



# Clifton Park Senior Center



July 2024—Monthly Newsletter

### Center Hours

Monday-Friday, 9am-4pm  
6 Clifton Common Court,  
Clifton Park, NY 12065  
518-383-1343

### Center Closing

**INDEPENDENCE DAY**  
Thursday, July 4

### DEFENSIVE DRIVING

Thursday, August 8  
9am to 4pm

Presented by  
**Armand Canestraro,**  
Empire Safety Council  
\$31 Fee: Check payable to  
"Armand Canestraro"

\*Reserve your spot at the Front Desk

*Clifton Park Senior Community Center*

# Open House!

Wednesday, August 14  
1:00pm - 3:00pm

*Are you a new member within the last 12 months? Not yet a member? Know someone who might like to join us?*

Come and meet some of our instructors and learn about the many programs & classes we have to offer!

**Class Demonstrations!**

**Light Refreshments!**

THANKS TO  
OUR SPONSOR:



**SIGN UP NOW!**



**Registration required.**

# INDEPENDENCE DAY Ice Cream Social!

MONDAY, JULY 8TH @ 12:30PM

Bring a chair and join us on the lawn to celebrate the Fourth!

**FREE!**

Registration Required.



## To Love a Child

A SERVICE PROJECT:

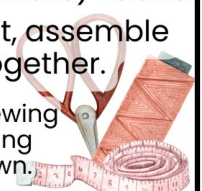
TUESDAY, JULY 23 @ 10:30AM - 3:30PM

Crafting reusable menstrual pads for girls around the world who lack access.

### WE NEED:

- Plastic snaps size 16 (Babyville)
- PUL (Poly Urethane Laminate) Fabric.
- Volunteers to draw, cut, assemble or sew the pads together.

Registration required, but sewing skills are not! Use our sewing machines or bring your own.



**EDUCATE** ☆ **Entertain** ☆ **EXPLORE** 🔍

Space is Limited. Some events require **Advanced Registration**. To sign up, call the Center at **518-383-1343**

\*indicates membership not required

Mondays July 1, 8, 15, 22, 29	12:30pm-3:30pm	<b>NEW!</b> <b>Learn to Play Spades and Hearts:</b> with Cathee B. These classic trick-taking card games are easy to learn and fun to play! <b>Registration required. FREE</b>
Mondays July 1, 8, 15, 22, 29	2:15pm-3:15pm	<b>NEW!</b> <b>*Beginner Soul Line Dancing:</b> with Linda; learn the basic steps to your favorite Motown, R&B and pop music. No experience necessary! <b>Registration required. FREE</b> (sponsored by Dept. of Aging)
Wednesdays July 3, 10, 17, 24, 31	11:00am-12:00pm	<b>NEW!</b> <b>*Beginner Latin Line Dancing:</b> with Mark and Ray; enjoy the sizzling hot Latin beats while you learn the basics to the Cha-Cha, Salsa, Rumba and more! No experience necessary. <b>Registration required. FREE</b> (sponsored by Dept. of Aging)
Fridays 7/5, 7/12, 7/19, 7/26	9:45am-12:00pm	<b>NEW!</b> <b>*Intro to Bridge:</b> with Linda S. Have you always wanted to learn this 4 person/2 team card game? <i>NEW players only</i> can sign up for FREE lessons; <u>you must commit to all four weeks</u> or you will let the team down. Books will be on loan during the session; maximum of 12 people <b>Registration required. FREE.</b> (sponsored by Dept. of Aging) <b>BEGINNERS ONLY.</b>
Fridays July 5, 12, 19, 26	12:30pm-3:00pm	<b>NEW!</b> <b>Learn to Play Euchre:</b> with George; discover one of the oldest and most popular card games (and easy to learn!) four players, teams of two, using a standard deck of cards. <b>Registration required. FREE.</b>
Tuesday, July 9	9:30am-11:30am	<b>Light Mending with Patti:</b> Drop In, Drop Off, Pick Up later; 2-3 items – bring supplies if needed (buttons, etc.) <b>No alterations. Laundered Clothing Items Only.</b>
Tuesday, July 9 & 16	10:30am-12:30pm	<b>*Glue Gun Art:</b> with Bobbi W.; paint with glue gun and acrylic the <i>Tree of Life &amp; Love</i> in this 2-day class. Sample on display at the front desk. Limited space; no experience necessary, bring an apron or old clothes. <b>Registration required. FREE.</b> (sponsored by Dept. of Aging)
Wednesdays 7/10, 7/17, 7/24, 7/31	1:30pm-2:30pm	<b>NEW!</b> <b>*Country Line Dance:</b> with Linda; enjoy your country favorites while you learn the steps to dance along. No experience necessary! <b>Registration required. FREE</b> (sponsored by Dept. of Aging)
Thursday, July 11	2:00pm-4:00pm	<b>Free Computer Evaluation:</b> with Kirk F.; is your laptop running slow? Need data backup or repair? Or do you have a general question? Bring it in for a free evaluation! <b>Registration required. FREE.</b>
Friday, July 12	11:00am-12:00pm	<b>Farmers Market Coupons:</b> Each booklet value is \$25, good for fresh fruits and vegetables at local participating Farmers market Vendors. <b>For more information call the Dept. of Aging 518-884-4100.</b>
Friday, July 12	12:30pm-1:30pm	<b>*Alzheimer's Caregiver Support:</b> join Gwen from Alzheimer's Association and learn tips and resources for caring for a loved one with Alzheimer's. <b>Registration required. FREE.</b>
Wednesday, July 17	10:00am-1:00pm	<b>*Alzheimer's Association Office Hours:</b> Join Gwen from Alzheimer's Association for this monthly one-on-one session to answer your questions and provide resources. <b>FREE.</b>
Wednesday, July 17	1:00pm-4:00pm	<b>*Dept. of Aging and Youth Services Office Hours:</b> Bring your questions and concerns to this monthly session to see how the Saratoga County Department of Aging can help. <b>FREE.</b>
Monday, July 22	2:30pm-4:00pm	<b>*Living with a Loss: with Mary Beth Bradshaw, LMSW: Community Hospice:</b> Drop-in Program. There is no timetable for grieving; people grieve in their own way and heal at their own pace. You have the opportunity to talk about your loss and share your story with others with similar losses. Learn the signs of grief, self-care, & coping strategies. <b>FREE.</b>
Tuesday, July 23	10:30am-3:30pm	<b>*To Love a Child Project: Crafting reusable menstrual pads</b> for girls around the world who lack access. We need your help to draw, cut, assemble or sew the pads together. We are in need of: plastic snaps size 16 (Babyville) and <b>PUL (Poly Urethane Laminate) Fabric.</b> Use our sewing machines or bring your own. <b>Registration required, but sewing skills are not!</b>
Thursday, July 25	1:30pm-3:30pm	<b>*Musical Jam Session with Chuck Oakes:</b> Whether you play an instrument or just want to listen; if you enjoy acoustic music stop by on the <b>Fourth Thursday. FREE.</b>
Friday, July 26	11:30am-4:30pm	<b>*Blood Drive:</b> with the American Red Cross; reserve your spot at <a href="http://www.redcrossblood.org">www.redcrossblood.org</a> , or click <a href="#">HERE</a> .
Tuesday, July 30	12:00pm	<b>*Taco Tuesday:</b> a fun and different Saratoga County Department of Aging lunch at the Clifton Park Senior Center's Gather & Dine location! Registration required by noon on Monday, July 29th.
Fridays in August 8/2, 8/9, 8/16, 8/23, 8/30	9:45am-12:00pm	<b>*Intro to Bridge:</b> with Linda S. Have you always wanted to learn this 4 person/2 team card game? <i>NEW players only</i> can sign up for FREE lessons; <u>you must commit to all four weeks</u> or you will let the team down. Books will be on loan during the session; maximum of 12 people <b>Registration required. FREE.</b> (sponsored by Dept. of Aging) <b>BEGINNERS ONLY.</b>



New SSAS members will be exhibiting in the month of July in the Senior Center Gallery. Members participating in this show are: Fran Cullen, Lynne Kaiser, Denise Kornak and Carol Winterton. Be sure to stop in and browse the beautiful pieces in this show.

Viewing of artwork will be Monday thru Friday (afternoons): 518-383-1343. For more information on SSAS, visit [southernsaratogaartist.com](http://southernsaratogaartist.com)

**OFFICE HOURS**

*\*Not a presentation, just an opportunity to have questions answered.*



**Saratoga Co. Department of Aging:**

1pm-4pm on the third Wednesday of each month.

**Alzheimer's Association:**

10am-1pm on the third Wednesday or each month.




<b>M O N D A Y</b>	09:00am-10:00pm: Tap Dance (7/1, 7/8, 7/15, 7/22, 7/29) <b>\$25</b>	*indicates membership not required
	09:45am-12:00pm: Discussion Group	
	10:00am-10:45am: Jazz Dance (7/1, 7/8, 7/15, 7/22, 7/29) <b>\$20</b>	
	10:00am-12:00pm: Bocce Ball— <i>Outdoor</i>	
	10:00am-11:00am: Chair Yoga w/ Bonnie (7/1, 7/8, 7/15, 7/22, 7/29) <b>\$35</b>	
	12:30pm-03:30pm: <b>Cards:</b> Learn to Play Spades or Hearts <b>NEW!</b>	
	01:00pm-02:00pm: Ukulele Group	
	01:00pm-03:00pm: Quilting Group	
	01:00pm-02:00pm: *Soulful Line Dance with Linda (7/1, 7/8, 7/15, 7/22, 7/29) <b>FREE!</b>	Sponsor Dept. of Aging! <b>NEW!</b>
	02:15pm-03:15pm: * <i>Beginner</i> Soulful Line Dance with Linda (7/1, 7/8, 7/15, 7/22, 7/29) <b>FREE!</b>	
02:30pm-03:30pm: *Healthy Bones for Life— <b>Dept. of Aging</b> 518-884-4110 *WAITLIST ONLY*		
<b>T U E S D A Y</b>	09:00am-10:00am: Exercise to Tape	
	09:00am-10:00am: <b>Games:</b> Billiards/Pool	
	09:15am-10:15am: *Yoga w/Deanna <b>\$5.00 members/wk, \$5.00 nonmembers/wk</b> At the Center OR <b>Join Zoom</b>	
	10:00am-12:00pm: <b>Games:</b> Dice 3000, LCR, <b>Cards:</b> 5 Crowns	
	10:15am-11:15pm: Evidence Based Qi-Gong & Tai Ji w/Bonnie (7/9, 7/16, 7/23, 7/30) <b>\$28</b>	
	10:30am-12:00pm: Adult Coloring	
	11:30am-03:00pm: <b>Cards:</b> Duplicate Bridge Group—Sanctioned <b>\$7.00/week</b>	
	12:30pm-03:30pm: <b>Games:</b> Scrabble; <b>Cards:</b> Hand & Foot	
01:00pm-03:00pm: Open Studio Painting with Cynthia (1st & 3rd Tuesday; 7/2, 7/16)		
<b>W E D N E S D A Y</b>	09:00am-10:00am: Exercise to Tape	
	09:30am-11:30am: Investment Club (2nd & 4th Wednesday; 7/10, 7/17)	
	10:00am-11:00am: Ukulele Group w/Ron At Center OR <b>Online HERE</b> For Song Sheets click: <a href="#">Here!</a>	
	10:00am-11:30am: Garden Club	
	10:00am-12:00pm: <b>Cards:</b> Intermediate Bridge	
	10:00am-12:00pm: Memories to Memoirs (1st & 3rd Wednesday; 7/1, 7/17)	
	10:30am-11:30pm: Meditation (2nd & 4th Wednesday; 7/10, 7/24) <b>\$14</b>	
	11:00am-12:00pm: * <i>Beginner</i> Latin Line Dancing (7/10, 7/17, 7/24, 7/31) <b>FREE!</b> Sponsor Dept. of Aging! <b>NEW!</b>	
	01:00pm-04:00pm: Knitting and Crocheting	
	01:00pm-04:00pm: <b>Games:</b> Poker, Mahjong—beginners welcome!	
01:30pm-02:30pm: *Country Line Dance with Linda (7/10, 7/17, 7/24, 7/31) <b>FREE!</b> Sponsor Dept. of Aging!		
02:30pm-03:30pm: *Healthy Bones for Life— <b>Dept. of Aging</b> 518-884-4110 *WAITLIST ONLY*		
<b>T H U R S D A Y</b>	09:00am-10:00am: Exercise to Tape	
	09:00am-10:00am: <b>Games:</b> Billiards/Pool	
	10:00am-12:00pm: <b>Games:</b> Rummikub	
	10:15am-11:15am: *Yoga w/Deanna <b>\$5.00 members/wk, \$5.00 nonmembers/wk</b> At the Center OR <b>Join Zoom</b>	
	10:00am-12:00pm: Mixed-Media Watercolors & Acrylics w/Mary F. <b>\$6/class paid to instructor</b> (7/11, 7/25)	
	12:30pm-04:00pm: <b>Cards:</b> Pinochle	
	01:00pm-02:00pm: Photography Club (2nd & 4th Thursday, 7/11, 7/25)	
	01:00pm-04:00pm: <b>Games:</b> Mahjong	
<b>F R I D A Y</b>	09:00am-10:00am: Tap Dance— <i>Advanced</i> ([no 7/5], 7/12, 7/19, 7/26) <b>\$15</b>	
	09:15am-12:00pm: Woodcarving	
	09:45am-12:00pm: <b>Cards:</b> Intro to Bridge <b>FREE!</b> Sponsor Dept. of Aging! <b>NEW!</b>	
	10:00am-12:00pm: Bocce Ball— <i>Outdoor</i>	
	10:00am-10:45am: Ballet Class ([no 7/5], 7/12, 7/19, 7/26) <b>\$12</b>	
	10:00am-12:00pm: <b>Games:</b> Dominoes/Mexican Train	
	12:45pm-02:30pm: <b>Games:</b> Bingo	
	12:30pm-04:00pm: <b>Cards:</b> 5 Crowns, Learn to play Euchre <b>NEW!</b>	
	01:00pm-04:00pm: <b>Strategy Board Games:</b> Learn to Play Splendor; Hansa Teutonica, Arboretum, Azul...& MORE!	
	01:00pm-02:00pm: *Latin Line Dancing (7/5, 7/12, 7/19, [no 7/26]) <b>FREE!</b> Sponsor Dept. of Aging!	
02:30pm-03:30pm: *Healthy Bones for Life— <b>Dept. of Aging</b> 518-884-4110 *WAITLIST ONLY*		

**\*\*CPSCC POLICY:**  
 •Sign up for most classes begins one week before the class starts. Class size might be limited.  
 •Dept. of Aging Programs: must be 60+ and Saratoga Co. resident.

**CHECK THE BACK PAGE FOR TRIP INFORMATION!**

**SARATOGA COUNTY DEPARTMENT OF AGING & YOUTH SERVICES-July 2024**  
**GATHER & DINE/HOME DELIVERED MEALS 518-363-4020**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Pulled BBQ Pork on Roll Cabbage Carrots SF Oatmeal Cookies	<b>2</b> Orange Ginger Chicken Rice Pilaf Asian Blend Vegetables WW Dinner Roll Yogurt	<b>3 July 4 Special</b> Hot Dog w/Meat Sauce on Bun Baked Beans Warm Potato Salad Frosted Patriotic Cake	<b>4 Closed</b> 	<b>5</b> Beef Pot Roast w/Gravy Mashed Potatoes Broccoli Mandarin Oranges
<b>8</b> Salisbury Steak w/Gravy Egg Noodles Carrots WW Dinner Roll Fruit Cocktail	<b>9</b> Sliced Roast Pork w/Gravy Mashed Potatoes Spinach Applesauce	<b>10</b> Stuffed Shells w/Meat Sauce Vegetable Trio Warm Peach Crisp Fruit & Nut Mix	<b>11</b> Chicken w/Curry Cream Sauce Rice Pilaf Peas & Carrots WW Dinner Roll Mandarin Oranges	<b>12</b> LS Ham & Swiss Cheese on Bun Mustard Coleslaw Marinated Green Beans Banana
<b>15</b> Italian Sausage w/Peppers & Onions on Roll Spinach Warm Cranberry Crisp Applesauce	<b>16</b> BBQ Chicken Home Fries Vegetable Trio WW Dinner Roll Yogurt	<b>17</b> Breaded Fish w/Tarragon Sauce Orzo Pasta Peas & Carrots Pears	<b>18</b> Spanish Chicken & Rice Broccoli Warm Berry Crisp Graham Crackers	<b>19</b> Goulash Yellow Squash Green Beans Corn Muffin Fruit Cocktail
<b>22</b> Chicken w/ Lemon Sauce Orzo Pasta California Blend Vegetables WW Dinner Roll Peaches	<b>23</b> Mushroom & Onion Smothered Beef Patty w/ Gravy Mashed Potatoes Beets Mandarin Oranges	<b>24</b> Tuna Salad on Bun Macaroni Salad Tomato & Cucumber Salad LS Potato Chips Banana	<b>25</b> Beef & Vegetable Rice Pilaf Green & Wax Beans Pears	<b>26</b> Chicken Bacon Mac & Cheese Broccoli Butternut Squash Yogurt
<b>29</b> Seafood Cake w/Dijon Sauce Mashed Sweet Potatoes Beets Applesauce		<b>31 Birthday Special</b> Meat Lasagna Zucchini & Yellow Squash Green Beans Frosted Cake		

**Menu Subject To Change**

Coffee, Tea and Butter are served daily at sites. If you have a food allergy, please notify our staff. Allergen information for the menu is available. Please contact Saratoga County Department of the Aging & Youth Services for more details. The suggested contribution is \$2 per meal. There is a \$8 fee for guests under the age of 60. Please make checks payable to: Saratoga County Treasurer, c/o Saratoga County Department Of Aging & Youth Services, 152 West High Street, Ballston Spa, NY 12020

**To sign up for the Gather and Dine Lunch Program at the Senior Center, call 518-383-1343 by Noon the day *before* you intend to come to Lunch.**

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## Thank You!

\*to our June Dinner sponsor **CDPHP**; to **Deets Catering** for a delicious BBQ meal; and to **DJ Ernie Apisa** for the fun entertainment!



\*to **Home of the Good Shepherd** for helping us celebrate *National Cheese Day!*

\*to **Sorrentino's Deli** for supplying the hot dogs and rolls for our Father's Day "Dads & Dogs" celebration; and to the ladies who brought dishes to share!



\*to our **Big Jazz Band** for an amazing concert; and to the **volunteer bakers** who provided refreshments!

\*to member **Kate Dudding** for an enlightening presentation on Ella Fitzgerald!

### DID YOU KNOW?!

The Clifton Park Senior Center is available for private events Monday through Friday after 4pm, as well as all day on weekends.

Whether you're planning a party, shower, business meeting, or another special occasion, consider renting our versatile space. We offer rooms suitable for intimate gatherings or groups exceeding 100 guests. Tables, chairs, and ample parking provided.

Contact us for more information: 518-383-1343.

Come enjoy a day at the Southern Saratoga YMCA every 1st and 2nd Wednesday of the month! Just show your CPSCC Card!



### CLIFTON PARK SENIOR COMMUNITY CENTER COVID - 19 PROTOCOL

#### IF YOU TEST POSITIVE:

##### STAY HOME FOR AT LEAST FIVE DAYS

Monitor your symptoms, avoid contact with others, and notify the Senior Center.

##### ISOLATE

You may end isolation after 5 days if you are fever free for 24 hours; continue to isolate if fever persists.

##### UNTIL AT LEAST DAY 11

Avoid your friends at the Clifton Park Senior Center and others who are more likely to get very sick from COVID-19.

##### DITCH THE MASK!

After 11 days and symptom free, come back to the Senior Center; mask optional.

\*CDC GUIDELINES

**CONTACT YOUR PHARMACY TO SCHEDULE A COVID VACCINE**

**LET'S STAY SAFE!**

### SERVICES FOR YOU

\***The Gather & Dine Daily Lunch Program** To Reserve your Lunch: Call by Noon the day before at 518-383-1343. Menu can be found online [HERE](#) or at the Center.

\***Free Legal Assistance** offered through the Saratoga County Office for the Aging. Make an appointment by calling 518-884-4100.

\***We accept donations of wheelchairs, seated walkers and other items** and loan them out to those who need them!

\***Have old prescription medications and not sure what to do with them?** Stop in at the Center to pick up a DETERRA drug deactivation system provided by NYS. This is a safe, convenient and effective way to discard unneeded meds.

\***Would you like to Volunteer at the Center?** Opportunities include Front Desk Ambassador, Senior Dinners, Special Programs, Food Pickup, etc. Let us know!



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A TRADITION OF SUPERIOR CARE IN  
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Our Enhanced Living Offers:


- Physical assistance with ambulation and transferring
- Assistance with ADL's including: bathing, showering and feeding
- Medication management and skilled nursing tasks
- Blood Glucose Monitoring
- Catheter/Foley Care



Home of the *Good Shepherd*

MALTA	MOREAU	SARATOGA	WILTON
26 Rock Rose Way Malta, NY (518) 581-2800	198 Bluebird Rd. Moreau, NY (518) 792-1000	400 Church Street Saratoga Springs, NY (518) 450-7360	60 Waller Rd. Wilton, NY (518) 580-0702

[homeofthegoodshepherd.com](http://homeofthegoodshepherd.com)



**Witecki Law Office**  
8 South Church Street  
Schenectady, NY 12305  
518-372-2827  
[www.WiteckiLaw.com](http://www.WiteckiLaw.com)

Glenn Witecki provides in-person, free consultations, the 3rd Thursday of **every other month** at the Clifton Park Senior Center (9:00 a.m. – 12:00 p.m.), or in his office any time (evening hours available).  
**If you are looking for guidance beyond "standard estate planning," Glenn can help!**

Glenn has been practicing law for 36 years and can help you plan by answering critical questions, including: How can I protect my house if I go into a nursing home?

He will also tell you why a properly-drafted Power of Attorney may be the most important estate planning document that you ever sign!

*Call our office directly to set up an appointment. Under special circumstances home visits can be arranged.*



It doesn't just feel like it.  
It is *home.*

At our communities, you become part of our family. And we'll be right here for you with a helping hand.

► Call us today!

<b>Brookdale East Niskayuna</b> Alzheimer's & Dementia Care 2861 Troy-Schenectady Road Niskayuna, NY 12309 <b>(518) 782-7381</b>	<b>Brookdale Niskayuna</b> Enhanced Assisted Living 1786 Union Street Niskayuna, NY 12309 <b>(518) 346-6935</b>
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Email: [ravenswoodpub@outlook.com](mailto:ravenswoodpub@outlook.com)



Embracing long term memories  
Enriching mind, body, and spirit  
Empowering our residents to  
thrive the Peregrine Way®

## Communities in the Albany Area

- Peregrine Clifton Park**  
Memory Care with Enhanced Services  
518-371-2200
- Peregrine Colonie**  
Memory Care with Enhanced Services  
518-456-4500
- Peregrine Crossgate**  
Independent Living & Assisted Living  
518-869-0211
- Peregrine Delmar Place**  
Assisted Living  
518-434-4663
- Peregrine Guilderland**  
Assisted Living & Memory Care with Enhanced Services  
518-218-0506
- Peregrine Shaker**  
Assisted Living & Memory Care with Enhanced Services  
518-465-4444

[peregrineseniorliving.com](http://peregrineseniorliving.com)



**Bank  
Anywhere,  
Anytime.**



[capitalbank.com](http://capitalbank.com)  
(800) 836-3711





**Clifton Park Senior Community Center**  
**6 Clifton Common Court**  
**Clifton Park, NY 12065**

## Where do you want to go in 2024?

### CLIFTON PARK SENIOR COMMUNITY CENTER

#### SISTER ACT @ MAC-HAYDN THEATRE:

**Wednesday, July 3, 2024**

- Buffet luncheon at the Whitestone Cafe
- High energy, uplifting tale based on the 1992 movie starring Whoopi Goldberg

#### NYC BALLET @ SPAC: Thursday, July 11, 2024

- Luncheon at Hall of Springs
- Experience the grand display of George Balanchine's three-part masterpiece *Jewels*

#### NEW YORK CITY:

**Wednesday, September 4, 2024 \*A day on your own. Possible small group opportunities\***

- Option #1: Bryant Park drop off; see a show (matinee Weds.), explore the museums, shop
- Option #2a: Tenement Apartment/Museum Group Tour; explore the homes of immigrant and migrant families of the 19th and 20th centuries; AND/OR
- Option #2b: Walking Tours of the neighborhood
- Option #3: Ellis Island and the Statue of Liberty
- Option #4: 9/11 Museum

Sponsored by *Good Shepherd*

**SOUTH DAKOTA: September 18-24, 2024** Mount Rushmore, Crazy Horse, The Badlands National Park, Deadwood

**\*Sign up for all trips at least 30 days in advance. Arrive 15-30 minutes before all trips.**

## Town of Clifton Park Senior Express

- Riders must be 50 years of age or older and live in the Town of Clifton Park.
- A wheelchair lift is available.
- Those needing assistance must be accompanied by an escort.
- Adult handicapped persons under 50 years of age will be considered on a time available basis.

### Monday, Tuesday & Thursday:

Medical appointments to the following areas:

Albany, Schenectady, Troy, Ballston Spa, Saratoga, Mechanicville and Latham.

### Wednesday & Friday:

Clifton Park shopping and local appointments only.



Call Senior Van Dispatch  
 at 518-371-4444  
 9:00am – 1:00pm

## Town Staff Directory

Town Supervisor Phil Barrett	371-6651
Town Board Members	371-6651
Animal Control Officer	371-6756
Town Attorney Tom McCarthy	371-6651
Assessor Walter Smead	371-6460
Building & Development Director Wade Schoenborn	371-6702
Building & Grounds Director Dan Clemens	371-6651
Town Clerk Teresa Brobston	371-6681
Town Court - 5 Municipal Plaza	371-6668
Town Comptroller Mark Heggen	371-6651
Storm Water Mgmt Technician Scott Reese	371-6054
Highway Superintendent Dahn Bull	371-7310
Parks & Recreation Director Mike Woerner	371-6667
Planning Director John Scavo	371-6054
Receiver of Taxes Rose Savallo	371-5720
Director of Safety & Security Lou Pasquarell	348-7311
Town Security Officers	369-6651
Sewer Director Mike O'Brien	348-7313
Transfer Station	371-6669
Senior Center Director Sue Leonard	383-1343

## Email your Town Board

Supervisor Philip C. Barrett:	pbarrett@cliftonpark.org
Deputy Supervisor Anthony F. Morelli:	amorelli@cliftonpark.org
Councilman Zabed Manir:	zmanir@cliftonpark.org
Councilwoman Agatha Reid:	areid@cliftonpark.org
Councilwoman Lynda M. Walowit:	lwalowit@cliftonpark.org

The Town's office buildings are open from Monday through Friday, 9 AM to 5 PM, excluding holidays.

The **Town Clerk's** office is open until 7:00 PM every Thursday.

The **Building** and **Parks & Recreation** Departments open at 8:00 AM Monday through Friday.