



Clifton Park Senior Center



November 2023—Monthly Newsletter

Center Hours

Monday-Friday, 9am-4pm
6 Clifton Common Court,
Clifton Park, NY 12065
518-383-1343



Your 2024
Membership
is STILL
ONLY \$20!
*All memberships
expire on December 31*



ROCK 'N' ROLL MURDER MYSTERY DINNER

WEDNESDAY, NOVEMBER 15 @ 5PM

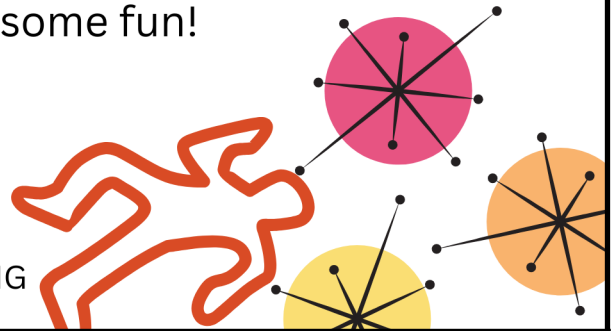
MENU: deluxe cheeseburger, hot dog & tater tots
and a *special* sweet treat!

\$15 * Members Only *Tix on sale Wednesday, November 1

Be a part of the show! Get into the spirit
with leather jackets and poodle skirts
...let's have some fun!

SPONSORED BY:
TOWNLEY &
WHEELER
FUNERAL HOME

CATERED BY:
DEETS CATERING



Center Closing

VETERANS DAY (Obsv.)
Friday, November 10
THANKSGIVING HOLIDAY
Thursday, November 23
Friday, November 24

Inclement Weather Schedule

We follow the Shenendehowa
School District for closings and
delays. If school is closed or
delayed, we follow the same
schedule.

CLIFTON PARK SENIOR COMMUNITY CENTER COVID - 19 PROTOCOL

IF YOU TEST POSITIVE:

STAY HOME FOR AT LEAST FIVE DAYS

Monitor your symptoms, avoid contact
with others, and notify the Senior Center.

ISOLATE

You may end isolation after 5 days if you
are fever free for 24 hours; continue to
isolate if fever persists.

UNTIL AT LEAST DAY 11

Avoid your friends at the Clifton Park
Senior Center and others who are more
likely to get very sick from COVID-19.

DITCH THE MASK!

After 11 days and
symptom free, come
back to the Senior
Center; mask optional.

*CDC GUIDELINES

**CONTACT YOUR
PHARMACY TO
SCHEDULE A
COVID VACCINE**

LET'S STAY SAFE!



SOLDIER STOCKINGS

service project

Stockings will be donated
to Blue Star Mothers NY
who will ship to our troops

WE ARE STILL COLLECTING:

Small Games: Dice, cards, sudoku, etc.

Travel Sized: Shampoo, conditioner, lotion, etc.

Regular Sized: Deodorant, chapstick, baby
wipes, sunscreen, pens/pencils, cough drops

Candy: Send in your Halloween leftovers!

**We need
more
games!**



WE NEED HELP: come and help
cut, sew, decorate and stuff!

@1pm

Wednesday 11/1

Thursday 11/2

EDUCATE ☆ Entertain EXPLORE

Space is Limited. Some events require Advanced Registration. To sign up, call the Center at 518-383-1343

*indicates membership not required

Wednesday, November 1	11:00am- 1:00pm	Computer Assistance: with Chip from CORE Real Estate Having trouble with your computer or device? Bring your device in & we will find a solution. Registration required. FREE.
Weds & Thurs. November 1 & 2	1:00pm	*Soldier Stocking Service Project: We still need donations of items and volunteers to cut, sew, decorate and stuff stockings. Visit www.capitalregion2bsm.org for full list of needs.
Thursday, November 2	10:00am- 12:00pm	Guest Crafter: Iris Folding with Pat T. Sample on display at the front desk. Registration required. \$4 cash supply fee.
Thursday, NEW! November 2, 9, 16, 30	1:00pm- 4:00pm	Indoor Bocce Ball: Come and play on our NEW indoor bocce court built by a local Boy Scout; every Thursday. Equipment provided. Registration required. FREE.
Tuesday, Nov. 7 & 21 1st and 3rd Tuesdays	1:00 pm- 3:00 pm	All painters welcome: Open studio with Cynthia. Please see her work on CynthiaWhitman.com. A group discussion and painting will take place. Registration required. FREE.
Tuesdays, November 7, 14, 21, 28	11:00am- 12:00pm	Introductory Acoustic Guitar Lessons: with Brian Dufrense from Humana Bring a guitar—if you have one—and learn how to play! There will be extra guitars on-hand. Limit 3-4 students 4 Week Session: Registration required. FREE
Tuesdays, NEW! November 7, 14, 21, 28	12:00pm	Medicare Q&A with Brian: Come and chat with Brian from Humana in the Senior Center lobby Tuesday afternoons about your Medicare options; informal, no registration required.
Wednesday, November 8, 22 NEW!	10:30am- 11:30am	Meditation: Meditation improves your emotional and physical health. Come and reduce stress, control anxiety, decrease blood pressure, improve sleep, help control pain and enhance self-awareness with Reiki and Meditation Coach, Darcy. Registration required. \$14/month
Monday, November 13	11:30am- 12:00pm	*Repair Café Information Session: Are you handy? Learn how you can use your skills to teach others how to fix broken items (clothes, furniture, appliances, bicycles, jewelry, etc.) and keep waste out of our landfills; BE A PART OF THE SOLUTION! Registration required. FREE.
Tuesday, November 14	2:00pm	Movies and Popcorn: The Devil Wears Prada (2006): Meryl Streep and Anne Hathaway; Andy (Hathaway) lands the job “a million girls would die for” as Miranda’s (Streep) assistant, but this heaven-sent job just might be the death of her! Registration required. FREE.
Thursday, November 16	10:00am- 12:00pm	Guest Crafter: Poured Paint Vase with Tracy P. Come and make acrylic poured paint designs on a vase to add extra color to your arrangements! Sample on display at the front desk. Limited space; no experience necessary. Registration required. \$4 cash supply fee.
Thursday, November 16	5:00pm	*Shen Friendship Dinner: The Shen Schools are holding their annual Friendship Dinner @Shen HS East; space is limited, get your tickets at the Front Desk. Limit 2 tickets/person. Seniors only. FREE.
Friday, November 17	1:00pm	Jewelry Making Class: Blessings Bracelet: Whenever you wear a Blessing Bracelet , acknowledge 1 blessing in your life for each pearl. Silently find 4 people or things to be grateful for: your children, a flower, a pet, a perfect cup of coffee, your home—find something. The more you wear the bracelet the more you’ll be blessed. Registration required. \$4 cash supply fee.
Monday, November 27	2:30pm- 4:00pm	*Living with a Loss: with Mary Beth Bradshaw, LMSW: Community Hospice: Fourth Monday Drop-in Program. There is no timetable for grieving; people grieve in their own way and heal at their own pace. You have the opportunity to talk about your loss and share your story with others with similar losses. Learn the signs of grief, self-care, & coping strategies. FREE.
Tuesday, November 28	1:30pm- 3:30pm	*Musical Jam Session with Chuck Oakes: Whether you play an instrument or just want to listen; if you enjoy acoustic music stop by on the Fourth Tuesday. FREE.
Wednesday, November 29	12:30pm- 2:00pm	*Summit on Senior Issues: VIRTUAL program from CAPTAIN CHS. This month: Clifton Park-Halfmoon EMS will present on areas of interest to seniors. Click HERE to register to watch from home or come to the Center to view. FREE.
Wednesday November 29	2:00pm- 3:00pm	*Downsizing: Join Owner and Founder of Organize Senior Moves, Michelle, to learn how you can downsize your home and upsize your lifestyle! Registration required. FREE.

ELECTION DAY Tuesday, November 7



✓ VOTE ✓ BAKE SALE ✓ MINI BOOK/
DVD SALE

Come to the Center
8:30am-5:00pm to pick up
a book and a homemade treat!




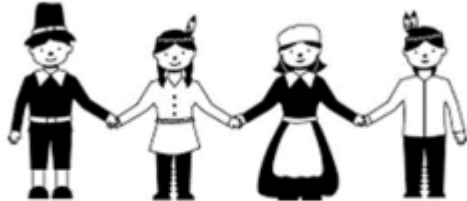




SSAS will be hosting our Annual Themed Show called “Landscapes & Seascapes” during the months of November and December, 2023. This show will feature our members using various media to show their works within the featured theme. Enjoy!

Viewing of artwork will be
Monday thru Friday (afternoons): 518-383-1343. For more information
on SSAS, visit southernsaratogaartist.com

<p>M O N D A Y</p>	<p>09:00am-10:00pm: Tap Dance (11/6, 11/13, 11/20, 11/27) \$20 09:45am-12:00pm: Discussion Group 10:00am-10:45am: Jazz Dance (11/6, 11/13, 11/20, 11/27) \$16 10:00am-12:00pm: Bocce Ball 10:00am-11:00am: Chair Yoga w/ Bonnie (11/6, 11/13, 11/27) \$21 11:00am-11:45am: Beginner Clogging (11/6, 11/13, 11/20, 11/27) \$28 12:00pm-12:45pm: Intermediate Clogging (11/6, 11/13, 11/20, 11/27) \$28 12:30pm-03:30pm: Games: Rummikub 01:00pm-02:00pm: Ukulele Group 01:00pm-03:00pm: Quilting Group 01:15pm-02:15pm: Soulful Line Dance with Mary and Frank (11/6, 11/13, 11/20, 11/27) \$15.00 02:30pm-03:30pm: Healthy Bones for Life—To register, call Office For the Aging 518-884-4100</p>	<p>**CPSCC POLICY: Nonmembers can join us as a guest once per year for free.</p> <p>Although many of our programs are free of charge, members can try almost any <i>paid</i> class the first time at no charge. Please call ahead.</p>
<p>T U E S D A Y</p>	<p>09:00am-10:00am: Exercise to Tape 09:00am-10:00am: Games: Billiards/Pool 09:15am-10:15am: Yoga w/Deanna \$6.00 members/\$8.00 nonmembers At the Center OR Join Zoom 10:00am-12:00pm: Games: Dice (Dice 3000, LCR), 5 Crowns 10:15am-11:15pm: Evidence Based Qi-Gong & Tai Ji w/Bonnie (11/7, 11/14, 11/28) \$21 10:30am-12:00pm: Adult Coloring with Mary & Bob 11:30am-03:00pm: Games: Duplicate Bridge Group—Sanctioned \$7.00/week 12:00pm-01:00pm: MVP Bokwa Dance Moves (9/12 to 11/14) 12:30pm-03:00pm: Games: Scrabble; Cards: Hand & Foot</p>	
<p>W E D N E S D A Y</p>	<p>09:00am-10:00am: Exercise to Tape 09:30am-11:30am: Investment Club (2nd & 4th Wednesday; 11/8, 11/22) 10:00am-11:00am: Ukulele Group w/Ron At Center OR Online HERE For Song Sheets click: Here! 10:00am-12:00pm: Games: Intermediate Bridge, Nickels and Dimes (First Wednesday; 11/1) 10:00am-12:00pm: Memories to Memoirs (1st & 3rd Wednesday; 11/1, 11/15) 12:00pm-02:00pm: Bowling at Spare Time \$10/week for shoes, 2 games, and lunch 01:00pm-04:00pm: Knitting and Crocheting 01:00pm-04:00pm: Games: Poker & Learn to Play Beginner Mahjong 02:30pm-03:30pm: Healthy Bones for Life—To register, call Office For the Aging 518-884-4100</p>	<p>Come enjoy a day at the Southern Saratoga YMCA every 1st and 2nd Wednesday of the month! Just show your CPSC Card!</p> 
<p>T H U R S D A Y</p>	<p>09:00am-10:00am: Exercise to Tape 09:00am-10:00am: Games: Billiards/Pool 10:00am-11:30am: Chorus—Interested in Singing? All are welcome! 10:00am-12:00pm: Games: Rummikub 10:15am-11:15am: Yoga w/Deanna \$6.00 members/\$8.00 nonmembers At the Center OR Join Zoom 10:00am-12:00pm: Mixed-Media Watercolors & Acrylics w/Mary F. \$6/class paid to instructor (11/9, 11/30) 12:30pm-04:00pm: Games: Pinochle, Rummikub 01:00pm-04:00pm: Games: Mahjong 01:00pm-04:00pm: Indoor Bocce Ball NEW!</p>	
<p>F R I D A Y</p>	<p>09:00am-10:00am: Tap Dance—Advanced (11/3) \$5 09:00am-10:55am: Orchestra 10:55am-12:30pm: Big Jazz Band 09:15am-12:00pm: Woodcarving 10:00am-10:45am: Ballet Class (11/3) \$4 10:00am-12:00pm: Bocce Ball 10:00am-12:00pm: Games: Dominoes/Mexican Train 10:55am-12:30pm: Big Jazz Band 12:30pm-02:15pm: Games: Bingo 12:30pm-04:00pm: Cards: 5 Crowns 01:00pm-02:30pm: Jewelry Making Class (11/17) 01:00pm-04:00pm: Games: Learn to Play Splendor and Puerto Rico; Hansa Teutonica, Wood Craft, Arboretum 01:15pm-02:15pm: Latin Line Dancing (11/3, 11/17) \$15.00 02:30pm-03:30pm: Healthy Bones for Life—To register, call Office For the Aging 518-884-4100</p>	<p>WE NEED YOUR VOICE!</p> <p>ALL VOICES ARE NEEDED </p> <p>► Soprano ► Alto ► Tenor ► Bass</p> <p>Our Chorus meets on Thursdays @10am</p> <p>WE ARE A FUN GROUP!</p> <p>COME JOIN US!</p>

SARATOGA COUNTY DEPARTMENT OF AGING & YOUTH SERVICES-November 2023
GATHER & DINE/HOME DELIVERED MEALS 518-363-4020

Monday	Tuesday	Wednesday	Thursday	Friday
		1 LS Turkey & Swiss on Roll Mayonnaise Macaroni Salad Marinated Carrots Mandarin Oranges	2 Chicken Stew Egg Noodles Lima Beans WW Dinner Roll Fresh Orange	3 Chili Spinach Mixed Peppers & Onions Corn Muffin Fruit Cocktail
6 Pulled BBQ Beef on Bun California Blend Vegetables Warm Apple Crisp	7 Chicken Tikka Masala Oven Roasted Potatoes Peas & Onions Pears Fig Cookies	8 Stuffed Pepper Casserole Beets Mixed Vegetables Corn Bread Applesauce	9 Chicken Parmesan Pasta w/Sauce Wax Beans SF Chocolate Pudding	10 Closed  THANK YOU VETERANS
13 Spinach Feta Chicken Buttered Orzo Vegetable Trio WW Dinner Roll Shortbread Cookies	14 Split Pea Soup w/Ham Cauliflower Warm Apple Crisp Corn Muffin	15 Breaded Fish Tartar Sauce Macaroni & Cheese Stewed Tomatoes Tropical Fruit	16 Thanksgiving Special  Roast Turkey w/Gravy & Stuffing Mashed Potatoes Spiced Butternut Squash Dinner Roll Cranberry sauce Pumpkin Pie	17 Meatballs in Sauce Pasta w/Marinara Sauce Broccoli Fruit Cocktail
20 Pork w/Dijon Sauce Red Potatoes Carrots WW Dinner Roll Applesauce	21 Honey Glazed Chicken Buttered Noodles Asian Vegetables Bran Muffin Mandarin Oranges	22 Egg Salad on Roll Marinated Vegetable Salad Beet & Onion Salad Yogurt	23 Closed	24 Closed
				
27 Pesto Chicken Buttered Egg Noodles Stewed Tomatoes WW Dinner Roll Mandarin Oranges	28 Meatloaf w/Gravy Mashed Potatoes California Blend Vegetables SF Chocolate Chip Cookies	29 Birthday Special LS Ham w/Cranberry Mustard Sauce Au Gratin Potatoes Mixed Vegetables Frosted Cake 	30 Teriyaki Glazed Meatballs Buttered Noodles Asian Blend Vegetables Applesauce	

Menu Subject To Change


Coffee, Tea and Butter are served daily at sites. The suggested contribution is \$2 per meal. There is a \$8 fee for guests under the age of 60. Please make checks payable to: **Saratoga County Treasurer, c/o Saratoga County Department Of Aging & Youth Services, 152 West High Street, Ballston Spa, NY 12020**

To sign up for the Gather and Dine Lunch Program at the Senior Center,
call 518-383-1343
by Noon the day *before* you intend to come to Lunch.

UPCOMING TRIPS

PLEASE REGISTER FOR ALL TRIPS AS SOON AS POSSIBLE - SPACE IS LIMITED.

WEDNESDAY, NOVEMBER 8




**HYDE PARK -
FDR HOME & LIBRARY
THE CULINARY INSTITUTE**

8:00am Departure - 5:30 Return
\$95 Members / \$105 Non-Members

WAIT LIST ONLY

**COMING SOON:
Fun, new adventures
for 2024!**

THURSDAY, DECEMBER 7



**THE BUDDY HOLT
HOLIDAY SHOW & TRIP
TURNING STONE CASINO**

8:00am Departure - 6:45 Return
\$78 Members / \$88 Non-Members

Enjoy \$25 slot play,
\$5 food credit, & this
Matinee show

WAIT LIST ONLY

**We hope you enjoyed
traveling with us this
year!**

Travel with us in 2024!

& COLLETTE TOURS

AMERICA'S MUSIC CITIES March 10-17, 2024

8 DAYS, 10 MEALS,
DOUBLE OCCUPANCY \$3,549

DAYS 1-3: Stay at the Sheraton New Orleans and explore the "Jazz Capital of the World"

DAYS 4 & 5: Stay at the Guest House at Graceland in Memphis Tennessee and explore the birthplace of Blues, Rock 'n Roll and Soul

DAYS 6 & 7: Stay at the Gaylord Opryland Resort in Nashville, Tennessee and roll along the Music Highway to the birthplace of Tina Turner, the Grand Ole Opry and Elvis' recording studio

SOUTH DAKOTA September 18-24, 2024

7 DAYS, 9 MEALS, ONE HOTEL
DOUBLE OCCUPANCY \$2,999

DAYS 1-3: Welcome to the West! Listen to stories and history of the Lakota tribe, visit Mount Rushmore and the Badlands National Park

DAYS 4-6: Visit Deadwood, a National Historic Landmark, and its museums, exhibits and sculptures, explore Custer State Park through a buffalo safari, and spend time at Crazy Horse Memorial; end your trip at the first national monument, Devils Tower

Register at the Front Desk TODAY!

CASH/CHECK/CREDIT CHECKS PAYABLE TO: Town of Clifton Park

Support our Advertisers when you can...Let them know you appreciate their ad!

Thank You!

*to our volunteer bakers who provide refreshments for our many holiday concerts!

*to Boy Scout Wyatt Rueda of Troop 45 for building our new Indoor Bocce Court!

*to Shirley Roberts and her team for the months of preparation leading to another successful Basket Party!

RAVENSWOOD

“You’re Always Home at The Wood”

Tavern, Bar, Grill, Catering & Banquets
1021 Rt 146 Clifton Park NY 12065
Phone: 518-371-8771 Ravenswoodpub.com
Email: ravenswoodpub@outlook.com

SERVICES FOR YOU

***The Gather & Dine Daily Lunch Program** To Reserve your Lunch: Call by Noon the day before at 383-1343. Menu can be found online [HERE](#) or at the Center.

***Free Legal Assistance** offered through the Saratoga County Office for the Aging. Make an appointment by calling 518-884-4100.

***Need COVID Tests and Masks?** Request them at the front desk!

*We loan out **Wheelchairs, Seated Walkers and other items** to those who need them!

***Have old prescription medications and not sure what to do with them?** Stop in at the Center to pick up a DETERRA drug deactivation system provided by NYS. This is a safe, convenient and effective way to discard unneeded meds.

***Would you like to Volunteer at the Center?** Opportunities include Front Desk Ambassador, Senior Dinners, Special Programs, Food Pickup, etc. Let us know!

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<p>Brookdale East Niskayuna Alzheimer's & Dementia Care 2861 Troy-Schenectady Road Niskayuna, NY 12309 (518) 782-7381</p>	<p>Brookdale Niskayuna Enhanced Assisted Living 1786 Union Street Niskayuna, NY 12309 (518) 346-6935</p>
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Independent Living & Assisted Living
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- Peregrine Delmar Place**
Assisted Living
518-434-4663
- Peregrine Guilderland**
Assisted Living & Memory Care with Enhanced Services
518-218-0506
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518-465-4444

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Witecki Law Office
 8 South Church Street
 Schenectady, NY 12305
 518-372-2827
 www.WiteckiLaw.com

Glenn Witecki provides in-person, free consultations, the 3rd Thursday of **every other month** at the Clifton Park Senior Center (9:00 a.m. – 12:00 p.m.), or in his office any time (evening hours available).

If you are looking for guidance beyond “standard estate planning,” Glenn can help!

Glenn has been practicing law for 36 years and can help you plan by answering critical questions, including: How can I protect my house if I go into a nursing home?

He will also tell you why a properly-drafted Power of Attorney may be the most important estate planning document that you ever sign!

Call our office directly to set up an appointment. Under special circumstances home visits can be arranged.

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Our Enhanced Living Offers:

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- Assistance with ADLs including: bathing, showering and feeding
- Medication management and skilled nursing tasks
- Blood Glucose Monitoring
- Catheter/Foley Care

Home of the *Good Shepherd*

MALTA 26 Rock Rose Way Malta, NY (518) 581-2800	MOREAU 198 Bluebird Rd. Moreau, NY (518) 792-1000	SARATOGA 400 Church Street Saratoga Springs, NY (518) 450-7360	WILTON 60 Waller Rd. Wilton, NY (518) 580-0702
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homeofthegoodshepherd.com



Many senior living residences stand alone.

KingswayCommunity stands out.

Kingsway Community is family-owned and operated for over 45 years. Our dedicated professionals have decades of experience providing care, support, comfort, nutrition, security and peace of mind. Comprehensive senior living and healthcare, all on one campus, provides support and peace of mind as needs change.

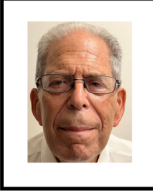
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PAUL ZOHN
Cell: 518-461-1945 Office: 518-383-5134

We do not offer every plan available in your area. Currently we represent 8 organizations which offer 79 products in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) to get information on all of your options.



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CDPHP Universal Benefits, Inc.
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Clifton Park, NY 12065

Medicare Life Long Term Care

A local insurance agency focused on Seniors since 2009. Experience since 1989.

OB1 offers free in person appointments at their office or in the comfort of your own home
Whether you want a comprehensive consultation about your Medicare Insurance or simply want to explore your plan options OB1 can help! OB1 offers many of the carriers available and has been satisfying thousands of people's Medicare needs in the Capital Region for many years. OB1's agents are annually trained on Medicare, experienced, friendly, knowledgeable, dependable, and professional.

"How can I save money on prescriptions, plan premiums, copays?"
"How do I get more coverage?"
"What extra benefits am I entitled to?"

Call or email for a free no obligation consultation today with a local licensed insurance agent at -

518-661-6300
info@ob1insurance.com

ob1insurance.com facebook.com/ob1insurance

"We do not offer every plan in your area. Any information we provide is limited to those plans we do offer in your area. Contact medicare.gov or 1-800-MEDICARE to get information on all of your plan options."

Not affiliated or endorsed by the Federal Medicare Program



Clifton Park Senior Community Center
6 Clifton Common Court
Clifton Park, NY 12065
(518) 383-1343

TO: CURRENT OCCUPANT OR

Town of Clifton Park Senior Express

- Riders must be 50 years of age or older and live in the Town of Clifton Park.
- A wheelchair lift is available.
- Those needing assistance must be accompanied by an escort.
- Adult handicapped persons under 50 years of age will be considered on a time available basis.

Monday, Tuesday & Thursday:

Medical appointments to the following areas:
 Albany, Schenectady, Troy, Ballston Spa,
 Saratoga, Mechanicville and Latham.

Wednesday & Friday:

Clifton Park shopping and local appointments only.



Call Senior Van Dispatch
 at 518-371-4444
 9:00am – 1:00pm

Town Staff Directory

Town Supervisor Phil Barrett	371-6651
Town Board Members	371-6651
Animal Control Officer	371-6756
Town Attorney Tom McCarthy	371-6651
Assessor Walter Smead	371-6460
Building & Development Director Wade Schoenborn	371-6702
Building & Grounds Director Dan Clemens	371-6651
Town Clerk Teresa Brobston	371-6681
Town Court - 5 Municipal Plaza	371-6668
Town Comptroller Mark Heggen	371-6651
Storm Water Mgmt Technician Scott Reese	371-6054
Highway Superintendent Dahn Bull	371-7310
Parks & Recreation Director Mike Woerner	371-6667
Planning Director John Scavo	371-6054
Receiver of Taxes Rose Savallo	371-5720
Director of Safety & Security Lou Pasquarell	348-7311
Town Security Officers	369-6651
Sewer Director Mike O'Brien	348-7313
Transfer Station	371-6669
Senior Center Director Sue Leonard	383-1343

Email your Town Board

Supervisor Philip C. Barrett:	pbarrett@cliftonpark.org
Deputy Supervisor Anthony F. Morelli:	amorelli@cliftonpark.org
Councilman Christopher O'Hara:	cohara@cliftonpark.org
Councilwoman Agatha Reid:	areid@cliftonpark.org
Councilwoman Lynda M. Walowitz:	lwalowitz@cliftonpark.org

The Town's office buildings are open from Monday through Friday, 9 AM to 5 PM, excluding holidays.
 The **Town Clerk's** office is open until 7:00 PM every Thursday.
 The **Building** and **Parks & Recreation** Departments open at 8:00 AM Monday through Friday.