



Clifton Park Senior Center

December 2024—Monthly Newsletter



Center Hours

Monday-Friday, 9am-4pm
6 Clifton Common Court,
Clifton Park, NY 12065
518-383-1343

Center Closing

CHRISTMAS HOLIDAY

1/2 Day Tuesday, December 24
Wednesday, December 25

NEW YEAR HOLIDAY

1/2 Day Tuesday, December 31
Wednesday, January 1

Incllement Weather Schedule

We follow the Shenendehowa School District for closings and delays. If school is closed or delayed, we follow the same schedule. Check your local news station for updates.



All memberships
expire on
December 31

YOUR 2025
MEMBERSHIP
IS STILL
ONLY
\$20!



Look for a collection box
in the vestibule!

*Collecting new &
unwrapped toys until 12/9



Pretty*Ugly
ORNAMENT EXCHANGE
December 17 @ 12:30pm

BRING ONE:

- Wrapped **pretty** ornament
- Wrapped **ugly** ornament
- Treat to share!

*And don't forget
to wear your
favorite *pretty/ugly*
holiday sweater!

REGISTRATION
REQUIRED

DECEMBER DINNER

WEDNESDAY, DECEMBER 18 AT 5:00PM

\$15 || MEMBERS ONLY

**NEW! ONLY TWO TICKETS PER PERSON AT SIGN UP!
Sign up begins Monday, December 2**

MENU PROVIDED BY
DEETS CATERING

AND *We Do Fondue*
Go With the FLOW!

HONEY GLAZED HAM
MASHED POTATO & VEGETABLES
APPLE SAUCE
DINNER ROLL & SALAD
FONDUE DESSERT

LET'S GET
DRESSED
UP!



Breakfast
with
SANTA

Bring
non-perishable
breakfast items to
donate to the local
food pantry.

Wednesday, December 11 @10am

Snyder's
RESTAURANT



MAR 32
BY PRICE
CHOPPER
KET

*Register at the
Front Desk.

*indicates membership not required

Wednesdays in December NEW!	9:00am-10:00am	Learn the Banjo: learn to play Southern Old Time Clawhammer Banjo with Ron. Violin players welcome to learn southern dance tunes. Instruments and registration required. FREE.
Wednesday, December 4	10:00am-11:00am	National Cookie Day! Celebrate with a Cookie Swap: bring 2 dozen of your favorite cookies (<i>and the recipe</i>) to swap for the favorite cookies from everyone else! Registration required. FREE.
Fridays in December	2:00pm-4:00pm	Indoor Bocce Ball & Ping-Pong: Come and play on our indoor bocce court and ping-pong tables; equipment provided. FREE.
Friday, December 6	11:00am-12:00pm	Traveling Havasys: join CPSCC members Jerry and Geraldine as they share stories from their newly published book <i>Travels with Mary, Mother of God</i> about their trips around the globe, collecting mementos and building on their faith. Registration required. FREE.
Friday, December 6	1:00pm-2:00pm	*Big Band Concert: Live Entertainment with the Center's very own Big Band in our yearly Holiday Concert with special guest, Supervisor Barrett! Reception to follow. FREE.
2nd & 4th Tues in December NEW!	10:30am-12:30pm	"Show Me The Money!": play this fun game that is a cross between poker and bingo; with your playing cards and chip markers you could win big! No registration necessary.
Tuesday, December 10	12:30pm-2:30pm	NYSHIP Retiree Coverage: Meet with Rohdel Green for one-on-one Q&A on continuing NYS retiree health coverage under New York State Health Insurance Program. Registration Required. FREE.
Tuesday, December 10	2:30pm-4:00pm	Collette Travel Presentation: Join us for a full presentation on two trips: Canadian Rockies by Train in 2025 and Southern charm in 2026. Registration required. FREE.
Wednesday, December 11	10:00am-11:00am	Breakfast with Santa: Join us for breakfast and fun with a special jolly guest! Bring a non-perishable item for the food pantry. Registration required. FREE.
Wednesday, December 11	12:30pm-2:00pm	Bagged Lunch & Matinee: B.Y.O.L. (bring your own lunch!) and enjoy <i>Surviving Christmas</i> (2004) A rich executive (Ben Affleck) rents a family for Christmas (James Gandolfini, Christina Applegate) and everything goes wrong! Registration required. FREE.
Thursday, December 12	2:00pm-4:00pm	Free Computer Evaluation: with Kirk F. Is your laptop running slow? Need data backup or repair? Or do you have a general question? Bring it in for a free evaluation! Registration required.
Friday, December 13	10:00am-11:30am	Guest Crafter: Melty Snowman Ornament; join Judy P. and make this cute craft on a wooden coaster. Sample on display at the front desk. Registration required. \$4 cash supply fee.
Friday, December 13	1:00pm-2:30pm	Jewelry Making Class: Sample on display at the front desk. Join us to make lovely holiday gifts; get your holiday shopping done now! Registration required. \$4 cash supply fee.
Friday, December 13	1:00pm-2:00pm	*Orchestra Concert: Live entertainment with the Center's very own Orchestra in our yearly Holiday Concert! Reception to follow. FREE.
Tuesday, December 17	10:00am-11:00am	*Shenendehowa Choir Concert: Shenendehowa High School students will be performing a variety of music—folk songs, contemporary, and holiday classics! FREE.
Tuesday, December 17	12:30pm-1:30pm	Pretty/Ugly Ornament Party: come for the ornaments, stay for the laughter and fun! Bring one pretty ornament and one ugly ornament, individually wrapped, along with a holiday treat to share. Registration required. FREE.
Wednesday, December 18	10:00am-1:00pm	*Alzheimer's Association Office Hours: Join Gwen from Alzheimer's Association for this monthly one-on-one session to answer your questions & provide resources. For appointment 518-888-5846.
Wednesday, December 18	1:00pm-4:00pm	*Dept. of Aging and Youth Services Office Hours: Make an appointment and bring your questions and concerns to this monthly session to see how they can help.
Thursday, December 19	1:00pm-2:00pm	*Chorus Concert: Live Entertainment with the Center's own Senior Chorus in our yearly Holiday Concert! Reception to follow. FREE.
Monday, December 23	2:30pm-4:00pm	*Living with a Loss: with Mary Beth Bradshaw, LMSW: Community Hospice: Drop-in Program. There is no timetable for grieving; people grieve in their own way and heal at their own pace. You have the opportunity to talk about your loss and share your story with others with similar losses. Learn the signs of grief, self-care, & coping strategies. FREE.

WE NEED YOU!
Volunteer in December

BAKE FOR CONCERTS
December 6, 13 & 19

SET UP/SERVE
BREAKFAST WITH SANTA

Weds., December 11 @9am

BINGO CALLER

Fridays in December @12:45pm

Sign up to help at the Front Desk!

Interested in a Book Club?

Meet us on Tuesday, January 21st
at 10:30am for the
first meeting to plan
our first books!







OFFICE HOURS

**By appointment only.*





Saratoga Co. Department of Aging:
1pm-4pm on the third Weds of each month. Contact the Front Desk for appointment.



Alzheimer's Association:
10am-1pm on the third Weds of each month. For appointment 518-888-5846.

M O N D A Y	09:00am-10:00pm: *†Tap Dance (12/2, 12/9 [no 12/16, 12/23, 12/30]) FREE!	*indicates membership not required †Dept. of Aging Programs: must be 60+ and Saratoga County resident.
	09:45am-12:00pm: Discussion Group	
	10:00am-10:45am: *†Jazz Dance (12/2, 12/9 [no 12/16, 12/23, 12/30]) FREE!	
	10:00am-11:00am: Chair Yoga (12/2, 12/9, 12/16, 12/23, 12/30) \$35	
	11:00am-12:45pm: Beginner & Intermediate Clogging (12/2, 12/9, 12/16, [no 12/23, 12/30]) \$21	
	12:30pm-03:30pm: Cards & Games: Decide as a group!	
	01:00pm-02:00pm: Ukulele Group [no 12/2]	
	01:00pm-02:00pm: Soulful Line Dance with Mary & Frank (12/2, 12/9, 12/16, 12/23, 12/30) \$15	
	01:00pm-03:00pm: Quilting Group [no 12/16, 12/23, 12/30]	
	02:15pm-03:15pm: <i>Beginner</i> Line Dance with Linda (12/2, 12/9, 12/16, 12/23, 12/30) \$15	
02:30pm-03:30pm: *†Healthy Bones for Life 518-884-4110 *WAITLIST ONLY*		
T U E S D A Y	09:00am-10:00am: Exercise to Tape	 <p>Come enjoy a day at the Southern Saratoga YMCA every 1st and 2nd Wednesday of the month! Just show your CPSCC Card!</p> <p>Memories to Memoirs</p> <p>Do you like to write about your memories? Come join us on the 1st and 3rd Wednesdays of each month. Be ready to share.</p>
	09:00am-11:30am: Games: Billiards/Pool	
	09:15am-10:15am: *Yoga w/Deanna \$5.00/wk At the Center OR <u>Join Zoom</u>	
	10:00am-12:00pm: Cards: 5 Crowns	
	10:15am-11:15am: QiGong with Rich (12/3, 12/10, 12/17, 12/24, 12/31) \$35 IT'S BACK!!	
	10:30am-12:30pm: Games: "Show Me The Money!" (2nd & 4th Tuesday, 12/10, 12/24)	
	10:30am-12:00pm: Adult Coloring	
	11:00am-12:00pm: Ice Skating at Capital Arena \$5/week , includes skates IT'S BACK!!	
	11:30am-03:00pm: * Cards: Duplicate Bridge Group—Sanctioned \$7.00/week [no 12/24]	
	12:30pm-03:30pm: Games: Scrabble; Cards: Hand & Foot [no 12/24]	
01:00pm-03:00pm: Open Studio Painting with Cynthia (1st & 3rd Tuesday; 12/3, 12/17)		
W E D N E S D A Y	09:00am-10:00am: Exercise to Tape [no 12/25]	 <p>Come enjoy a day at the Southern Saratoga YMCA every 1st and 2nd Wednesday of the month! Just show your CPSCC Card!</p> <p>Memories to Memoirs</p> <p>Do you like to write about your memories? Come join us on the 1st and 3rd Wednesdays of each month. Be ready to share.</p>
	09:00am-10:00am: Learn the Banjo [no 12/4, 12/25]	
	09:30am-11:30am: Investment Club (2nd & 4th Wednesday; 12/11, [no 12/25])	
	10:00am-11:00am: Ukulele Group [no 12/4, 12/25]	
	10:00am-12:00pm: Cards: Intermediate Bridge [no 12/25]	
	10:00am-12:00pm: Memories to Memoirs (1st & 3rd Wednesday; 12/4, 12/18)	
	10:30am-11:30pm: Meditation (2nd & 4th Wednesday; 12/11 [no 12/25]) \$7	
	11:00pm-01:00pm: *†Ping Pong [no 12/25]	
	12:00pm-02:00pm: Bowling at Spare Time \$12/week shoes, 2 games, and lunch	
	01:00pm-04:00pm: Knitting and Crocheting [no 12/25]	
01:00pm-04:00pm: Games: Poker, Mahjong @12:30pm—beginners welcome! [no 12/25]		
01:30pm-02:30pm: Country Line Dance with Mary & Frank (12/4, 12/11, 12/18 [no 12/25]) \$15		
02:30pm-03:30pm: *†Healthy Bones for Life 518-884-4110 *WAITLIST ONLY* [no 12/25]		
T H U R S D A Y	09:00am-10:00am: Exercise to Tape	 <p>Come enjoy a day at the Southern Saratoga YMCA every 1st and 2nd Wednesday of the month! Just show your CPSCC Card!</p> <p>Memories to Memoirs</p> <p>Do you like to write about your memories? Come join us on the 1st and 3rd Wednesdays of each month. Be ready to share.</p>
	09:00am-11:30am: Games: Billiards/Pool	
	10:00am-11:30am: Chorus	
	10:00am-12:00pm: Games: Rummikub	
	10:00am-12:00pm: Mixed-Media Watercolors & Acrylics w/Mary F. \$6/class paid to instructor (12/12 [no 12/26])	
	10:15am-11:15am: *Yoga w/Deanna \$5.00/wk At the Center OR <u>Join Zoom</u>	
	12:30pm-04:00pm: Cards: Pinochle	
	01:00pm-02:00pm: Photography Club (2nd & 4th Thursday, 12/12, 12/26)	
	12:30pm-04:00pm: Games: Mahjong	
	02:00pm-04:00pm: *†Indoor Pickleball (No lessons) (2:30pm on 12/19)	
F R I D A Y	09:00am-10:00am: *†Tap Dance—Advanced (12/6, 12/13 [no 12/20, 12/27]) FREE!	 <p>Come enjoy a day at the Southern Saratoga YMCA every 1st and 2nd Wednesday of the month! Just show your CPSCC Card!</p> <p>Memories to Memoirs</p> <p>Do you like to write about your memories? Come join us on the 1st and 3rd Wednesdays of each month. Be ready to share.</p>
	09:00am-10:55am: Orchestra	
	09:15am-12:00pm: Woodcarving	
	10:00am-10:45pm: *†Ballet Class (12/6, 12/13 [no 12/20, 12/27]) FREE!	
	10:00am-12:00pm: Games: Dominoes/Mexican Train, Bocce Ball	
	10:55am-12:30pm: Big Jazz Band	
	12:30pm-04:00pm: Cards: 5 Crowns	
	12:45pm-02:30pm: Games: Bingo [no 12/13]	
	01:00pm-02:00pm: Latin Line Dancing ([no 12/6] 12/13, 12/20, 12/27) \$15	
	01:00pm-02:30pm: Jewelry Making (2nd Friday: organized project, see front desk; 4th Friday: BYO project)	
	01:00pm-04:00pm: Strategy Board Games: Learn to Play Splendor, Hansa Teutonica, Arboretum, Azul & more!	
	01:30pm-04:00pm: *†Strategic Scrabble	
	02:00pm-04:00pm: Indoor Bocce Ball and Ping Pong (2:30pm on 12/6, 12/13)	
	02:30pm-03:30pm: *†Healthy Bones for Life 518-884-4110 *WAITLIST ONLY* IT'S BACK!!	

SARATOGA COUNTY DEPARTMENT OF AGING & YOUTH SERVICES-DECEMBER 2024
GATHER & DINE/HOME DELIVERED MEALS 518-363-4020

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken w/Fiesta Sauce Rice Pilaf Vegetable Trio Corn Muffin Peaches	3 Italian Style Meatloaf Garlic Mashed Potatoes Green Beans SF Chocolate Chip Cookies	4 Hot Turkey Sandwich on Bun Butternut Squash Broccoli Pumpkin Muffin	5 LS Ham w/Cranberry Mustard Sauce Au Gratin Potatoes Mixed Vegetables Applesauce	6 Vegetable Quiche Bake O'Brien Potatoes Warm Berry Crisp Yogurt Fresh Orange
9 Beef Pot Roast w/Gravy Mashed Potatoes Broccoli Pears	10 Apple Glazed Pork Oven Roasted Sweet Potatoes Red Cabbage WW Dinner Roll SF Oatmeal Cookies	11 Chicken Salad on Bun Macaroni Salad Marinated Vegetable Salad Fresh Pear	12 Breaded Fish Tartar Sauce Macaroni & Cheese California Blend Vegetables SF Chocolate Pudding	13 Chili Spinach Cauliflower Corn Muffin Fruit Cocktail
16 Roast Pork w/Tarragon Sauce Mashed Potatoes Asparagus Vegetable Medley Applesauce	17 Beef & Broccoli Rice Pilaf Green & Wax beans Fruit Cocktail	18 Herb Chicken w/Gravy Stuffing Beets WW Dinner Roll Applesauce	19 Split Pea Soup w/Ham Cauliflower Warm Apple Crisp Corn Muffin	20 Christmas Special Meat Lasagna Garlic Broccoli Baby Carrots Dinner Roll Cheesecake w/Strawberry Sauce & Whipped Cream 
23 Pulled BBQ Beef on Bun Vegetable Trio Warm Berry Crisp	24 Birthday Special Spinach Feta Chicken Buttered Noodles Peas & carrots WW Dinner Roll Frosted Cake 	25 Closed 	26 Meatballs In Sauce Pasta w/Marinara Sauce Broccoli Fruit Cocktail	27 LS Turkey & Swiss Cheese on Bun Mayonnaise Marinated Carrots Three Bean Salad Mandarin Oranges
30 Spanish Beef & Rice Casserole Mixed Vegetables Warm Peach Crisp Corn Muffin	31 Chicken Stew Egg Noodles Lima Beans WW Dinner Roll Fresh Orange			

Menu Subject To Change

Coffee, Tea and Butter are served daily at sites. If you have a food allergy, please notify our staff. Allergen information for the menu is available. Please contact Saratoga County Department of the Aging & Youth Services for more details. The suggested contribution is \$2 per meal. There is a \$8 fee for guests under the age of 60. Please make checks payable to: Saratoga County Treasurer, c/o Saratoga County Department Of Aging & Youth Services, 152 West High Street, Ballston Spa, NY 12020

To sign up for the Gather and Dine Lunch Program at the Senior Center, call 518-383-1343 by Noon the day *before* you intend to come to Lunch.

Support our Advertisers when you can...Let them know you appreciate their ad!

Thank You!

*to **Home of the Good Shepherd** for the delicious Italian dinner; to **DJ Ernie** and the **Shen Showstoppers** for another great performance!



*to our **Election Day Bake Sale and Book Sale volunteers**; what an amazing job!

*to **volunteers who sewed, decorated and filled soldier stockings**; and to the many of you who donated items, games and candy for the stockings; *we created and filled 180 stockings that have been shipped by Blue Star Mothers.*

*to our **Veterans** for your service.

*to **IHOP of Clifton Park** for your donation of a wonderful breakfast for our veterans; and to the **participants who donated** to the Veterans & Community Housing Coalition food pantry—we also sent them home with 100 of our sewn and decorated stockings!



*to **Bowman Orchards** and **Dolce & Biscotti** for the donation of cakes, pies and sweet breads; *we enjoyed every bite!*

CLIFTON PARK SENIOR COMMUNITY CENTER COVID - 19 PROTOCOL

IF YOU TEST POSITIVE:

STAY HOME FOR AT LEAST FIVE DAYS

Monitor your symptoms, avoid contact with others, and notify the Senior Center.

ISOLATE

You may end isolation after 5 days if you are fever free for 24 hours; continue to isolate if fever persists.

UNTIL AT LEAST DAY 11

Avoid your friends at the Clifton Park Senior Center and others who are more likely to get very sick from COVID-19.

DITCH THE MASK!

After 11 days and symptom free, come back to the Senior Center; mask optional.

*CDC GUIDELINES

CONTACT YOUR PHARMACY TO SCHEDULE A COVID VACCINE

LET'S STAY SAFE!



The Southern Saratoga Art Society will be exhibiting at the Clifton Park Senior Community Center during November and December, 2024. Members of SSAS will participate in a themed show called "Artwork inspired by a song".

Viewing of artwork will be Monday thru Friday (afternoons): 518-383-1343.
For more information on SSAS, visit southernsarotogaartist.com

SERVICES FOR YOU

***The Gather & Dine Daily Lunch Program** To Reserve your Lunch: Call by Noon the day before at 518-383-1343. Menu can be found online [HERE](#) or at the Center.

***Free Legal Assistance** offered through the Saratoga County Office for the Aging. Make an appointment by calling 518-884-4100.

***We accept donations of wheelchairs, seated walkers and other items** and loan them out to those who need them!

***Have old prescription medications and not sure what to do with them?** Stop in at the Center to pick up a DETERRA drug deactivation system provided by NYS. This is a safe, convenient and effective way to discard unneeded meds.

***Would you like to Volunteer at the Center?** Opportunities include Front Desk Ambassador, Senior Dinners, Special Programs, Food Pickup, etc. Let us know!

Clifton Park Resident & Member of our Senior Center

LICENSED MEDICARE SALES BROKER



PAUL ZOHN

Cell: 518-461-1945 Office: 518-383-5134
27 Merrall Drive, Clifton Park, NY 12065

THERE HAVE BEEN QUITE A FEW CHANGES TO MEDICARE FOR 2025.

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"We do not offer every plan in your area. Any information we provide is limited to those plans we do offer in your area. Contact medicare.gov or 1-800-MEDICARE to get information on all of your plan options."

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Communities in the Albany Area

Peregrine Clifton Park
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518-371-2200

Peregrine Colonie
Memory Care with Enhanced Services
518-456-4500

Peregrine Crossgate
Independent Living & Assisted Living
518-869-0211

Peregrine Delmar Place
Assisted Living
518-434-4663

Peregrine Guilderland
Assisted Living & Memory Care with Enhanced Services
518-218-0506

Peregrine Shaker
Assisted Living & Memory Care with Enhanced Services
518-465-4444

peregrineseniorliving.com



Witecki Law Office

8 South Church Street
Schenectady, NY 12305
518-372-2827
www.WiteckiLaw.com

Glenn Witecki provides in-person, free consultations, the 3rd Thursday of **every other month** at the Clifton Park Senior Center (9:00 a.m. – 12:00 p.m.), or in his office any time (evening hours available).
If you are looking for guidance beyond “standard estate planning,” Glenn can help!

Glenn has been practicing law for 36 years and can help you plan by answering critical questions, including: How can I protect my house if I go into a nursing home?

He will also tell you why a properly-drafted Power of Attorney may be the most important estate planning document that you ever sign!

Call our office directly to set up an appointment. Under special circumstances home visits can be arranged.



Seniors Love Eddy Senior Living

- a full-service/maintenance-free retirement lifestyle
- an array of superior services and amenities
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Home of the
Good Shepherd

MALTA	MOREAU	SARATOGA	WILTON
26 Rock Rose Way Malta, NY (518) 581-2800	198 Bluebird Rd. Moreau, NY (518) 792-1000	400 Church Street Saratoga Springs, NY (518) 450-7360	60 Waller Rd. Wilton, NY (518) 580-0702

homeofthegoodshepherd.com



**Many senior living
residences stand alone.**



KingswayCommunity stands out.

Kingsway Community is family-owned and operated for over 45 years. Our dedicated professionals have decades of experience providing care, support, comfort, nutrition, security and peace of mind. Comprehensive senior living and healthcare, all on one campus, provides support and peace of mind as needs change.

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**Skilled Nursing | Rehabilitation | Assisted Living
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Clifton Park Senior Community Center
 6 Clifton Common Court
 Clifton Park, NY 12065
 (518) 383-1343

Where do you want to go in 2025/26?
COLLETTE TOURS-TRAVEL PRESENTATIONS:

DECEMBER 10 LEARN ABOUT AND SIGN UP @ 2:30PM: FOR THESE AMAZING TRIPS

CANADIAN ROCKIES: SEPTEMBER 2025

Vancouver, Kamloops, Lake Louise, Banff & Calgary

SOUTHERN CHARM: APRIL 2026

Charlston, Savanah, St. Simons Island, Jekyll Island and more!

WE STILL HAVE ROOM ON THIS GREAT TRIP! **A CHRISTMAS CLASSIC @ TURNING STONE CASINO**
 Thursday, December 12, 2024
 The hottest hits from the 50s and 60s with beloved holiday songs; \$25 in FREE play and lunch

Town of Clifton Park Senior Express

- Riders must be 50 years of age or older and live in the Town of Clifton Park.
- A wheelchair lift is available.
- Those needing assistance must be accompanied by an escort.
- Adult handicapped persons under 50 years of age will be considered on a time available basis.

Monday, Tuesday & Thursday:

Medical appointments to the following areas:
 Albany, Schenectady, Troy, Ballston Spa,
 Saratoga, Mechanicville and Latham.

Wednesday & Friday:

Clifton Park shopping and local appointments only.



Call Senior Van Dispatch
 at 518-371-4444
 9:00am – 1:00pm

Town Staff Directory

Town Supervisor Phil Barrett	371-6651
Town Board Members	371-6651
Animal Control Officer	371-6756
Town Attorney Tom McCarthy	371-6651
Assessor Walter Smead	371-6460
Building & Development Director Wade Schoenborn	371-6702
Building & Grounds Director Dan Clemens	371-6651
Town Clerk Teresa Brobston	371-6681
Town Court - 5 Municipal Plaza	371-6668
Town Comptroller Mark Heggen	371-6651
Storm Water Mgmt Technician Scott Reese	371-6054
Highway Superintendent Dahn Bull	371-7310
Parks & Recreation Director Mike Woerner	371-6667
Planning Director John Scavo	371-6054
Receiver of Taxes Rose Savallo	371-5720
Director of Safety & Security Lou Pasquarell	348-7311
Town Security Officers	369-6651
Sewer Director Mike O'Brien	348-7313
Transfer Station	371-6669
Senior Center Director Sue Leonard	383-1343

Email your Town Board

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Deputy Supervisor Anthony F. Morelli:	amorelli@cliftonpark.org
Councilman Zabed Manir:	zmanir@cliftonpark.org
Councilwoman Agatha Reid:	areid@cliftonpark.org
Councilwoman Lynda M. Walowitz:	lwalowitz@cliftonpark.org

The Town's office buildings are open from Monday through Friday, 9 AM to 5 PM, excluding holidays.
 The *Town Clerk's* office is open until 7:00 PM every Thursday.
 The *Building* and *Parks & Recreation* Departments open at 8:00 AM Monday through Friday.