



Clifton Park Senior Center

December 2022—Monthly Newsletter



Center Hours

**Monday-Friday
9:00am-4:00pm**

Room Rental available after hours
for special events.

**6 Clifton Common Court,
Clifton Park, NY 12065
518-383-1343**

Please make checks payable to:
Town of Clifton Park

It's Time to Renew!

This can be done over the phone, in
the mail, or in person. Keep up to date
on our activities & Special Events!

Memberships for 2023

All memberships expire on December 31st

CAPITAL REGION TOYS FOR TOTS CAMPAIGN:

**DROP OFF TOYS AT OUR
SENIOR CENTER Mon-Fri 9-4**



Reminder: In inclement weather, we
follow the Shenendehowa School
District closings and delays. If School is
closed or delayed, we follow the same.

Upcoming Center Closings

Christmas Eve (Observed)

(Center Closed at Noon)

Friday, December 23rd

Christmas Day (Observed)

Monday, December 26th

New Years Eve (Observed)

(Center Closed at Noon)

Friday, December 30th

December Dinner

Thursday, December 15th

Doors open at 5:00pm

Dinner provided by:



**Neighborhood
KITCHEN**

MARKET · CATERING · TAKEOUT · DELIVERY

\$15 FOR MEMBERS

Salad & Rolls

Chicken Marsala & Penne Pasta

Mini Desserts

All Members are welcome regardless of vaccination status.

December Dinner Tickets are available beginning on
Thursday, December 1st -In Person Only-

BREAKFAST WITH SANTA

TUESDAY, DECEMBER 20TH FROM 10AM-11AM

MEMBERS ONLY PLEASE! - ADVANCED REGISTRATION REQUIRED



**BRING A NON-PERISHABLE
BREAKFAST ITEM TO DONATE TO
THE LOCAL FOOD PANTRY.**



**Snyder's
RESTAURANT**

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BY PRICE
CHOPPER

ROUTE 146
& 146A
LOCATION

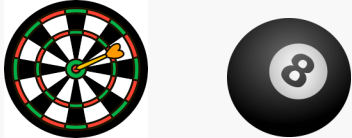
**Jimmy's
egg**
breakfast · lunch

EDUCATE ☆ Entertain ☆ EXPLORE

Space is Limited. Advanced Registration Required by calling the Center at 518-383-1343

**indicates membership not required*

Thursdays, December 1, 8, and 15	10:00am- 11:00am	*Bereavement Group: An in-person program for those grieving the loss of a loved one. This group will be lead by Mary Fondacaro, MS and Marlene Countermine, majoring in Social Work at The College of Saint Rose. Advanced Registration Required
Thursday, December 1	12:30pm- 1:30pm	*Chuck Oakes and the Acorns: Enjoy live music here at the Senior Center! FREE
Thursday, December 1	1:30pm- 2:30pm	Tree Decorating: Many hands make light work! Join us for some Christmas Music, and help us decorate our tree!
Tuesday, December 6	12:30pm- 1:30pm	*EEE: Can Exercise Help the Brain? Can exercise help the brain? Come find out what researchers are doing to check the benefits of both physical and mental exercise. Maybe even try out the pedal-n-play game they are testing! Advanced Registration Required
Wednesday, December 7	11:00am- 1:00pm	Computer Assistance: with Chip Ferrolli Having trouble with your computer or other device? No problem! Bring your device in and together we will find a solution to whatever issue you're having. Advanced Registration Required
Thursday, December 8	11:00am- 12:00pm	Creative Memories Frameable Page: With Heather: 'Holiday with Grandma' \$3 cash supply fee paid at registration. Sample on display at front desk. Advanced Registration Required
Friday, December 9	10:00am	Crafts with Guest Crafter Monsy: 'Candy Cane Ornament' \$3 cash supply fee paid at registration. Sample on display at front desk. Advanced Registration Required
Friday, December 9	1:00pm	*Big Band Concert: Live Entertainment with the Center's very own Big Band in our yearly Holiday Concert! Reception to follow!
Monday, December 12	11:15am- 12:00pm	*EEE: Heap Program: Learn about the Home Energy Assistance Program with Judy from the Office for the Aging. You may be eligible for some assistance with your utility bills. Advanced Registration Required
Tuesday, December 13	2:00pm	Movies and Popcorn: Elf —Once upon a Christmas eve, an orphan baby crawled into Santa's bag of gifts and was taken to the North Pole. Raised by Papa Elf, Buddy comes to realize he doesn't fit in with the other elves. Determined to find place where he belongs, Buddy searches for his real dad...in New York City! While there, Buddy finds out his dad is on the naughty list and sees that the world is without Christmas spirit. With the help of a beautiful department store "elf" Buddy tries to teach his dad and the world the true meaning of Christmas! (95 Mins) FREE
Wednesday, December 14	10:00am	Crafts with Guest Crafter Mary: 'Christmas Gnome' \$3 cash supply fee paid at registration. Sample on display at front desk. Advanced Registration Required
Thursday, December 15	1:00pm	*Chorus Concert: Live Entertainment with the Center's very own Senior Chorus in our yearly Holiday Concert! Reception to follow!
Friday, December 16	1:00pm	*Orchestra Concert: Live Entertainment with the Center's very own Orchestra in our yearly Holiday Concert! Reception to follow!
Friday, December 16	1:00pm	Jewelry Making Class: \$3 cash supply fee paid at registration. Sample on display at front desk. Advanced Registration Required
Tuesday, December 20	10:00am- 11:00am	Breakfast with Santa: See front page for more details! Advanced Registration Required
Wednesday, December 21	9:30am	*High School Acapella Group: The beautiful voices of Shen's Acapella Group will grace our Center and sing some lovely Holiday Tunes! Advanced Registration Required
Wednesday, December 21	10:30am- 11:30am	Pretty/Ugly Ornament Exchange Party: Come for the ornaments, stay for the laughter and fun! Bring one pretty ornament & one ugly ornament, (individually wrapped) along with a holiday treat to share! Advanced Registration Required

M O N D A Y	<p>09:00am–10:00am: Tap Dance ((No 12/26) 12/5, 12/12, 12/19) \$15</p> <p>10:00am–10:45am: Jazz Dance ((No 12/26) 12/5, 12/12, 12/19) \$12</p> <p>10:00am–11:00am: Chair Yoga w/Bonnie ((No 12/19, 12/26) 12/5, 12/12) \$14</p> <p>10:00am–12:00pm: Discussion Group</p> <p>10:00am–12:00pm: Bocce Ball Group (May-Dec)</p> <p>11:00am–11:45am: Clogging Beginner ((No 12/19, 12/26) 12/5, 12/12) \$14</p> <p>12:00pm–01:00pm: Clogging Intermediate ((No 12/19, 12/26) 12/5, 12/12) \$14</p> <p>12:30pm–03:30pm: Games: Rummikub</p> <p>01:00pm–02:00pm: Ukulele Group</p> <p>01:15pm–02:15pm: Soulful Line Dancing ((No 12/26) 12/5, 12/12, 12/19) \$15</p> <p>02:30pm–03:30pm: Healthy Bones for Life—<i>To register, call OFA 518-884-4100</i></p>	<p>Billiards/Pool, Ping Pong, Darts, Board Games: Game Room Open Every Day Want to Play? Need a partner to play...Signup at the center!</p> 
T U E S D A Y	<p>09:00am–10:00am: Exercise to Tape (No 12/20)</p> <p>09:00am–10:00am: Games: Billiards/Pool</p> <p>09:15am–10:15am: Yoga w/Deanna \$6 Members /\$8 Non-Members At the Center OR Join Zoom (No 12/27)</p> <p>10:00am–12:00pm: Games: Dice (Dice 3000, LCR)</p> <p>10:15am–11:15am: Qi-Gong & Tai Chi w/Bonnie ((No 12/20, 12/27) 12/6, 12/13) \$14</p> <p>10:30am–12:00pm: Adult Coloring with Mary & Bob (1st & 3rd Tuesday)</p> <p>11:30am–03:00pm: Games: Duplicate Bridge Group—Sanctioned \$7/week</p> <p>01:00pm–03:00pm: Games: Scrabble, Hand and Foot (Card Game)</p> <p>01:00pm–03:00pm: Games: Ping Pong (call for details) NEW</p> <p>01:00pm–03:00pm: Square Dancing w/ Shoe Leather Express \$7/week</p>	
W E D N E S D A Y	<p>09:00am–10:00am: Exercise to Tape</p> <p>09:30am–11:30am: Investment Club (2nd & 4th Wednesday) (NO DEC DATES)</p> <p>10:05am–11:00am: Ukulele Group w/Ron At Center OR Online HERE For Song Sheets click: Here!</p> <p>10:00am–12:00pm: Games: Intermediate Bridge</p> <p>12:00pm–02:00pm: Bowling at Spare Time \$10/week for Shoes, 2 games, and lunch</p> <p>01:00pm–02:00pm: Senior Support Group (12/7, 12/21) NEW</p> <p>01:00pm–04:00pm: Knitting and Crocheting</p> <p>01:00pm–04:00pm: Games: Poker, Beginner Mahjong (Learn to Play)</p> <p>02:30pm–03:30pm: Healthy Bones for Life—<i>To register, call OFA 518-884-4100</i></p>	
T H U R S D A Y	<p>09:00am–10:00am: Exercise to Tape</p> <p>09:00am–10:00am: Games: Billiards/Pool</p> <p>10:00am–11:30am: Chorus</p> <p>10:00am–12:00pm: Games: Rummikub</p> <p>10:15am–11:15am: Yoga w/Deanna \$6 member/\$8 non-member At the Center OR Join Zoom</p> <p>10:30am–12:30pm: Mixed-Media Watercolors & Acrylics w/Mary F. \$6/class (paid to instructor) (12/1, 12/15, 12/29)</p> <p>12:30pm–04:00pm: Games: Pinochle</p> <p>01:00pm–03:00pm: Games: Ping Pong (call for details) NEW</p> <p>01:00pm–04:00pm: Games: Mahjong</p>	
F R I D A Y	<p>09:00am–10:00am: Tap Dance—<i>Advanced</i> ((No 12/23, 12/30) 12/2, 12/9, 12/16) \$15</p> <p>09:00am–10:55am: Orchestra</p> <p>09:15am–12:00pm: Woodcarving</p> <p>10:00am–10:45am: Ballet Class ((No 12/23, 12/30) 12/2, 12/9, 12/16) \$12</p> <p>10:00am–12:00pm: Games: Bocce Ball Group (May-Dec)</p> <p>10:00am–12:00pm: Dominoes/Mexican Train</p> <p>10:55am–12:30pm: Big Jazz Band</p> <p>12:30pm–02:00pm: Games: Bingo, Crowns (Cards), Canasta NEW</p> <p>01:00pm–02:30pm: Jewelry Making Class \$3</p> <p>01:15pm–02:15pm: Latin Line Dancing ((No 12/23, 12/30) 12/2, 12/9, 12/16) \$15</p> <p>02:30pm–03:30pm: Healthy Bones for Life—<i>To register, call OFA 518-884-4100</i></p>	<p style="text-align: center;">Miss the book sale?</p> <p style="text-align: center;">We have weekly sales here in the lobby!!!</p> <p style="text-align: center;">\$0.50 for Paperbacks/ \$1.00 for Hardcover</p>



Viewing of art work will be
Monday thru Friday
(afternoons): 518-383-1343.
For more information on
SSAS, visit:
southernsaratogaartist.com



November and December's
Show is called: 'Seasons.'
Showcasing
the elegance of Spring,
the passion of Summer,
the subtlety of Autumn,
and the harshness of Winter.

Thank you!

- ...to all those who helped us make and fill 300 stockings donated to Blue Star Mothers.
- ...to Mom and Pops Catering for once again making us an amazing meal for our Dinner.
- ...to MVP Health Care for sponsoring our November Dinner.
- ...to Matthew P., a 10th grade student from Shen who played Jazz Music for us at our Dinner.
- ...to all those who signed Christmas Cards for the Soldier Stockings project!

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Licensed Real Estate Salesperson
 Senior's Real Estate Specialist (SRES)

1745 Route 9, Clifton Park, NY 12065

egabeloff@bhhsblake.com
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From October 1 through February 14, a representative will be available to speak with you from 8 a.m. to 8 p.m. seven days a week. A representative will be available to speak with you from 8 a.m. to 8 p.m. Monday through Friday the rest of the year.

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Bringing New Life to Senior Living®  brookdale.com



The Witecki Law Office
 8 South Church Street,
 Schenectady, NY 12305
 518-372-2827,
www.WiteckiLawOffice.com

Beginning June 16, 2022, Glenn Witecki will be providing in-person, free consultations, every 3rd Thursday of **every other month** at the Clifton Park Senior Center (9:00 a.m. – 12:00 p.m.), or in his office any time (evening hours available).

If you are looking for guidance beyond “standard estate planning”, Glenn can help!

Glenn has been practicing law for 36 years and can help you plan by answering critical questions, including: How can I protect my house if I go into a nursing home? He will also tell you why a properly-drafted Power of Attorney may be the most important estate planning document that you ever sign!

Call our office directly to set up an appointment. Under special circumstances home visits can be arranged.



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Clifton Park Senior Community Center
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(518) 383-1343

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TO: CURRENT OCCUPANT OR

Town Staff Directory

Town Supervisor Phil Barrett	371-6651
Town Board Members	371-6651
Animal Control Officer	371-6756
Town Attorney Tom McCarthy	371-6651
Assessor Walter Smead	371-6460
Building & Development Director Wade Schoenborn	371-6702
Building & Grounds Director Dan Clemens	371-6651
Town Clerk Teresa Brobston	371-6681
Town Court - 5 Municipal Plaza	371-6668
Town Comptroller Mark Heggen	371-6651
Storm Water Mgmt Technician Scott Reese	371-6054
Highway Superintendent Dahn Bull	371-7310
Parks & Recreation Director Mike Woerner	371-6667
Planning Director John Scavo	371-6054
Receiver of Taxes Rose Savallo	371-5720
Director of Safety & Security Lou Pasquarell	348-7311
Town Security Officers	369-6651
Sewer Director Mike O'Brien	348-7313
Transfer Station	371-6669
Senior Center Director Sue Leonard	383-1343

Email your Town Board

Supervisor Philip C. Barrett: pbarrett@cliftonpark.org
 Deputy Supervisor Anthony F. Morelli: amorelli@cliftonpark.org
 Councilwoman Lynda M. Walowit: lwalowit@cliftonpark.org

Town of Clifton Park Senior Express

- Riders must be 50 years of age or older and live in the Town of Clifton Park.
- A wheelchair lift is available.
- Those needing assistance must be accompanied by an escort.
- Adult handicapped persons under 50 years of age will be considered on a time available basis.

Monday, Tuesday & Thursday:

Medical appointments to the following areas:
 Albany, Schenectady, Troy, Ballston Spa,
 Saratoga, Mechanicville and Latham.

Wednesday & Friday:

Clifton Park shopping and local appointments only.



Call Senior Van Dispatch
 at 518-371-4444
 9:00am - 1:00pm

The Town's office buildings are open from Monday through Friday, 9 AM to 5 PM, excluding holidays.
 The *Town Clerk's* office is open until 7:00 PM every Thursday.
 The *Building and Parks & Recreation* Departments open at 8:00 AM Monday through Friday.