



Clifton Park Senior Center



October 2024—Monthly Newsletter

Center Hours

Monday-Friday, 9am-4pm
6 Clifton Common Court,
Clifton Park, NY 12065
518-383-1343

Center Closing

COLUMBUS DAY
Monday, October 14



YOUR 2025
MEMBERSHIP
IS STILL

**ONLY
\$20!**

All memberships
expire on
December 31

BASKET PARTY!
WE STILL
HAVE TICKETS!

OPEN
TO THE
PUBLIC!

SUNDAY
OCTOBER 6

@12PM

Tickets are \$15 and include:

- 25 FREE AUCTION TICKETS
- SANDWICH, CHIPS AND DESSERT!

This is a fun afternoon, we hope to see you there!



HALLOWEEN PARTY!

THURSDAY, OCTOBER 31

1:00PM-2:00PM

COSTUME & TREAT
TO SHARE ENCOURAGED



**SIGN UP TODAY...
UNLESS YOU'RE SPOOKED!**

Paint & Sip

Friday, October 18
10am - 11:30am

Give You the Moon

Grab a glass of cider and paint with Kathy from Art in Mind Creative Wellness Studio.

ONLY \$10! Sponsored by:

Registration Required. Space is limited!

October Dinner

WEDNESDAY, OCTOBER 9 @5:00PM

mild Authentic Indian Cuisine

\$15 MEMBERS ONLY

-catered by-



with
Indian Dancers
Narthanalaya School of Arts

-sponsored by-



MENU

Chicken Tikka Masala

Chicken in a mild tomato and cream sauce

Palak Paneer

Spinach in a creamy sauce

Channa Masala

Chickpea, tomatoes, spices and fresh coriander leaves

Basmati Rice
Nan Bread &
House Salad
Rice Pudding
for dessert!



Sign up begins Tuesday, October 1

WELLNESS FAIR

TIME
10:00 AM
to 1:00PM

THURSDAY, OCTOBER 17

Join health and wellness professionals in our area to gain resources and learn more about the choices we can make to improve our quality of life!

- +DIET AND NUTRITION ADVICE
- +FLU AND COVID VACCINES
- +MEDICARE INFORMATION
- +BLOOD PRESSURE CLINIC
- +FITNESS PROGRAMS



SOLDIER STOCKINGS service project

Stockings will be donated to Blue Star Mothers NY who will ship to our troops

WE ARE COLLECTING:



- Small Games:** Dice, cards, sudoku, etc.
- Travel Sized:** Shampoo, conditioner, lotion, etc.
- Regular Sized:** Deodorant, chapstick, baby wipes, sunscreen, pens/pencils, cough drops
- Candy:** Send in your Halloween leftovers!

WE NEED: Felt to make the stockings and people to cut, sew and decorate



@11:00am
Tuesday 10/29
Wednesday 10/30
Wednesday 11/6
Thursday 11/7

Tuesdays in October	11:00am-12:00pm	*Ice Skating: the Clifton Park Ice Arena is open for Senior Skate—enjoy an hour on the ice for only \$5, includes rental. No registration necessary.
Tuesdays in October NEW!	2:00pm-3:00pm	Pokeno: play this fun game that is a cross between poker and bingo; with your playing cards and chip markers you could win big! No registration necessary.
Wednesdays in October NEW!	9:00am-10:00am	Learn the Banjo: BYOB (bring your own banjo!) and learn to strum some of your favorite folk tunes with Ron. Registration required. FREE.
Wednesdays in October	1:00pm-2:00pm	*MVP Zumba Gold Toning: blends the Zumba® party you love at a slower pace with a redefining total body workout; tailored for active older adults, who want to focus on muscle conditioning and light weight activity. Registration Required. FREE. (sponsored by MVP)
Thursdays in October	2:00pm-4:00pm	*Intro to Pickleball – Lessons : on our indoor court at CPSCC; brand new players can learn the basics with an instructor: equipment, unique lingo, score keeping, court position, and the fundamentals of serve, return, and volley. Max of 12 people. Registration required. FREE (sponsored by Dept. of Aging)
Fridays in October NEW!	11:00am-11:45am	*Beginner Jazz Dance: with former Rockette, Janet Murphy. Learn the basic steps to hot jazz tunes in this fun and active class! Registration Required. FREE. (sponsored by Dept. of Aging)
Fridays in October	1:30pm-4:00pm	*Strategic Scrabble: with Milton; a fun way to improve one's scoring and winning percentage while enjoying the game of Scrabble. Led by experienced and talented players. (sponsored by Dept. of Aging)
Sunday, October 6	12:00pm	*Basket Party: for only \$15 you get an afternoon of fun, food, and 25 tickets to win some prizes! Bring a friend, this event is open to the public. Get your tickets at the Front Desk.
Tuesday, October 8	9:30am-11:30am	Light Mending with Patti: Drop In, Drop Off, Pick Up later; 2-3 items bagged, with your name, phone # and what needs to be mended– bring supplies if needed (buttons, etc.) No alterations. Laundered Clothing Items Only.
Thursday, October 10	2:00pm-4:00pm	Free Computer Evaluation: with Kirk F. Is your laptop running slow? Need data backup or repair? Or do you have a general question? Bring it in for a free evaluation! Registration required.
Friday, October 11	1:00pm-2:30pm	Interactive Animal Experience: join local wildlife experts, AJ and Ingrid, and interact with several NY state species of turtle, plus several other exotic animals and critters including tortoises, a snake, a gecko and a hedgehog. Registration Required. FREE.
Wednesday, October 16	1:00pm-4:00pm	*Dept. of Aging and Youth Services Office Hours: Bring your questions and concerns to this monthly session to see how the Saratoga County Department of Aging can help.
Wednesday, October 16	10:00am-1:00pm	*Alzheimer's Association Office Hours: Join Gwen from Alzheimer's Association for this monthly one-on-one session to answer your questions & provide resources. For appointment 518-888-5846.
Thursday, October 17	10:00am-1:00pm	*Wellness Fair: drop-in to ask questions and gain information from Medicare agents at this non-sales event; learn more about up-coming policy changes that may affect you. No registration necessary.
Thursday, October 17	10:00am-1:00pm	*Flu Shot & COVID Vaccine Clinic at the Wellness Fair: contact the Front Desk to find out about reserving a spot for your shot. Please bring your health insurance card. FREE.
Thursday, October 17	1:30pm-2:30pm	Computer Skills Tutoring: Shen students will guide us through the use of our phones, tablets and computers with a Q&A session to follow. Registration required. FREE.
Friday, October 18	10:00am-11:30am	*Canvas Paint and Sip: 'Give you the Moon' Grab a glass of cider and paint a fun fall canvas with Kathy from Art in Mind Creative Wellness Studio. Sample at the Front Desk. Registration Required. \$10/person (sponsored by CDPHP)
Thursday, October 24	1:30pm-3:30pm	*Musical Jam Session with Chuck Oakes: Whether you play an instrument or just want to listen; if you enjoy acoustic music stop by on the Fourth Thursday. FREE.
Friday, October 25	1:00pm-2:00pm	*Orchestra Concert: Live Entertainment with the Center's very own <i>Orchestra on the Common</i> in our yearly Fall Concert! Reception to follow. FREE.
Monday, October 28	10:30am-11:15am	*Shen Showstoppers Dance Show: Instructor, and former Rockette, Janet Murphy brings her dance group to entertain us with fun tap, jazz, and ballet routines. FREE.
Monday, October 28	2:15pm-3:15pm	Medicare Q&A: Sheila Rivera will be here from MVP Health Care to provide Medicare eligible in Saratoga County Medicare Advantage options for 2025. Registration required.
Monday, October 28	2:30pm-4:00pm	*Living with a Loss: with Mary Beth Bradshaw, LMSW: Community Hospice: Drop-in Program. There is no timetable for grieving; people grieve in their own way and heal at their own pace. You have the opportunity to talk about your loss and share your story with others with similar losses. Learn the signs of grief, self-care, & coping strategies. FREE.
Tuesday, Oct 29 Weds, Oct. 30	11:00am-1:00pm	*Soldier Stockings: help us create stocking gifts for soldiers serving overseas by donating needed items, cutting, sewing and/or stuffing the stockings. No experience necessary; Registration Required. FREE.
Thursday, October 31	1:00pm-2:00pm	Halloween Spooktacular: Join us for a spooky-good time and bring a spooky treat; wear a costume and you could win a prize or two! Registration Required. FREE.

M O N D A Y	<p>09:00am-10:00pm: Tap Dance (10/7, [no 10/14] 10/21, 10/28) \$15</p> <p>09:45am-12:00pm: Discussion Group [no 10/14]</p> <p>10:00am-10:45am: Jazz Dance (10/7, [no 10/14] 10/21, 10/28) \$12</p> <p>10:00am-12:00pm: Bocce Ball—Outdoor</p> <p>10:00am-11:00am: Chair Yoga (10/7, [no 10/14] 10/21, [no10/28]) \$14</p> <p>10:30am-12:30pm: *#Ping Pong+ [no 10/14]</p> <p>11:00am-12:45pm: *#Beginner & Intermediate Clogging+ (10/7, [no 10/14] 10/21, 10/28) FREE!</p> <p>12:30pm-03:30pm: Cards & Games: Decide as a group! [no 10/14]</p> <p>01:00pm-02:00pm: Ukulele Group [no 10/14]</p> <p>01:00pm-02:00pm: Soulful Line Dance with Mary & Frank (10/7, [no 10/14] 10/21, 10/28) \$15</p> <p>01:00pm-03:00pm: Quilting Group [no 10/14]</p> <p>02:15pm-03:15pm: <i>Beginner</i> Soulful Line Dance with Linda (10/7, [no 10/14] 10/21, 10/28) \$15</p> <p>02:30pm-03:30pm: *Healthy Bones for Life+ 518-884-4110 *WAITLIST ONLY* [no 10/14]</p>	<p><i>*indicates membership not required #Dept. of Aging Programs: must be 60+ and Saratoga County resident.</i></p>
T U E S D A Y	<p>09:00am-10:00am: Exercise to Tape</p> <p>09:00am-11:30am: Games: Billiards/Pool</p> <p>09:15am-10:15am: *Yoga w/Deanna \$5.00/wk At the Center OR <u>Join Zoom</u></p> <p>10:00am-12:00pm: Cards: 5 Crowns</p> <p>10:30am-12:00pm: Adult Coloring</p> <p>11:30am-03:00pm: *Cards: Duplicate Bridge Group—Sanctioned \$7.00/week</p> <p>12:30pm-03:30pm: Games: Scrabble; Cards: Hand & Foot</p> <p>01:00pm-03:00pm: Open Studio Painting with Cynthia (1st & 3rd Tuesday; 10/1, 10/15)</p> <p>02:00pm-03:00pm: Games: Pokeno NEW!</p>	
W E D N E S D A Y	<p>09:00am-10:00am: Exercise to Tape</p> <p>09:30am-11:30am: Investment Club (2nd & 4th Wednesday; 10/9, 10/23)</p> <p>10:00am-11:00am: Garden Club: <i>Grow Your Groceries!</i></p> <p>10:00am-11:00am: Ukulele Group w/Ron At Center OR <u>Online HERE</u> For Song Sheets click: <u>Here!</u></p> <p>10:00am-12:00pm: Cards: Intermediate Bridge</p> <p>10:00am-12:00pm: Memories to Memoirs (1st & 3rd Wednesday; 10/2, 10/16)</p> <p>10:30am-11:30pm: Meditation (2nd & 4th Wednesday; 10/9, 10/23) \$14</p> <p>11:00pm-01:00pm: *#Ping Pong+</p> <p>12:00pm-02:00pm: Bowling at <i>Spare Time</i> \$12/week shoes, 2 games, and lunch</p> <p>01:00pm-02:00pm: MVP Zumba Gold Toning (9/11 through 11/20 [no 10/9]) FREE!</p> <p>01:00pm-02:30pm: Jewelry Making <i>*New Day!*</i> (2nd & 4th 10/9, 10/23)</p> <p>01:00pm-04:00pm: Knitting and Crocheting</p> <p>01:00pm-04:00pm: Games: Poker, Mahjong—beginners welcome!</p> <p>01:30pm-02:30pm: Country Line Dance with Mary & Frank (10/2, 10/9, 10/16, 10/23, 10/30) \$15</p> <p>02:30pm-03:30pm: *Healthy Bones for Life+ 518-884-4110 *WAITLIST ONLY*</p>	<p>Come enjoy a day at the Southern Saratoga YMCA every 1st and 2nd Wednesday of the month! Just show your CPSCC Card!</p> 
T H U R S D A Y	<p>09:00am-10:00am: Exercise to Tape</p> <p>09:00am-11:30am: Games: Billiards/Pool</p> <p>10:00am-11:30am: Chorus [no 10/17]</p> <p>10:00am-12:00pm: Games: Rummikub</p> <p>10:00am-12:00pm: Mixed-Media Watercolors & Acrylics w/Mary F. \$6/class paid to instructor (10/3, 10/17, 10/31)</p> <p>10:15am-11:15am: *Yoga w/Deanna \$5.00/wk At the Center OR <u>Join Zoom</u></p> <p>12:30pm-04:00pm: Cards: Pinochle</p> <p>01:00pm-02:00pm: Photography Club (2nd & 4th Thursday, 10/10, 10/24)</p> <p>01:00pm-04:00pm: Games: Mahjong</p> <p>02:00pm-04:00pm: *#Indoor Pickleball Lessons+ [no 10/31] NEW!</p>	<p>WE NEED YOUR VOICE! CHORUS OPEN ENROLLMENT! September 12 through October 10</p> <p>We meet on Thursdays, 10:00am to 11:30am</p> <p>ABILITY TO READ MUSIC NOT REQUIRED, BUT HELPFUL</p> <p>Contact the Front Desk TODAY! 518-383-1343</p> <p>COME JOIN US!</p> 
F R I D A Y	<p>09:00am-10:00am: Tap Dance—Advanced (10/4, 10/11, 10/18, 10/25) \$20</p> <p>09:00am-10:55am: Orchestra</p> <p>09:15am-12:00pm: Woodcarving</p> <p>10:00am-10:45pm: Ballet Class (10/4, 10/11, 10/18, 10/25) \$16</p> <p>10:00am-12:00pm: Games: Dominoes/Mexican Train, Bocce Ball</p> <p>10:55am-12:30pm: Big Jazz Band</p> <p>11:00am-11:45am: *#Beginner Jazz Dance+ (10/4, 10/11, 10/18, 10/25) FREE! NEW!</p> <p>12:30pm-04:00pm: Cards: 5 Crowns</p> <p>12:45pm-02:30pm: Games: Bingo [no 10/25]</p> <p>01:00pm-02:00pm: Latin Line Dancing (10/4, 10/11, 10/18, 10/25) \$15</p> <p>01:00pm-04:00pm: Strategy Board Games: Learn to Play Splendor, Hansa Teutonica, Arboretum, Azul & more!</p> <p>01:30pm-04:00pm: *#Strategic Scrabble,</p> <p>02:30pm-03:30pm: *Healthy Bones for Life+ 518-884-4110 *WAITLIST ONLY*</p>	

Where do you want to go in 2024?

CLIFTON PARK SENIOR COMMUNITY CENTER

*Sign up for all trips at least 30 days in advance.

A DAY IN SOUTHERN VERMONT

Thursday, October 10, 2024

- Learn about sugaring, tour the Lincoln Family Home, Hildene and visit the Robert Frost Stone House Museum
- Sandwich buffet lunch at The Hildene Farm and apple pie a la mode at the Apple Barn and Country Bake Shop

7:45am Departure \$115 Members
6:00pm Return \$135 Non-Members

BERKSHIRE TRAIN EXPERIENCE

Saturday, October 26, 2024

- Ride the scenic railway, visit Jaeschke Orchards and Farm Store and enjoy lunch at the Firehouse Cafe and Bistro

9:45am Departure \$75 Members
6:00pm Return \$85 Non-Members

A MOON FOR THE MISBEGOTTEN^{@ MAJESTIC THEATER}

Saturday, November 23, 2024

- Enjoy a luncheon at Tansey's catered Table and this emotional and unforgettable play by Nobel laureate, Eugene O'Neill

9:45am Departure \$88 Members
6:30pm Return \$98 Non-Members

A CHRISTMAS CLASSIC^{@ TURNING STONE CASINO}

Thursday, December 12, 2024

- The hottest hits from the 50s and 60s with beloved holiday songs; starring Chris Rugiero
- \$25 slot play/ \$5 food credit






8:00am Departure \$78 Members
6:30pm Return \$88 Non-Members

We hope you enjoyed traveling with us!

**LOOK FOR
NEW & EXCITING
ADVENTURES
IN 2025!**

SARATOGA COUNTY DEPARTMENT OF AGING & YOUTH SERVICES-October 2024

GATHER & DINE/HOME DELIVERED MEALS 518-363-4020

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Spinach Feta Chicken Buttered Noodles Vegetable Trio WW Dinner Roll Shortbread Cookies	2 Beef Pot Roast w/Gravy Mashed Sweet Potatoes Broccoli Pears	3 Meatballs in Sauce Pasta w/Marinara Sauce Broccoli Fruit Cocktail	4 Egg Salad on Bun Three Bean Salad Marinated Vegetable Salad Apple
7 Roast Pork w/Gravy Mashed Potatoes Butternut Squash Applesauce	8 Chicken Stew Egg Noodles Lima Beans WW Dinner Roll Fresh Orange	9 Beef Pot Roast w/Gravy Mashed Sweet Potatoes Broccoli Pears	10 Pasta Bake w/Meat Sauce Vegetable Trio Wax Beans WW Dinner Roll SF Chocolate Pudding	11 Split Pea Soup w/Ham Cauliflower Warm Apple Crisp Corn Muffin
14 Closed  Columbus Day	15 Meatloaf w/Gravy Mashed Potatoes California Blend Vegetables SF Chocolate Chip Cookies	16 Pesto Chicken Buttered Egg Noodles Stewed Tomatoes WW Dinner Roll Mandarin Oranges	17 Pasta Fagioli w/Sausage Spinach Warm Cranberry Crunch WW Dinner Roll Yogurt	18 Teriyaki Glazed Meatballs Rice Pilaf Asian Blend Vegetables Fruit Cocktail
21 Chicken w/Fiesta Sauce Mashed Sweet Potatoes Vegetable Trio Corn Muffin Peaches	22 Beef & Vegetable Rice Pilaf Green & Wax beans Fruit Cocktail	23 Birthday Special LS Ham w/Cranberry Mustard Sauce Au Gratin Potatoes Mixed Vegetables Frosted Cake 	24 Vegetable Quiche Bake O'Brien Potatoes Warm Berry Crisp Yogurt Fresh Orange	25 Chicken Salad on Bun Macaroni Salad Marinated Green Beans Banana
28 Herb Chicken w/Gravy Stuffing Beets WW Dinner Roll Applesauce	29 Hot Turkey Sandwich on Bun Butternut Squash Warm Cranberry Crunch	30 Breaded Fish Tartar Sauce Macaroni & Cheese Broccoli SF Chocolate Pudding	31 Halloween Special  Chicken Nugget Parmesan Casserole Garlic Broccoli Fiesta Corn w/Red Pepper Dinner Roll Frosted Chocolate Cup Cake w/Orange Frosting	

OKTOBERFEST
AT CPSCC!
Wednesday, October 2
MENU
Pretzels w/Beer Cheese
Brats & Sauerkraut
German Potato Salad
CALL TO RESERVE 518-383-1343

Menu Subject To Change

Coffee, Tea and Butter are served daily at sites. If you have a food allergy, please notify our staff. Allergen information for the menu is available. Please contact Saratoga County Department of the Aging & Youth Services for more details. The suggested contribution is \$2 per meal. There is a \$8 fee for guests under the age of 60. Please make checks payable to: Saratoga County Treasurer, c/o Saratoga County Department Of Aging & Youth Services, 152 West High Street, Ballston Spa, NY 12020

To sign up for the Gather and Dine Lunch Program at the Senior Center, call 518-383-1343 by Noon the day *before* you intend to come to Lunch.

Support our Advertisers when you can...Let them know you appreciate their ad!

Thank You!

*to **Coburg Village**, our September dinner sponsor! The meal was delicious!



*to **Magic Mike** for entertaining us at our Labor Day Potluck; and **to the many cooks and bakers** who fed us!



*to **MVP Healthcare** for bringing back the fun and active Zumba Gold class through November!

*to **Kingsway Community** for sponsoring Sweet Shop Bingo and bringing all the delicious treats and prizes; we had a great time!



*to **our Shen High School volunteers**; we've had computer programmers, musicians and gardeners share their talents and skills with us!

*to **Southern Saratoga Art Society** for painting a beautiful, collaborative seascape with us!

CLIFTON PARK SENIOR COMMUNITY CENTER COVID - 19 PROTOCOL

IF YOU TEST POSITIVE:

STAY HOME FOR AT LEAST FIVE DAYS

Monitor your symptoms, avoid contact with others, and notify the Senior Center.

ISOLATE

You may end isolation after 5 days if you are fever free for 24 hours; continue to isolate if fever persists.

UNTIL AT LEAST DAY 11

Avoid your friends at the Clifton Park Senior Center and others who are more likely to get very sick from COVID-19.

DITCH THE MASK!

After 11 days and symptom free, come back to the Senior Center; mask optional.

*CDC GUIDELINES

CONTACT YOUR PHARMACY TO SCHEDULE A COVID VACCINE

LET'S STAY SAFE!



The Southern Saratoga Art Society will host the 27th annual Judged show, "Autumn Jewels", from October 1 - October 31, 2024 at the Clifton Park Senior Community

Center. This show will feature participating artists from all over the area. A reception will be held on Monday, October 28th at 6:30 p.m. at the Center with prizes being awarded that evening.

Viewing of artwork will be Monday thru Friday (afternoons): 518-383-1343. For more information on SSAS, visit southernsaratogaartist.com

SERVICES FOR YOU

***The Gather & Dine Daily Lunch Program** To Reserve your Lunch: Call by Noon the day before at 518-383-1343. Menu can be found online [HERE](#) or at the Center.

***Free Legal Assistance** offered through the Saratoga County Office for the Aging. Make an appointment by calling 518-884-4100.

***We accept donations of wheelchairs, seated walkers and other items** and loan them out to those who need them!

***Have old prescription medications and not sure what to do with them?** Stop in at the Center to pick up a DETERRA drug deactivation system provided by NYS. This is a safe, convenient and effective way to discard unneeded meds.

***Would you like to Volunteer at the Center?** Opportunities include Front Desk Ambassador, Senior Dinners, Special Programs, Food Pickup, etc. Let us know!

Clifton Park Resident & Member of our Senior Center

LICENSED MEDICARE SALES BROKER



PAUL ZOHN

Cell: 518-461-1945 Office: 518-383-5134
27 Merrall Drive, Clifton Park, NY 12065

THERE HAVE BEEN QUITE A FEW CHANGES TO MEDICARE FOR 2025.

Call 7 days a week; 8:00am to 7:00pm.
Meet in my office or your home.



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Assisted Living
518-434-4663

Peregrine Guilderland
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Assisted Living & Memory Care with Enhanced Services
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Witecki Law Office

8 South Church Street
Schenectady, NY 12305
518-372-2827
www.WiteckiLaw.com

Glenn Witecki provides in-person, free consultations, the 3rd Thursday of **every other month** at the Clifton Park Senior Center (9:00 a.m. – 12:00 p.m.), or in his office any time (evening hours available). **If you are looking for guidance beyond “standard estate planning,” Glenn can help!**

Glenn has been practicing law for 36 years and can help you plan by answering critical questions, including: How can I protect my house if I go into a nursing home?

He will also tell you why a properly-drafted Power of Attorney may be the most important estate planning document that you ever sign!

Call our office directly to set up an appointment. Under special circumstances home visits can be arranged.



Financial Planning, Investments, Insurance & Tax Preparation

518-383-3739

Visit our website...
www.MarAssoc.com

★
Marshall@MarAssoc.net

★
6 Sage Court
Clifton Park, NY 12065



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- Assistance with ADLs including: bathing, showering and feeding
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Home of the *Good Shepherd*

MALTA 26 Rock Rose Way Malta, NY (518) 581-2800	MOREAU 198 Bluebird Rd. Moreau, NY (518) 792-1000	SARATOGA 400 Church Street Saratoga Springs, NY (518) 450-7360	WILTON 60 Waller Rd. Wilton, NY (518) 580-0702
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homeofthegoodshepherd.com



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"We do not offer every plan in your area. Any information we provide is limited to those plans we do offer in your area. Contact medicare.gov or 1-800-MEDICARE to get information on all of your plan options."

Not affiliated or endorsed by the Federal Medicare Program



WE'VE THOUGHT OF Everything!

If you are ready to enjoy carefree, maintenance-free retirement living in a warm, welcoming community, look no further than Coburg Village. We've thought of everything, so that you can simply enjoy life to its fullest!

Come see for yourself. Schedule your tour today. Coburgvillage.com



One Coburg Village Way | Rexford, New York 12148 | (518) 371-5000



Many senior living residences stand alone.

KingswayCommunity stands out.

Kingsway Community is family-owned and operated for over 45 years. Our dedicated professionals have decades of experience providing care, support, comfort, nutrition, security and peace of mind. Comprehensive senior living and healthcare, all on one campus, provides support and peace of mind as needs change.

That's the Kingsway difference.

518-393-8800
kingswaycommunity.com

Skilled Nursing | Rehabilitation | Assisted Living
Memory Care | Senior Apartments | Home Care

TOWNLEY & WHEELER FUNERAL HOME



*Big enough to accommodate,
 Small enough to care.*



KATHLEEN LOWES SANVIDGE
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Proud to be the only New York State
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Trusted stewards of faith and guidance,
 here for your arrangement needs, any day, any time.

TOWNLEY & WHEELER FUNERAL HOME

21 MIDLINE ROAD · BALLSTON LAKE, NY
TOWNLEYWHEELERFH.COM | 518-399-5022



Clifton Park Senior Community Center
6 Clifton Common Court
Clifton Park, NY 12065
(518) 383-1343

TO: CURRENT OCCUPANT OR

Town of Clifton Park Senior Express

- Riders must be 50 years of age or older and live in the Town of Clifton Park.
- A wheelchair lift is available.
- Those needing assistance must be accompanied by an escort.
- Adult handicapped persons under 50 years of age will be considered on a time available basis.

Monday, Tuesday & Thursday:

Medical appointments to the following areas:
 Albany, Schenectady, Troy, Ballston Spa,
 Saratoga, Mechanicville and Latham.

Wednesday & Friday:

Clifton Park shopping and local appointments only.



Call Senior Van Dispatch
 at 518-371-4444
 9:00am – 1:00pm

Town Staff Directory

Town Supervisor Phil Barrett	371-6651
Town Board Members	371-6651
Animal Control Officer	371-6756
Town Attorney Tom McCarthy	371-6651
Assessor Walter Smead	371-6460
Building & Development Director Wade Schoenborn	371-6702
Building & Grounds Director Dan Clemens	371-6651
Town Clerk Teresa Brobston	371-6681
Town Court - 5 Municipal Plaza	371-6668
Town Comptroller Mark Heggen	371-6651
Storm Water Mgmt Technician Scott Reese	371-6054
Highway Superintendent Dahn Bull	371-7310
Parks & Recreation Director Mike Woerner	371-6667
Planning Director John Scavo	371-6054
Receiver of Taxes Rose Savallo	371-5720
Director of Safety & Security Lou Pasquarell	348-7311
Town Security Officers	369-6651
Sewer Director Mike O'Brien	348-7313
Transfer Station	371-6669
Senior Center Director Sue Leonard	383-1343

Email your Town Board

Supervisor Philip C. Barrett:	pbarrett@cliftonpark.org
Deputy Supervisor Anthony F. Morelli:	amorelli@cliftonpark.org
Councilman Zabed Manir:	zmanir@cliftonpark.org
Councilwoman Agatha Reid:	areid@cliftonpark.org
Councilwoman Lynda M. Walowitz:	lwalowitz@cliftonpark.org

The Town's office buildings are open from Monday through Friday, 9 AM to 5 PM, excluding holidays.

The *Town Clerk's* office is open until 7:00 PM every Thursday.

The *Building* and *Parks & Recreation* Departments open at 8:00 AM Monday through Friday.