



# Clifton Park Senior Center

April 2022—Monthly Newsletter

## APRIL DINNER

### *Chimichurri Caesar Salad*

crispy romaine lettuce, chimichurri caesar dressing, parmesan tuile, lemon zest, brioche croutons, marinated white anchovy

### *Kingsway Chicken Milanese*

chicken cutlet with pheasant bread crumbs, yukon gold puree, heirloom grape tomatoes, truffle arugula salad, garlic beurre blanc

### *Chocolate Layer Mousse Cake*

layer of sponge cake, smooth Belgian chocolate mousse, chocolate shavings, chocolate espresso sauce, sweet cream, fresh mint

.....  
\$10 Members Only

Tuesday, April 19th

Doors open at

5:00pm

Presented by:



**Dinner Sign-ups begin on Friday, April 1.**

### **Center Hours**

**Monday-Friday  
9:00am-4:00pm**

Room Rental available after hours  
for special events.

**6 Clifton Common Court,  
Clifton Park, NY 12065  
518-383-1343**

Please make checks payable to:  
*Town of Clifton Park*

### **The Gather & Dine Daily Lunch Program**

#### **TO RESERVE YOUR LUNCH:**

Call by Noon the day before at  
383-1343. Menu can be found  
online [HERE](#) or at the Center.

### **Wish List**

Have things at home that you  
are not using?

**We would love:** Books (*like new*),  
Large Outdoor Table Umbrellas,  
Chest Freezer, Old Mahjong Cards,  
and Throw Pillows

### **Upcoming Center**

#### **Closings**

**Memorial Day:**

Monday, May 30th

## Springtime Paint & Sip

With Art in Mind Studio

Wednesday, April 13th at 1:00pm  
\$12/Members-\$25/Non-Members

.....  
Come join us for an afternoon of creativity, fun,  
coffee, or tea! The 11x14 painting chosen for  
this class is entitled "Twilight Flight"

Advanced registration is **required** and offered to  
Center members at a discounted rate.

**Class space is limited.**



Sponsored by:



## SPRING BIRTHDAY BASH

### SERVICE PROJECT

Thursday, April 14 12:30pm

*Collection box in Lobby!*

We are collecting cake mixes,  
frosting, candles, small toys or  
games, etc. for birthday bags  
for the local food pantry. We  
are looking for themed or plain  
colorful paper products like  
cups, plates, and napkins New  
and unused items are preferred.

Snacks Provided by:



Join us here at the Senior Center  
for a Birthday celebration of our  
own. We will decorate bags and fill  
them with the collected supplies.

This is a party for us now and a  
party later for the children that  
might not have a birthday  
celebration otherwise.  
The children will love it!

# EDUCATE ☆ Entertain EXPLORE

**Space is Limited. Advanced Registration Required by calling the Center at 518-383-1343**

\*indicates membership not required

Monday, April 4	10:00am	* <b>Free Jazz Dance Class:</b> No Membership required. Pre-registration is required. Come and try the class free of charge!
Friday, April 8	1:00pm	<b>Jewelry Making Class:</b> \$2 cash supply fee paid at registration. Sample on display at the front desk. <b>Register in advance as space is limited.</b>
Wednesday, April 13	1:00pm	* <b>Springtime Paint &amp; Sip:</b> The 11x14 painting chosen for this class is entitled "Twilight Flight" Advanced registration is required. Class space is limited. <b>\$12/Members and \$25/Non-Members</b>
Thursday, April 14	12:30pm	* <b>Spring Birthday Bash Service Project:</b> Join us here at the Senior Center for a Birthday celebration of our own. We will decorate bags and fill them with collected supplies. This is a party for us now and a party later for children that might not have a birthday celebration otherwise.
Wednesday, April 13, 20, 27, May 4, 11	10:00am- 12:00pm	<b>Memories to Memoirs:</b> A writing workshop for adults who would like a gentle, supportive atmosphere and thought-provoking assignments. Participants can request editorial suggestions to improve their writing. Stories submitted at the end of the workshop are bound into a booklet and added to the Clifton Park-Halfmoon Library's book collection and can be checked out.
Wednesday, April 20	9:30am- 4:00pm	* <b>Defensive Driving:</b> Some Benefits of the Course: A 10% savings on Auto Liability and Collision each year for 3 full years and up to a 4 point reduction on driving record. This class provides greater driver safety awareness to protect family, friends, and strangers. <b>\$25 Fee Check Only:</b> Payable to <b>Sensible Safe Drivers</b>
Thursday, April 21	11:15am	<b>CPSCC Golf League Registration Meeting:</b> We are looking for new golfers (singles and couples) to join this active league. We meet every Thursday at 7:30am at the Barney Road Par 3 Golf Course. Center membership is required. New Members are always welcome throughout the season.
Thursday, April 21	12:30pm	* <b>EEE: Cooking for One: Presented by Highmark BlueShield and Capital Roots</b> Are you struggling to cook the right amount of food for yourself? Many recipes are written for multiple people, which can lead to waste. This class will cover tips and tricks on portioning, preserving food, & recipes suitable for one.
Wednesday, April 27	12:30pm	* <b>Music at the Center: Chuck Oakes and The Acorns</b> After the Lunch Program, enjoy music at the Senior Center! <b>FREE</b>
Friday, April 29	12:25pm	<b>Popcorn and a Movie: Nights in Rodanthe</b> Richard Gere is Paul, a surgeon who long ago unwittingly traded family for career. Diane Lane is Adrienne, a devoted mother trying to move on after her husband's infidelity and struggling with his desire to return to their marriage. At a remote inn on the Outer Banks, Paul and Adrienne expect to do some serious soul searching. But an approaching storm forces each to turn to the other for strength, setting the stage for a life-resonating romance. <b>FREE We'll bring the popcorn.</b>

## EASTER CELEBRATION

**FRIDAY, APRIL 15**

**-12:30PM-**

Please bring a \$1 Lottery ticket to be added to the "Lottery Tree" and receive a chance toward a drawing for all of the tickets on the Lottery Tree. Register in advance as space is limited.

**Come have an egg-cellent time with Tile Games or crafts. Choose Two:**  
Rummikub, Mahjong, Scrabble,  
Dominoes/Mexican Train, etc. or Crafts



## UPCOMING TRIPS

**Wednesday, May 18:** Riverview Inn, PA - Lunch & A Show with Rich Wilson

**Thursday, June 9:** Log Cabin, Holyoke, MA Lobsterfest & Corvette's Doo-Wop

**Wednesday, June 29:** Canandaigua Lady Lunch & Cruise and Sonnenberg Gardens & Mansion

**Wednesday, July 13:** Medieval Times, Lyndhurst NJ - The top knights of the kingdom battle with brawn & steel to protect the throne.

**Saturday, July 16:** 2pm New York City Ballet: A Midsummer Night's Dream

**Thursday, July 28:** Lake George Dinner Theater - First Night- A rom-com about life & love when Danny's eighth-grade flame walks back into his life.

**Thursday, August 18:** MacHaydn Theater, Chatham - The Full Monty - This comedy tells a story about six average looking, unemployed steelworkers on the verge of getting themselves out of debt.

**Wednesday, August 24:** Erie Canal Cruise, Lunch & Herkimer Diamond Mines

**Date TBD:** A day in Boston, MA.

<b>MONDAY</b>	<p>9:00am-10:00am: Tap Dance (4/4, 4/11, 4/18, 4/25) \$20</p> <p>10:00am-10:45am: Jazz Dance (4/4, 4/11, 4/18, 4/25) \$16</p> <p>10:00am-12:00pm: Discussion Group</p> <p>10:00am-11:00am: Chair Yoga w/Bonnie (4/4, 4/11, 4/25) \$21</p> <p>11:00am-11:45am: Clogging Beginner (4/4, 4/11, 4/25) \$21</p> <p>12:00pm- 1:00pm: Clogging Intermediate (4/4, 4/11, 4/25) \$21</p> <p>12:30pm- 2:00pm: Games: Rummikub</p> <p>1:00pm- 2:00pm: Ukulele Group (4/4, 4/11, 4/18, 4/25)</p> <p>1:00pm- 3:00pm: Quilting Group</p> <p>1:15pm- 2:15pm: Soul Line Dancing w/ Mary and Frank (4/4, 4/11, 4/18, 4/25) \$15</p> <p>2:30pm- 3:30pm: Healthy Bones for Life—<i>To register, call OFA 518-884-4100</i></p>
<b>TUESDAY</b>	<p>9:00am-10:00am: Exercise to Tape</p> <p>9:15am-10:15am: Yoga w/Deanna \$6 member/\$8 non-member At the Center OR <a href="#">Join Zoom</a></p> <p>10:00am-12:00pm: Games: Dice (Dice 3000, LCR on Last Tuesday)</p> <p>10:15am-11:15am: Qi-Gong &amp; Tai Chi w/Bonnie (4/5, 4/12, (<b>No 4/19</b>), 4/26) \$21</p> <p>11:30am- 3:00pm: Games: Duplicate Bridge Group—Sanctioned \$7/week</p> <p>1:00pm- 3:00pm: Games: Scrabble, Hand and Foot (Card Game) <b>NEW</b></p> <p>1:00pm- 3:00pm: Shoe Leather Express Square Dancing w/ Elaine &amp; Dennis (4/5, 4/19, 4/26) Pay \$7/week <b>NEW</b></p> <p>2:00pm- 3:00pm: Tai Chi for Seniors w/ Rich (4/5, 4/12, 4/19, 4/26) \$28</p>
<b>WEDNESDAY</b>	<p>9:00am-10:00am: Exercise to Tape</p> <p>9:30am-11:30pm: Investment Club - (2nd &amp; 4th Wednesday)</p> <p>10:05am-11:00am: Sing/Play Ukulele w/Ron At Center OR <a href="#">Google Meet HERE</a> For Song Sheets click: <a href="#">Here!</a></p> <p>10:00am-12:00pm: Games: Nickels &amp; Dimes (Bring \$5 or more worth of nickels and dimes)</p> <p>10:00am-12:00pm: Games: Social Bridge</p> <p>10:30am-11:30am: MVP Bokwa Dance Moves (April 27-June 15) <b>NEW</b></p> <p>12:00pm- 2:00pm: Bowling at Spare Time \$10/week Call the Center to sign up.</p> <p>1:00pm- 3:00pm: Games: Poker, Canasta <b>NEW</b></p> <p>1:00pm- 4:00pm: Knitting and Crocheting</p> <p>1:15pm- 2:00pm: Beginner Tai Chi for Seniors w/ Rich (4/6, 4/13, 4/20, 4/27) \$28</p> <p>2:30pm- 3:30pm: Healthy Bones for Life—<i>To register, call OFA 518-884-4100</i></p>
<b>THURSDAY</b>	<p>9:00am-10:00am: Exercise to Tape</p> <p>10:00am-11:30am: Chorus</p> <p>10:00am-12:00pm: Games: Rummikub</p> <p>10:15am-11:15am: Yoga w/Deanna \$6 member/\$8 non-member At the Center OR <a href="#">Join Zoom</a></p> <p>10:30am-12:30pm: Watercolors w/Mary Fekete \$6/class (paid to instructor) (4/7, 4/21)</p> <p>1:00pm- 3:00pm: Games: Pinochle &amp; Mahjong</p> <p>1:00pm- 2:00pm: MVP Zumba Gold (April 28-June 16) <b>NEW</b></p>
<b>FRIDAY</b>	<p>9:00am-10:00am: Tap Dance—<i>Advanced</i> (4/1, 4/8, (<b>No 4/15</b>), 4/22, 4/29) \$20</p> <p>9:00am-10:55am: Orchestra</p> <p>9:15am-12:00pm: Woodcarving</p> <p>10:00am-10:45am: Ballet Class (4/1, 4/8, (<b>No 4/15</b>), 4/22, 4/29) \$16</p> <p>10:00am-12:00am: Games: Dominoes/Mexican Train</p> <p>12:30pm- 2:00pm: Games: Bingo</p> <p>1:00pm- 2:30pm: Jewelry Making Class: <i>2nd Friday and 4th Friday</i></p> <p>1:15pm- 2:15pm: Latin Line Dancing (4/1, 4/8, (<b>No 4/15</b>), 4/22, 4/29) \$15</p> <p>2:30pm- 3:30pm: Healthy Bones for Life—<i>To register, call OFA 518-884-4100</i></p>

Come enjoy an open house at the Southern Saratoga YMCA every 1st and 2nd Wednesday **the** of the month!



## SERVICES FOR YOU

- ◆ ~**BOOKS**~ We are collecting books again, so bring in your gently used books today. Keep an eye out for our **Yearly Book Sale**.
- ◆ **Free Legal Assistance** offered through the Saratoga County Office for the Aging continues to be offered remotely. Need assistance with legal items? Make an appointment by calling 518-884-4100 and ask for the legal program. Appointments required.
- ◆ We loan out **Wheelchairs, Seated Walkers and other items** to those who need them!
- ◆ We continually update this newsletter with new activities and announcements. Please check the website frequently for these updates: [HERE](#)

## COVID INFORMATION

- ◆ We have a **COVID TESTING SITE** in Saratoga County. If you or someone you know needs to be tested, you can get a **FREE PCR COVID TEST** in Malta. Click [HERE](#) for the website.
- ◆ New **Booster Clinics** are constantly being scheduled all around Saratoga County. To sign up, visit [saratogacountyny.gov](http://saratogacountyny.gov) and find the clinic that works for you or call **518-693-1075**.
- ◆ Saratoga County Public Health is **offering vaccines for HOMEBOUND AND ELDERLY**. Call **518-693-1075**
- ◆ **Four Free Home Tests:** [covidtests.gov](http://covidtests.gov) Order today.
- ◆ Most insurance companies will pay for up to **8 COVID tests a month! Ask your Insurance Company!**

## ADDITIONAL THINGS TO DO AT THE CENTER

- ◆ **Our Game Room is open every day:** play darts, air hockey, billiards, ping pong, board games, and more!
- ◆ **Ping Pong, Air Hockey, Darts, Board Games: Want to Play? Need a partner to play...Signup at the center!**
- ◆ Have a talent that you would like to share? Would you like to teach us? **Call Sue!**

**Sign ups for the Indoor Garage Sale available on Saturday, June 4th**  
**May 2nd. Space is limited.**

More information available  
in May's Newsletter!

**GARAGE  
SALE**

## Thank you...

- ...to Home of the Good Shepherd for sponsoring the March "Snow Ball" dinner!
- ...to Peregrine Senior Living for providing us with breakfast on St. Pattie's Day!
- ...to the Back Porch Players for once again entertaining us with your amazing music!

Four SSAS members will be exhibiting at a "Photography Show" at the Center during the months of April and May. Photographers Rebecca Jenkins, Brian Skanes, Meda Rigatti and Anup Sood will fill the gallery with their works.

Viewing of art work will be  
Monday thru Friday  
by appointment: 518-383-1343

For more information on SSAS,  
visit: [southernSaratogaartist.com](http://southernSaratogaartist.com)



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<b>MALTA</b> 26 Rock Rose Way Malta, NY (518) 581-2800	<b>MOREAU</b> 198 Bluebird Rd. Moreau, NY (518) 792-1000	<b>SARATOGA</b> 400 Church Street Saratoga Springs, NY (518) 450-7360	<b>WILTON</b> 60 Waller Rd. Wilton, NY (518) 580-0702
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## The Witecki Law Office

8 South Church Street,  
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518-372-2827,  
[www.WiteckiLawOffice.com](http://www.WiteckiLawOffice.com)

### Welcome back after a very difficult year!!!

Glenn Witecki has resumed in-person, free consultations, every 3<sup>rd</sup> Thursday of the month at the Clifton Park Senior Center (9:00 a.m. – 12:00 p.m.), or in his office any time (evening hours available).

### If you are looking for guidance beyond “standard estate planning”, Glenn can help!

Glenn has been practicing law for 36 years and can help you plan by answering critical questions, including: How can I protect my house if I go into a nursing home? He will also tell you why a properly-drafted Power of Attorney may be the most important estate planning document that you ever sign!

*Call our office directly to set up an appointment. Under special circumstances home visits can be arranged.*

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**Town Staff Directory**

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Town Board Members	371 - 6651
Animal Control Officer	371 - 6756
Town Attorney Tom McCarthy	371 - 6651
Assessor Walter Smead	371 - 6460
Building & Development Director Steve Myers	371 - 6702
Building & Grounds Director Dan Clemens	371 - 6651
Town Clerk Teresa Brobston	371 - 6681
Town Court – 5 Municipal Plaza	371 - 6668
Town Comptroller Mark Heggen	371 - 6651
Storm Water Mgmt Technician Scott Reese	371 - 6054
Highway Superintendent Dahn Bull	371 - 7310
Parks & Recreation Director Myla Kramer	371 - 6667
Planning Director John Scavo	371 - 6054
Receiver of Taxes Rose Savallo	371 - 5720
Director of Safety & Security Lou Pasquarell	348 - 7311
Town Security Officers	369 - 6651
Sewer Director Mike O'Brien	348 - 7313
Transfer Station	371 - 6669
Senior Center Director Sue Leonard	383 - 1343

**Email your Town Board**

Supervisor Philip C. Barrett: [pbarrett@cliftonpark.org](mailto:pbarrett@cliftonpark.org)  
 Deputy Supervisor Anthony F. Morelli: [amorelli@cliftonpark.org](mailto:amorelli@cliftonpark.org)  
 Councilwoman Lynda M. Walowit: [lwalowit@cliftonpark.org](mailto:lwalowit@cliftonpark.org)  
 Councilwoman Amy J.H. Standaert: [astandaert@cliftonpark.org](mailto:astandaert@cliftonpark.org)  
 Councilwoman Amy Flood: [aflood@cliftonpark.org](mailto:aflood@cliftonpark.org)

**Town of Clifton Park  
 Senior Express**

- Riders must be 50 years of age or older and live in the Town of Clifton Park.
- A wheelchair lift is available.
- Those needing assistance must be accompanied by an escort.
- Adult handicapped persons under 50 years of age will be considered on a time available basis.

**Monday, Tuesday & Thursday:**  
 Medical appointments to the following areas:  
 Albany, Schenectady, Troy, Ballston Spa,  
 Saratoga, Mechanicville and Latham.

**Wednesday & Friday:**  
 Clifton Park shopping and local appointments only.



Call Senior Van Dispatch  
 at 518-371-4444  
 9:00am – 1:00pm

The Town's office buildings are open from Monday through Friday, 9 AM to 5 PM, excluding holidays.  
 The *Town Clerk's* office is open until 7:00 PM every Thursday.  
 The *Building* and *Parks & Recreation* Departments open at 8:00 AM Monday through Friday.