Bokwa* 1-2 pm (Seasonal)</p> <p>Basic Computer Class* 1-3 pm</p> <p>Scrabble* 1-4 pm</p> <p>Hand & Foot/Mexican Train* 1-4 pm</p> <p>Tai Chi for Arthritis 2:15-3:15 pm</p>	<p>Exercise to Tapes* 9:00-10:00 am</p> <p>Senior Investment Club 9:30-11:30 am (1st & 2nd Wed.)</p> <p>Hobby Hula* 10-11:00 am</p> <p>TOPS 10-11:30 am</p> <p>Memories to Memoirs* 10-12 pm (2nd Wed)</p> <p>Social Bridge* 10-12 pm</p> <p>Rummikub* 10-12 pm</p> <p>Bowling Club 12 pm (every other week)</p> <p>Congregate Lunch 12 pm</p> <p>Craft Class * (2x/month) 12:30-1:30 pm</p> <p>Poker* 1-3 pm</p> <p>Crocheting & Knitting* 1-3 pm</p> <p>Strong Bones & Balance 1:15 - 2:00 pm</p> <p>Healthy Bones for Life* (Medical Clearance & paperwork required to attend) 2:30-3:30 pm</p>	<p>Golf League 7:30 am (May - Sept)</p> <p>Exercise to Tapes* 9:00-9:55 am</p> <p>Pool & Billiards* 9-12 pm</p> <p>Yoga 9:55-10:55 am</p> <p>Chorus* 10:00-11:30 am</p> <p>Watercolors & Sketching 10-12:30 pm</p> <p>Seton Health "Seniorcize"* 11-12 pm (Seasonal)</p> <p>Duplicate Bridge 12:00-4 pm</p> <p>Congregate Lunch 12 pm</p> <p>Pinochle* 12:30-3 pm</p> <p>American Mahjong* 12:30-4 pm</p> <p>Asian Mahjong* 1-4 pm</p>	<p>Orchestra* 9-10:55 am</p> <p>Tap Advanced 9-10 am</p> <p>Woodcarving* 9-12noon</p> <p>Ballet 10-10:45 am</p> <p>Bocce* (Sept - Oct) 10-11:30 am</p> <p>Dominoes* 10-11:30 am</p> <p>Social Bridge* 10-12noon</p> <p>Blood Pressure Clinic* 10:30-11:30 am (monthly)</p> <p>Big Band* 10:55-12:20 pm</p> <p>Diabetes Workshop* 11am-12 pm (1x/Month)</p> <p>Movie Day* 12:30 pm (1st Friday)</p> <p>BINGO 12:30 pm (dates below)</p> <p>Congregate Lunch 12 pm</p> <p>Creative Jewelry Making* 12:30 - 2:00 pm (every other)</p> <p>Learn to Play Strategic Scrabble* 1 pm - 4:00 pm</p> <p>Latin Line Dancing 1:15-2:15pm</p> <p>Healthy Bones for Life* (Medical Clearance & paperwork required to attend) 2:30-3:30 pm</p>
*denotes free activity/class for members				



MOVIE MATINEE: Viewer's Choice Winner: SINGIN' IN THE RAIN
 Friday, January 3, 2020 at 12:30pm (Musical/Romance. 1 hour 43 minutes)
1927 Hollywood. Monumental Pictures' biggest stars, glamorous on-screen couple Lina Lamont and Don Lockwood, are also an off-screen couple if the trade papers and gossip columns are to be believed. Both perpetuate the public perception if only to please their adoring fans and bring people into the movie theaters. In reality, Don barely tolerates her, while Lina, despite thinking Don beneath her, simplimindedly believes what she sees on screen in order to bolster her own stardom and sense of self-importance.
 Starring: Gene Kelly, Donald O'Connor, Debbie Reynolds



**12:30 pm
Fridays:
1/10, 1/17, 1/24, 1/31**

All dates are subject to change. Please contact the Front Desk at (518) 383-1343 to verify event dates, sign up for classes, confirm session start dates or to make an appointment.

THINGS TO KNOW

We're going cashless for all programs, classes and trips. Checks, debit cards & credit cards welcome.

CPSCC Refund Policy:

All refund requests must be in writing and received 10 days prior to start of the program. There will be NO refunds after this time. There will be a \$10 non-refundable administrative charge on all refunded registrations. There is a NO REFUND policy with trips & dinners, unless cancelled by the Center.

Free Legal Assistance held at the Clifton Park Senior Community Center. Need assistance with Health Care Proxies, Powers of Attorney and/or Simple Wills? Need general legal advice? Please make an appointment by contacting the Office For the Aging at 518-884-4100 and ask for the legal program. Appointments required.

We invite seniors 50+ to visit one day as our guest and learn more about all of our programs. After that, participation in most activities requires membership. The cost is only \$15. All are welcome regardless of where you live.

TRIPS



7-Day Norwegian Pearl Cruise

May 23rd -May 30th

Halifax (Nova Scotia); Saint John, Bar Harbor (Maine); Portland (Maine); Newport (Rhode Island)

Inside Room: \$1,200/person (double)

Oceanview \$1,400/person (double)

(Includes all government taxes & insurance)

(Does not include tipping & excursions)

Transportation provided to/from NYC

Enhanced License or Passport Required

See Center Flyer for Onboard Perks

Room choices limited - first come first served.

Full Payment due by Jan. 10th



5-Day Spotlight on New Orleans October 11th -15th
Collette Tours

Experience a spirited jazz revue at a jazz club in the French Quarter. Soak in the ambiance of the old South with a drive along St Charles Avenue. Indulge in a taste of a New Orleans favorite- beignets at Café Du Monde. Enjoy dinner at the Court of Two Sisters. Learn to cook New Orleans-style at the New Orleans School of Cooking. Journey through Louisiana's swamp country on a narrated cruise. Join a local guide for a walking tour of the famous French Quarter. Enjoy a panoramic tour of New Orleans featuring St. Louis Cemetery, opened in 1853. Starting at \$1999/pp double occupancy. Book before 4/11/2020. Includes round trip air from Albany Airport .

Please join us on: Wednesday, January 15th at 1pm for a formal presentation by Colby of Collette Tours

Trips will begin and end at the Clifton Park Ice Arena, 16 Clifton Common Blvd, Clifton Park unless noted otherwise.

There are no Refunds unless the trip is cancelled.

Checks to be made payable to the Town of Clifton Park and mailed to 6 Clifton Common Court, Clifton Park, NY 12065

Please see our TRIPS bulletin board for other sister senior center trips, and travel as a member!!

Neither the Clifton Park Senior Community Center nor the Town of Clifton Park can endorse or take responsibility for any organizations or services advertised in this publication.

SUE



RAINA



DONOVAN



SHIRLEY



ROSE



Clifton Park Senior Community Center – Town of Clifton Park
6 Clifton Commons Court, Clifton Park, NY 12065
518-383-1343

7-DAY NORWEGIAN PEARL CRUISE

With motor coach transportation to/from Manhattan Harbor

**LAST
MINUTE
DEAL**



		Itinerary	
DAY DATE	PORT	ARRIVE	DEPART
Sat May 23	New York (Manhattan), NY		4:00pm
Sun May 24	At Sea		
Mon May 25	Halifax, NS, Canada	9:00am	6:00pm
Tue May 26	Saint John, NB, Canada	11:00am	7:00pm
Wed May 27	Bar Harbor, ME	8:00am	6:00pm
Thu May 28	Portland, ME	8:00am	4:00pm
Fri May 29	Newport, RI	11:00am	6:00pm
Sat May 30	New York (Manhattan), NY	7:00am	

A valid Enhanced Driver's License is sufficient for this sailing.

Checks for \$100/pp for round trip transportation should be made
payable to the Town of Clifton Park.

and mailed to 6 Clifton Common Court, Clifton Park, NY 12065

Payment, via credit card, for the cruise should be paid directly to Vacations to Go.

Please call Kim at 800-514-9986 x7732 Tour Group: Clifton Park #A1011657

A totally refundable Deposit of \$100 is due to Kim between December 1st and 30th.

Room choices are limited-first come first served.

Don't wait! Guarantee your room choice & price.

Full payment must be made by January 10th.

7-DAY NORWEGIAN PEARL CRUISE May 23-30, 2020

Legal First and Last Name: _____

Date of Birth: _____ Telephone #: _____

Address: _____

Emergency Contact Name & Telephone # _____

Cell Phone that you will have on the trip: _____

7-DAY NORWEGIAN PEARL CRUISE

Each Cabin will receive a \$100.00 on board cabin credit regardless of room type. Each Cabin will also receive amenities based on the cabin type (applicable to the 1st two passengers in room).

Oceanview and Balcony get all of the following:

- a. Unlimited Open Bar (\$138.60 service fee per person will be added)
- b. 3 Specialty Dining Meals (\$19.80 service fee per person added)
- c. 250 minutes Wi-Fi
- d. \$50 per port shore excursion credit

Interior Rooms have a choice of the following:

- Package 1 with option a and b above
- Package 2 option with c and d above

Category: IA – Based on Double Occupancy
Cabin Type: Inside

	Guest 1	Guest 2
Cruise Fare:	\$799.00	\$799.00
Government Taxes:	\$228.11	\$228.11
*Insurance:	\$99.00	\$99.00
Group Discount:	\$-39.95	\$-39.95
Per Person Total:	\$1086.16	\$1086.16
Cabin Total:	\$2172.32	

Category: OC – Based on Double Occupancy
Cabin Type: Oceanview Picture Window

	Guest 1	Guest 2
Cruise Fare:	\$979.00	\$979.00
Government Taxes:	\$228.11	\$228.11
*Insurance:	\$99.00	\$99.00
Group Discount:	\$-48.95	\$-48.95
Per Person Total:	\$1257.16	\$1257.16
Cabin Total:	\$2514.32	

*INSURANCE IS OPTIONAL AND RECOMMENDED BUT CAN BE REMOVED WHEN PLACING YOUR RESERVATION

Other rooms may be available upon request at a different rate.



Clifton Park Senior Community Center
6 Clifton Common Court
Clifton Park, NY 12065
(518) 383-1343

PRSRT STD
 US POSTAGE PAID
 Clifton Park, NY
 Permit No. 58

TO: CURRENT OCCUPANT OR

Town Staff Directory

Town Supervisor Phil Barrett	371-6651
Town Board Members	371-6651
Animal Control Officer	371-6756
Town Attorney Tom McCarthy	371-6651
Assessor Walter Smead	371-6460
Building & Development Director Steve Myers	371-6702
Building & Grounds Director Dan Clemens	371-6651
Town Clerk Pat O'Donnell	371-6681
Town Court - 5 Municipal Plaza	371-6668
Town Comptroller Mark Heggen	371-6651
Storm Water Management Technician Scott Reese	371-6054
Highway Superintendent Dahn Bull	371-7310
Parks & Recreation Director Myla Kramer	371-6667
Planning Director John Scavo	371-6054
Receiver of Taxes Rose Savallo	371-5720
Director of Safety & Security Lou Pasquarell	348-7311
Town Security Officers	369-6651
Sewer Director Mike O'Brien	348-7313
Transfer Station Supervisor Jeff Vedder	371-6669
Senior Community Center Director Sue Leonard	383-1343

Email your Town Board

Supervisor Phil Barrett: pbarrett@cliftonpark.org
Deputy Supervisor Lynda Walowit: lwalowit@cliftonpark.org
Councilman Jim Romano: jromano@cliftonpark.org
Councilman James Whalen: jwhalen@cliftonpark.org
Councilman Amy Standaert: astandaert@cliftonpark.org

**Town of Clifton Park
 Senior Express**

- Riders must be 50 years of age or older and live in the Town of Clifton Park.
- A wheelchair lift is available.
- Those needing assistance must be accompanied by an escort.
- Adult handicapped persons under 50 years of age will be considered on a time available basis.

Monday, Tuesday & Thursday:

Medical appointments to the following areas:
 Albany, Schenectady, Troy, Ballston Spa,
 Saratoga, Mechanicville and Latham.

Wednesday & Friday:

Clifton Park shopping and local ap-



Senior Van Dispatch
at 518-371-4444
9:00am - 1:00pm

The Town's office buildings are open from Monday through Friday, 9 AM to 5 PM, excluding holidays.
 The Town Clerk's office is open until 7:00 PM every Thursday.
 The Building and Parks and Recreation Departments open at 8:00 AM Monday through Friday.