



# Clifton Park Senior Community Center NEWSLETTER

6 Clifton Common Court, Clifton Park, New York 12065 || ph: 518-383-1343

## APRIL 2025

**CENTER HOURS**  
Monday-Friday, 9am-4pm

### WHAT'S NEW?

*May is National Pet Month!*  
We'll be collecting donations in April for the Saratoga County Animal Shelter:  
\*Purina kitten chow  
\*Kitten milk replacement  
\*Cat treats & toys  
And making animal beds in May!

*Send in pictures of your pets!*  
For National Pet Month we'll display pics of our furry friends on the CPSCC TVs.  
Send to Stacie at  
SAgostino@cliftonpark.org

*Beware of the fools on April Fools Day!* We just might have a few tricks up our sleeves...

*Lost and found:*  
Did you find a tall black cup with the name "Gurinder Garcha" on it? Let us know!

*Only a few seats left!*  
Get your tickets for the Fashion Show on April 27 before they sell out.

*What vaccine do you need?*  
We're setting up a vaccine clinic in May—sign up at the front desk for shingles, pneumonia, or whatever shot you need!

## VOLUNTEER CORNER

*Sign up at the Front Desk!*

### Front Desk

Answer the phone,  
greet members,  
answer questions,  
and make coffee

**Dinner & special event**  
*set up and serve*

**100th Birthday set up**  
Monday, April 7 @ 12:00pm


Join us for  
**Dinner & Murder**

WEDNESDAY, APRIL 16 @ 5:00PM

Featuring the Adirondack Flatline Players in  
**Murder on the Set! The Final Curtain**

While filming a reboot of a famous 70's TV show, one of the actresses takes her final bow. In typical Hollywood fashion, there is just as much drama offstage as there is onstage. We peel back the curtain to discover that several people have their reasons for wanting her out of the picture.....

**MENU**  
Prepared by Maria's Cafe & Catering  
Chicken Marsala  
Roasted Potatoes  
Green Beans  
Garden Salad & Dinner Rolls  
Cupcakes

Sponsored by  


Limit 4  
tix per  
person

\$15  
Members Only

**Sign up begins Tuesday, April 1**

**Happy 100th Birthday Toni!**  
**Let's celebrate!** Monday, April 7 @ 12:30pm

**Bring an appetizer or finger food to share--we'll take care of the cake!**

Toni, a proud Schenectady native, graduated with honors and initially pursued her dreams in accounting. Though Bentley College in Boston denied her admission because they did not accept women at the time, she went on to have a fulfilling 32-year career with General Electric as a secretary.

In 1947, she married Nicholas, together they raised two daughters. A particularly special memory is the beautiful wedding dress her mother-in-law made from a nylon parachute Nicholas brought home after serving in WWII. This dress now resides in the National WWII Museum in New Orleans.

Toni's love for family was reflected in her favorite vacation spots, including the beach cottage in Dennis Port, Cape Cod, and her many trips to Lake George. She also dedicated her time to various volunteer organizations, including the Red Cross, Fire Department, Salvation Army, Food Pantry, and Shriners Children's Hospital, earning the Lifetime Achievement Award from Schenectady County for her efforts.

Active and engaged, Toni remains an enthusiastic participant in the Clifton Park Seniors community, where she enjoys an array of dance classes including Country Line Dancing, Clogging, Modern Line Dance Fusion. She also enjoys Square Dancing, Ballroom Dancing, and Bowling. She dances five days a week and truly exemplifies the joy of staying active.


Toni attributes her longevity to good genes—both of her parents lived healthy lives into their mid-90s. She is a firm believer in staying active and always encourages others with her mantra: "Get up off that chair and go do something."

Toni will also celebrate with 100 wings this year—what a fitting way to mark her centennial!

We look forward to celebrating with you and honoring this incredible woman who continues to inspire those around her.







**CHECK PAGE 4 FOR TRIP INFORMATION!**

Tuesdays in April	12:30pm-4:00pm	<b>*Learn to Play Mahjong:</b> with Maddy. Come and find out why this tile game has been around for over 2,500 years! <b>Registration required. FREE.</b> (sponsored by Dept. of Aging)
<b>Wednesdays in April</b> <b>NEW!</b>	10:00am-12:00pm	<b>*Memories to Memoirs:</b> a writing workshop for adults who would like a gentle, supportive atmosphere and thought-provoking assignments. Stories submitted at the end of the workshop are bound into a booklet and added to <b>Clifton Park-Halfmoon Library's</b> book collection. <b>Registration required. FREE.</b>
Thursdays in April <b>NEW!</b>	9:00am-10:00am	<b>*Exercise with Carlie:</b> work out with senior friendly exercises at your own pace with instructor, Carlie. <b>Registration required. FREE.</b> (replaces Exercise to Tape for April)
Thursdays in April	2:00pm-4:00pm	<b>*Intro to Pickleball – Lessons:</b> on our indoor court at CPSCC; brand new players can learn the basics with an instructor: equipment, unique lingo, score keeping, court position, and the fundamentals of serve, return, and volley. <b>Registration required. FREE</b> (sponsored by Dept. of Aging)
Thursday April 3	10:00am-12:30pm	<b>*To Love a Child Project:</b> Crafting reusable menstrual pads on the first Thursday of the month for girls around the world who lack access. We need your help to draw, cut, assemble or sew the pads together. We are in need of: plastic snaps size 16 (Babyville) and PUL (Poly Urethane Laminate) Fabric. Use our sewing machines or bring your own. <b>Registration required, but sewing skills are not!</b>
Tuesday, April 8	9:30am-11:30am	<b>Light Mending with Patti:</b> Drop In, Drop Off, Pick Up later; 2-3 items bagged, with your name, phone # and what needs to be mended—bring supplies if needed (buttons, etc.) <b>No alterations. Laundered Clothing Items Only.</b>
Tuesday, April 8	10:45am-11:45am	<b>Just Say Yes to Fruits and Vegetables:</b> This program educates on the importance of fruit and vegetable intake and how to find more affordable access to fresh produce. Each class consists of an interactive nutrition lesson followed by a recipe demonstration. <b>Second Tuesday. Registration required. FREE.</b>
Wednesdays April 9-June 18 <b>NEW!</b>	1:00pm-2:00pm	<b>*MVP Zumba Gold Toning:</b> blends the Zumba® party you love at a slower pace with a redefining total body workout; tailored for active older adults, who want to focus on muscle conditioning and light weight activity. <b>Registration Required. FREE.</b> (sponsored by  MVP)
Friday, April 11	1:00pm-2:30pm	<b>*Jewelry Making Class:</b> Sample on display at the front desk. Join us to make lovely gifts for friends...or for yourself! <b>Registration required. FREE.</b> (sponsored by Dept. of Aging)
Wednesday, April 16	10:30am-11:30am	<b>Graceful Aging:</b> with Chuck Oakes; an informative and supportive discussion session where challenges and ideas are shared. Whether caregiver or care receiver, you are welcome. <b>Registration required. FREE.</b>
Wednesday, April 16	1:00pm-4:00pm	<b>*Dept. of Aging and Youth Services Office Hours:</b> Make an appointment and bring your questions and concerns to this monthly session to see how the Department can help.
Wednesday, April 16 & 30	3:00pm-4:00pm	<b>Computer Skills Tutoring:</b> Shen High School students will guide us through the use of our phones, tablets and computers. <b>Registration required. FREE.</b>
Thursday, April 17	9:00am-12:00pm	<b>*Alzheimer's Association Office Hours:</b> Join Gwen from Alzheimer's Association for this monthly one-on-one session to answer your questions & provide resources. For appointment 518-888-5846.
Thursday, April 17 <b>NEW!</b>	10:00am-11:00am	<b>CPSCC Golf League Registration Meeting:</b> We are looking for new golfers to join this active league; we meet Thursdays at 7:30am at the Barney Road Par 3 Golf Course. (sponsored by CDPHP)
Monday, April 21	11:00am-12:30pm	<b>Lunch &amp; Learn: CAPTAIN</b> has been an integral part of our community for decades serving people of all ages. This is an opportunity to learn more about CAPTAIN's mission and future plans from long time leaders of the organization. Refreshments will be served. <b>Registration required. FREE.</b>
Tuesday, April 22	10:30am-12:00pm	<b>Book Club:</b> Participate in a discussion on <i>The Life Cycle of the Common Octopus</i> by Emma Knight. Books not provided. Book for May 20: <i>Remarkably Bright Creatures</i> by Shelby Van Pelt
Tuesday, April 22	12:30pm	<b>*Decorative Vase Making:</b> with Mary E.; come and add to your spring décor with this pretty spring craft. Sample on display at the front desk. <b>Registration required. FREE.</b> (sponsored by Dept. of Aging)
Tuesday, April 22	1:00pm-2:30pm	<b>Caregivers Discussion Group:</b> with Cathy R. LMHC, CRC; is open to anyone caring for someone who is sick, elderly, disabled or having memory problems. Learn tools and techniques to help with the daily challenges of being a caregiver and to share your caregiving experience. <b>Registration required. FREE.</b>
Thursday, April 24	1:30pm-3:30pm	<b>*Musical Jam Session with Chuck Oakes:</b> Whether you play an instrument or just want to listen; if you enjoy acoustic music stop by on the <b>Fourth Thursday. FREE.</b>
Monday, April 28	2:30pm-4:00pm	<b>*Living with a Loss: with Mary Beth Bradshaw, LMSW: Community Hospice:</b> Drop-in Program. There is no timetable for grieving; people grieve in their own way and heal at their own pace. You have the opportunity to talk about your loss and share your story with others with similar losses. Learn the signs of grief, self-care, & coping strategies. <b>FREE.</b>
Wednesday, April 30	9:00am-10:00am	<b>Alert! Senior Scams:</b> older adults lose billions of dollars each year to scams and fraud; get tips to protect yourself and your money from Trooper Steven Rothwein. <b>Registration required. FREE.</b>




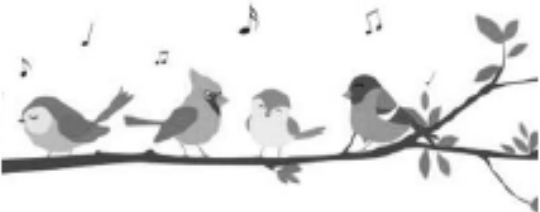
**\*DEFENSIVE DRIVING COURSE:** Thursday, May 22, 9am to 4pm. \$32, check payable to *Armand Canestraro*

**\*Play Pickleball Indoors!** @YMCA, 1 Wall Street, Clifton Park  
First two Wednesdays of the month; 12:15pm-2:45pm  
4 courts—first come, first served (YMCA membership not required; sr. center membership required)

**\*Play Pickleball Outdoors!** @Veterans Park  
695 MacElroy Road, Ballston Lake; Thursdays; 2:00pm-4:00pm  
12 courts—first come, first served

<b>M O N D A Y</b>	09:00am-10:00am:	*+Tap Dance (4/7, 4/14, 4/21, 4/28) <b>FREE!</b>	<b>*indicates membership not required †Dept. of Aging Programs: must be 60+ and Saratoga County resident.</b>
	09:30am-10:30am:	Chair Yoga (4/7, 4/14, 4/21, 4/28) <b>\$28 TIME CHANGE!</b>	
	09:45am-12:00pm:	Discussion Group	
	10:00am-10:45am:	*+Jazz Dance (4/7, 4/14, 4/21, 4/28) <b>FREE!</b>	
	10:00am-12:00pm:	Bocce Ball— <i>Outdoor</i>	
	11:00am-12:45pm:	Beginner & Intermediate Clogging (4/7, [no 4/14] 4/21, 4/28) <b>\$21</b>	
	12:30pm-03:30pm:	<b>Cards &amp; Games:</b> Decide as a group!	
	01:00pm-02:00pm:	Ukulele Group	
	01:00pm-02:00pm:	<i>Modern Line Dance Fusion</i> with Mary & Frank (4/7 starting at 1:30pm, 4/14, 4/21, 4/28) <b>\$15</b>	
	01:00pm-03:00pm:	Quilting Group	
	02:30pm-03:30pm:	*+Healthy Bones for Life 518-884-4110 *WAITLIST ONLY*	
<b>T U E S D A Y</b>	09:00am-10:00am:	Exercise to Tape	 <p>Come enjoy a day at the Southern Saratoga YMCA every 1st and 2nd Wednesday of the month! Just show your CPSCC Card!</p>
	09:00am-11:30am:	<b>Games:</b> Billiards/Pool	
	09:15am-10:15am:	*Yoga w/Deanna <b>\$5.00/wk</b> At the Center OR <b>Join Zoom</b>	
	10:00am-12:00pm:	<b>Cards:</b> 5 Crowns	
	10:15am-11:15am:	QiGong with Rob (4/1, 4/8, 4/15, 4/22, 4/29) <b>\$35</b>	
	10:30am-12:00pm:	Adult Coloring	
	11:00am-12:00pm:	Ice Skating at <i>Capital Arena</i> <b>\$5/week pd. at ice rink</b> , includes skates	
	11:30am-03:00pm:	* <b>Cards:</b> Duplicate Bridge Group—Sanctioned <b>\$7.00/week</b>	
	12:30pm-03:30pm:	<b>Games:</b> Scrabble; <b>Cards:</b> Hand & Foot	
01:00pm-03:00pm:	Open Studio Painting with Cynthia (1st & 3rd Tuesday; 4/1, 4/15)		
<b>W E D N E S D A Y</b>	09:00am-10:00am:	Exercise to Tape	 <p><b>Memories to Memoirs</b> Do you like to write about your memories? Come join us every Wednesday in April for a special session. Be ready to share.</p>
	09:00am-10:00am:	Learn the Banjo	
	09:30am-11:30am:	Investment Club (2nd & 4th Wednesday; 4/9, 4/23)	
	10:00am-11:00am:	Ukulele Group	
	10:00am-11:30am:	*+Garden Club: <i>Grow your own groceries!</i>	
	10:00am-12:00pm:	<b>Cards:</b> Intermediate Bridge; <b>Creative:</b> Memories to Memoirs <i>special weekly workshop in April!</i>	
	10:30am-11:30am:	Meditation (2nd & 4th Wednesday; 4/9, 4/23) <b>\$14</b>	
	11:00pm-01:00pm:	*+Indoor Ping Pong	
	12:00pm-02:00pm:	Bowling at <i>Spare Time</i> <b>\$12/week</b> shoes, 2 games, and lunch	
	12:30pm-04:00pm:	<b>Games:</b> Mahjong	
	01:00pm-01:45pm:	*MVP Zumba® Gold Toning (4/9 through 6/18) <b>FREE!</b> (sponsored by MVP)	
	01:00pm-02:00pm:	Country Line Dance with Mary & Frank (4/2, 4/9, 4/16, 4/23, 4/30) <b>\$15 TIME CHANGE!</b>	
	01:00pm-04:00pm:	<b>Games:</b> Poker; <b>Creative:</b> Knitting and Crocheting	
02:30pm-03:30pm:	*+Healthy Bones for Life 518-884-4110 *WAITLIST ONLY*		
<b>T H U R S D A Y</b>	09:00am-10:00am:	Exercise with Carlie <b>FREE!</b> (formerly Exercise to Tape) <b>NEW!</b>	 <p><b>Memories to Memoirs</b> Do you like to write about your memories? Come join us every Wednesday in April for a special session. Be ready to share.</p>
	09:00am-11:30am:	<b>Games:</b> Billiards/Pool	
	10:00am-11:30am:	Chorus Rehearsal	
	10:00am-12:00pm:	<b>Games:</b> Rummikub	
	10:00am-12:00pm:	Mixed-Media Watercolors & Acrylics w/Mary F. <b>\$6/class</b> paid to instructor (2nd & 4th Thursday 4/10, 4/24)	
	10:15am-11:15am:	*Yoga w/Deanna <b>\$5.00/wk</b> At the Center OR <b>Join Zoom</b>	
	12:30pm-04:00pm:	<b>Cards:</b> Pinochle <b>Games:</b> Mahjong	
	01:00pm-02:00pm:	Photography Club (2nd & 4th Thursday, 4/10, 4/24)	
	02:00pm-04:00pm:	*+Indoor Pickleball Lessons (4/3, 4/10, 4/17, 4/24) <b>FREE!</b>	
<b>F R I D A Y</b>	09:00am-10:00am:	*+Tap Dance— <i>Advanced</i> (4/4, 4/11, [no 4/18], 4/25) <b>FREE!</b>	 <p><b>Memories to Memoirs</b> Do you like to write about your memories? Come join us every Wednesday in April for a special session. Be ready to share.</p>
	09:00am-10:55am:	Orchestra Rehearsal	
	09:15am-12:00pm:	Woodcarving	
	10:00am-10:45am:	*+Ballet Class (4/4, 4/11, [no 4/18], 4/25) <b>FREE!</b>	
	10:00am-12:00pm:	<b>Games:</b> Dominoes/Mexican Train; Bocce Ball— <i>Outdoor</i>	
	10:55am-12:30pm:	Big Jazz Band Rehearsal	
	12:30pm-04:00pm:	<b>Cards:</b> 5 Crowns	
	12:45pm-02:30pm:	<b>Games:</b> Bingo	
	01:00pm-02:00pm:	Latin Line Dancing (4/4, 4/11, 4/18, 4/25) <b>\$15</b>	
	01:00pm-02:30pm:	*+Jewelry Making (2nd Friday: organized project, see front desk; 4th Friday: BYO project)	
	01:00pm-04:00pm:	<b>Strategy Board Games:</b> Learn to Play Splendor, Hansa Teutonica, Arboretum, Azul & more!	
	01:30pm-04:00pm:	*+Strategic Scrabble	
	02:00pm-04:00pm:	<i>Outdoor</i> Bocce Ball and Ping Pong	
02:30pm-03:30pm:	*+Healthy Bones for Life 518-884-4110 *WAITLIST ONLY*		

**SARATOGA COUNTY DEPARTMENT OF AGING & YOUTH SERVICES-April 2025**  
**GATHER & DINE/HOME DELIVERED MEALS 518-363-4020**

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Fiesta Meatloaf w/Gravy Mashed Potato Mixed Vegetables WW Dinner Roll Applesauce	<b>2</b> Chicken and Biscuit Broccoli Butternut Squash Shortbread Cookies	<b>3</b> Beef & Broccoli Rice Pilaf Green & Wax beans Fruit Cocktail	<b>4</b> Eggplant Parmesan Pasta w/Marinara Sauce Asparagus Vegetable Medley WW Dinner Roll Yogurt
<b>7</b> Cubed Pork & White Bean Casserole Spinach Warm Apple Crisp WW Dinner Roll	<b>8</b> Turkey Divan Rice Pilaf Butternut Squash Pumpkin Muffin Applesauce	<b>9</b> Chicken Salad on Bun Potato Salad Marinated Vegetable Salad Brownie	<b>10</b> Meatballs in Sauce Pasta w/Sauce Mixed Vegetables Mandarin Oranges	<b>11</b> Macaroni & Cheese Stewed Tomatoes Broccoli Yogurt
<b>14</b> Baked Chicken w/Gravy Mashed Sweet Potato Vegetable Trio SF Chocolate Cookies	<b>15</b> Italian Stew Egg Noodles Green Beans WW Dinner Roll SF Vanilla Pudding	<b>16</b> Sliced Pork w/Gravy Mashed Potatoes Beets Mandarin Oranges	<b>17 Easter Special</b> LS Ham w/Cranberry Mustard Sauce Au Gratin Potatoes Glazed Baby Carrots Dinner Roll Frosted Lemon Cake 	<b>18</b> Tuna Noodle Casserole Peas & Carrots Broccoli Corn Muffin Fig Cookies
<b>21</b> Meatloaf w/Gravy Mashed Potatoes California Blend Vegetables Shortbread Cookies	<b>22</b> LS Turkey & Swiss on Bun Mayonnaise Macaroni Salad Marinated Green Beans Mandarin Oranges	<b>23</b> Pasta Bake w/Meat Sauce Broccoli Wax Beans WW Dinner Roll Pears	<b>24</b> Beef Pot Roast w/Gravy Red Potatoes Carrots Applesauce	<b>25</b> Turkey Chili Beets Mixed Vegetables Corn Muffin Yogurt
<b>28</b> Chicken Florentine Egg Noodles Peas & Carrots Fruit Cocktail	<b>29</b> Seafood Newburg Rice Pilaf Vegetable Trio WW Dinner Roll Mandarin Oranges	<b>30 Birthday Special</b>  Salisbury Steak w/Gravy Mashed Potatoes Butternut Squash Frosted Cake		

**Menu Subject To Change**

Coffee, Tea and Butter are served daily at sites. If you have a food allergy, please notify our staff. Allergen information for the menu is available. Please contact Saratoga County Department of the Aging & Youth Services for more details. The suggested contribution is \$2 per meal. There is a \$10 fee for guests under the age of 60. Please make checks payable to: Saratoga County Treasurer, c/o Saratoga County Department Of Aging & Youth Services, 152 West High Street, Ballston Spa, NY 12020

**To sign up for the Gather and Dine Lunch Program at the Senior Center, call 518-383-1343  
by Noon the day *before* you intend to come to Lunch.**

SUPPORT OUR ADVERTISERS WHEN YOU CAN...LET THEM KNOW YOU APPRECIATE THEIR AD!

## Where do you want to go?

### CLIFTON PARK SENIOR COMMUNITY CENTER

**Bronx Zoo and/or Botanical Gardens**

Tues. April 15

**Ozark Jubilee**, Country Legends at the Aqua Turf

Plantsville, CT – Tues. April 29

**'Noah' Sights & Sounds** w/White Star

Lancaster, PA – May 5-7

**The Mount & Ventfort Hall**, 1800's Historic Mansions

Lenox MA – Thurs. May 29, 2025

**Strawberry Festival & BBQ** w/Johnny Cash Tribute Show,

Summit View, Holyoke, MA – Wed. June 11

**NYC Ballet 'Robbins, Balanchine & Peck**, and luncheon

Hall of Springs – Fri. July 11

**A Bronx Tale**, MacHaydn Theatre

lunch at the Whitestone Café – Thurs. July 17

**Big Band Swing**, Lobster Fest at the Log Cabin

Holyoke, MA – Wed. Aug. 13

**60's Rock n Roll Show** w/Comedy & Music Lunch and a show

Riverview Inn, PA – Thurs. Aug. 21

**Classic Venetian Experience**; authentic gondola boat ride,

Italian lunch, Historic Federal Hill & more

Providence, RI – Tues. Sept. 9

**Canadian Rockies by Train** w/Collette

Sept. 14-22

**Canadian Rockies & Glacier National Parks** w/Collette

Sept. 21-27

**Christmas Spectacular** Radio City Rockettes w/White Star

Dec. 9-11

**Southern Charm**, Charleston, SC; Georgia: Savannah, St

Simmons Island & Jekyll Island w/Collette

April 7-13, 2026

### SERVICES FOR YOU

\*The Gather & Dine Daily Lunch Program To Reserve your Lunch: Call by Noon the day before at 518-383-1343. Menu can be found online [HERE](#) or at the Center.

\*Free Legal Assistance offered through the Saratoga County Office for the Aging. Make an appointment by calling 518-884-4100.

\*We accept donations of wheelchairs, seated walkers and other items and loan them out to those who need them!

\*Have old prescription medications and not sure what to do with them? Stop in at the Center to pick up a DETERRA drug deactivation system provided by NYS. This is a safe, convenient and effective way to discard unneeded meds.



The Southern Saratoga Art Society proudly presents the "Annual Photography Show" to be held in the Gallery at the Clifton Park Senior

Community Center during the months of April and May, 2025. Artists exhibiting are Anup Sood, Rebecca Jenkins, Brian Skanes and Denise Kornak.

**Viewing of artwork will be Monday thru Friday (afternoons): 518-383-1343. For more information on SSAS, visit [southernsaratogaartist.com](http://southernsaratogaartist.com)**

### OFFICE HOURS

*\*By appointment only.*

**Saratoga Co. Department of Aging:**

1pm-4pm on the third Weds of each month. Contact the Front Desk for appointment.



**Alzheimer's Association:**


10am-1pm on the third Weds of each month. For appointment 518-888-5846.

## Thank You!

\*to our volunteer bakers for providing treats for our Orchestra and Band concerts; and to the musicians for another set of great concerts!



\*to Peregrine Senior Living for the delicious St. "Patties" Day breakfast!

\*to Home of the Good Shepherd  for sponsoring and preparing a dinner we all loved—and to the many volunteers from our center, Shen High School, and from Star Point Church!



We are **still** taking appointments *in person* for the free income tax assistance program sponsored by

AARP Foundation and IRS!

## Ask me about MEDICARE

No Cost Medicare Benefits Reviews – Medicare Supplement Plans  
Dental & Vision Plans – Access to Multiple Carriers  
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Embracing long term memories  
Enriching mind, body, and spirit  
Empowering our residents to  
thrive the Peregrine Way®

Communities in the Albany Area

- Peregrine Clifton Park**  
Memory Care with Enhanced Services  
518-371-2200
- Peregrine Colonie**  
Memory Care with Enhanced Services  
518-456-4500
- Peregrine Crossgate**  
Independent Living & Assisted Living  
518-869-0211
- Peregrine Delmar Place**  
Assisted Living  
518-434-4663
- Peregrine Guilderland**  
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SET **Yourself** FREE...



If cooking and household chores are leaving a bad taste in your mouth, it's time to set yourself free. Coburg Village offers maintenance-free, 55+ living in a warm, welcoming community. We've thought of everything, so you can live your best life!

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or entry fee.**



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**Witecki Law Office**

8 South Church Street  
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518-372-2827  
www.WiteckiLaw.com

Glenn Witecki provides in-person, free consultations, the 3rd Thursday of **every other month** at the Clifton Park Senior Center (9:00 a.m. – 12:00 p.m.), or in his office any time (evening hours available).

**If you are looking for guidance beyond “standard estate planning,”**

**Glenn can help!**

Glenn has been practicing law for 36 years and can help you plan by answering critical questions, including: How can I protect my house if I go into a nursing home?

He will also tell you why a properly-drafted Power of Attorney may be the most important estate planning document that you ever sign!

*Call our office directly to set up an appointment. Under special circumstances home visits can be arranged.*



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**Clifton Park Senior Community Center**  
**6 Clifton Common Court**  
**Clifton Park, NY 12065**  
**(518) 383-1343**

**TO: CURRENT OCCUPANT OR**

## Town of Clifton Park Senior Express

- Riders must be 50 years of age or older and live in the Town of Clifton Park.
- A wheelchair lift is available.
- Those needing assistance must be accompanied by an escort.
- Adult handicapped persons under 50 years of age will be considered on a time available basis.

### **Monday, Tuesday & Thursday:**

Medical appointments to the following areas:  
 Albany, Schenectady, Troy, Ballston Spa,  
 Saratoga, Mechanicville and Latham.

### **Wednesday & Friday:**

Clifton Park shopping and local appointments only.



Call Senior Van Dispatch  
 at 518-371-4444  
 9:00am – 1:00pm

## Town Staff Directory

Town Supervisor Phil Barrett	371-6651
Town Board Members	371-6651
Animal Control Officer	371-6756
Town Attorney Paul Pelagalli	371-6651
Assessor Walter Smead	371-6460
Building & Development Director Wade Schoenborn	371-6702
Building & Grounds Director Dan Clemens	371-6651
Town Clerk Stephanie Ranze	371-6681
Town Court - 5 Municipal Plaza	371-6668
Town Comptroller Mark Heggen	371-6651
Storm Water Mgmt Technician Scott Reese	371-6054
Highway Superintendent Dahn Bull	371-7310
Parks & Recreation Director Mike Woerner	371-6667
Planning Director John Scavo	371-6054
Receiver of Taxes Rose Savallo	371-5720
Director of Safety & Security Lou Pasquarell	348-7311
Town Security Officers	369-6651
Sewer Director Mike O'Brien	348-7313
Transfer Station	371-6669
Senior Center Director Sue Leonard	383-1343

## Email your Town Board

Supervisor Philip C. Barrett:	pbarrett@cliftonpark.org
Deputy Supervisor Anthony F. Morelli:	amorelli@cliftonpark.org
Councilman Zabed Manir:	zmanir@cliftonpark.org
Councilwoman Agatha Reid:	areid@cliftonpark.org
Councilwoman Lynda M. Walowit:	lwalowit@cliftonpark.org

The Town's office buildings are open from Monday through Friday, 9 AM to 5 PM, excluding holidays.  
 The **Town Clerk's** office is open until 7:00 PM every Thursday.  
 The **Building** and **Parks & Recreation** Departments open at 8:00 AM Monday through Friday.