



Clifton Park Senior Community Center NEWSLETTER

6 Clifton Common Court, Clifton Park, New York 12065 || ph: 518-383-1343

JANUARY 2026

CENTER HOURS
Monday-Friday, 9am-4pm

CLOSED
New Year's Day
Thursday, January 1

Martin Luther King Jr. Day
Monday, January 19

Inclement Weather Schedule

We follow the Shenendehowa School District for closings and delays. If school is closed or delayed, we follow the same schedule. Check your local news station for updates.

WHAT'S NEW?

➔ **We are looking for an Expert Woodcarver** to offer a couple of classes for our seniors.



IT'S TIME TO RENEW YOUR MEMBERSHIP!

All memberships expired 12/31.

To receive newsletter emails:
CliftonParkNY.gov/subscribe
and add yourself to our email list.

OFFICE HOURS
3rd Wednesday of the month
Saratoga Co. Department of Aging
1pm-4pm, contact the Front Desk for appointment.

Alzheimer's Association
10am-1pm, for appointment call
518-888-5846.

VOLUNTEER CORNER

Sign up at the Front Desk

Event set up & serve
NYE Party
Monday, January 12 @10am

As the year comes to a close, the Clifton Park Senior Community Center is stronger than ever.

This is a testament to the spirit and engagement of all of you, our volunteers and hard-working staff. In December we reached the threshold of 1600 members!!

The Center has been through some difficult circumstances but has always emerged stronger than ever. In December of 2016, the Town assumed responsibility for the full operations of the Center on an emergency basis. The 620 members felt a great deal of uncertainty during this time. However, we were able to pull together and keep the facility operating.

Covid was another challenge, but once again everyone worked together to create a welcoming, safe atmosphere while following all government regulations. Today, the spirit and fellowship enjoyed by everyone who visits is a wonderful experience. We are committed to ensuring the Center continues to offer a wide selection of fun activities that offer the opportunity to learn new skills and recreational interests.

On behalf of the Town Board and our entire team at the Town of Clifton Park we wish you all a Merry Christmas and Happy Holidays! We are truly blessed to live in Clifton Park and serve all of you!!



Phil Barrett
Town of Clifton Park, Town Supervisor
Chairman, Saratoga County Board of Supervisors

let's **RING IN** the **NEW YEAR!**

Monday, January 12 @ 11am

Let's dance and sing and ring in the New Year with a ball drop and bubbly toast!

Sign up at the Front Desk



FASHION SHOW

LUNCHEON AT THE VISTA

PLANNING MEETING AT THE SENIOR CENTER

Tuesday, January 20 @ 10:30am

with Event Chair, Linda Novak

Bring your ideas as we will need many hands to once again make this show a great success!

SIGN UP AT THE FRONT DESK

Join the committee; we'll discuss vendors, models, decorations, auction items, and more.



Join the **Shen Senior Quilters** group, an old-fashioned quilting bee, creating lap, twin, and larger-sized quilts for various charitable organizations, bringing comfort to children, teens, and adults in need. Tools and fabric provided, join us on Monday afternoons at 1pm if you enjoy quilting and would like to help create cozy quilts for those in need.




Thank you to everyone who has contributed sewing machines, fabric, batting, and other supplies to help us continue the activity we love most—making quilts.

CHECK PAGE 8 FOR TRIP INFORMATION!

EDUCATE  **Entertain**  **EXPLORE** 

Space is Limited. Some events require Advanced Registration. To sign up, call the Center at 518-383-1343

*indicates membership not required

Tuesday, January 6	10:45am-11:45am	Just Say Yes to Fruits and Vegetables: Learn the importance of fruit and vegetable intake and how to find more affordable access to fresh produce. Each class consists of an interactive nutrition lesson followed by a recipe demonstration (<i>and samples!</i>). Registration required. FREE. 
Wednesdays Jan 7-March 11	1:00pm-2:00pm	*MVP Bokwa Dance Moves: Africa's answer to Zumba! A blend of dance moves to increase muscular endurance, strength and stamina. Registration Required. FREE. (sponsored by )
Fridays starting January 9	1:00pm-2:00pm	*Latin Line Dance with Tango Fusion Dance Company of Saratoga Springs; led by Johnny Martinez. Good music and good steps for your Friday afternoon. Registration required. FREE. (Dept. of Aging)
Friday, January 9 NEW!	1:00pm-2:30pm	*Creative Jewelry Design: create a beaded book mark for you, or a friend! Samples on display at the front desk. Registration required. FREE. (sponsored by Dept. of Aging)
Monday, January 12	11:00am-12:30pm	Ring in the New Year! New year, new beginnings—let's celebrate! Bring a treat, beverage or appetizer to share. Registration required. FREE.
Tuesday, January 13	9:30am-11:30am	Light Mending with Patti: Drop In, Drop Off, Pick Up later; 2-3 items bagged, with your name, phone # and what needs to be mended— bring supplies if needed (buttons, etc.) No alterations. Laundered Clothing Items Only.
Tuesday, January 13	1:00pm-2:30pm	*Craft & Chat: Rock painting; paint your own designs on smooth river rocks and decorate your garden! Sample on display at the front desk. Registration required. FREE (sponsored by the Dept of Aging)
Wednesday January 14	9:00am-12:00pm	Come Rest and Restore: Massages w/Annie Brassard of Active Therapeutic Massage and Wellness. Members should call January 7th to be entered into a lottery for one of the 6 free 15-20 minute massages!
Thursday, January 15	11:30pm-1:00pm	Lunch & Learn: Retirement: Making Your Money Last with Edward Jones; join us for lunch and a valuable lesson in financial literacy. Plan for your future! Registration required. FREE.
Tuesday, January 20	10:30am-11:30am	Fashion Show Planning: Bring your ideas to this first meeting to plan the 2026 Fashion Show. Registration required. FREE.
Tuesday, January 20	10:30am-12:00pm	Book Club: Participate in a discussion on <i>The Berry Pickers</i> by Amanda Peters. Books not provided. For February 17: <i>Culpability</i> by Bruce Holsinger.
Tuesday, January 20	1:00pm-3:30pm	Movie & Popcorn: celebrating Rob Reiner and one of his most popular movies, <i>When Harry Met Sally</i> (1989); follow Harry Burns (Billy Crystal) and Sally Albright (Meg Ryan) and their whirlwind friendship that leads to...a really good salad and much more. Registration required. FREE.
Thursdays starting January 22 NEW!	10:00am-12:00pm	Card Bingo: It's just like traditional bingo but ditch the numbered balls and grab a deck of cards! This simple, fast-paced card game is perfect for all ages, making it a great choice for family gatherings or game nights with friends. Easy to learn yet surprisingly strategic. Registration required. FREE.
Thursday, January 22	1:30pm-3:30pm	*Musical Jam Session with Chuck Oakes: Whether you play an instrument or just want to listen; if you enjoy acoustic music stop by! FREE.
Monday, January 26	2:30pm-4:00pm	*Living with a Loss: with Mary Beth Bradshaw, LMSW: Community Hospice: Drop-in Program. There is no timetable for grieving; people grieve in their own way and heal at their own pace. You have the opportunity to talk about your loss and share your story with others with similar losses. Learn the signs of grief, self-care, & coping strategies. FREE.
Tuesday, January 27	9:00am-12:00pm	Gourd painting with Tim of Big Yellow House Designs: decorate gourds to decorate your home; no two gourds are alike! Registration required. \$8 supply fee (sponsored by )
Tuesday, January 27	12:30pm-2:00pm	Meet Vladimir Putin Part II: Vladimir Putin Has it in for Ukraine: Why did Putin invade Ukraine when he did? Andrew Goodman will explore the origins of Putin's obsession with Ukraine and how the war on Ukraine fits in with Putin's greater ambitions for Russia.
Thursday, January 29	12:30pm-1:30pm	Boxing fitness with Chris of Toned and Gray: This boxing-based fitness class combines low-impact boxing movements with light strength training using dumbbells and bodyweight exercises to provide a full-body workout that improves coordination, balance, and cardiovascular fitness. Participants make contact with a lightweight, inflatable punching bag in a safe and controlled setting. No boxing experience is required. Registration required. FREE.



Southern Saratoga Artist Society will be hosting members, Carol Winterton (*who is also a CPSCC member!*) and Maureen Kelly in a show for the months of January and February.

Viewing of artwork will be Monday thru Friday (afternoons): 518-383-1343. SouthernSaratogaArtist.com

Thank You!


*to our MANY volunteers who helped us set up and run all of the fun holiday programs in December!

*to our very talented singers, musicians, and dancers for bringing excellent holiday shows!





*to our Breakfast with Santa partners who donated all of our food: Snyder's Restaurant, Jimmy's Egg, Market 32, and IHOP

*to Peregrine Senior Living for a Sponsoring a fun and enlightening Pizza & Trivia event!



M O N D A Y	<p>09:00am-10:00am: *†Tap Dance ([no 1/5, 1/12, 1/19] 1/26) FREE!</p> <p>09:45am-12:00pm: Discussion Group [no 1/19]</p> <p>10:00am-10:45am: *†Jazz Dance ([no 1/5, 1/12, 1/19] 1/26) FREE!</p> <p>10:00am-11:00am: *†Chair Yoga (1/5, 1/12, [no 1/19] 1/26) FREE!</p> <p>11:00am-01:00pm: Beginner & Intermediate Clogging See you in February!</p> <p>12:30pm-03:30pm: Games: Decide as a group! [no 1/19]</p> <p>01:00pm-02:00pm: Ukulele Group [no 1/19]</p> <p>01:00pm-02:00pm: *†Line Dance with Linda (1/5, 1/12, [no 1/19] 1/26) FREE!</p> <p>01:00pm-03:00pm: Quilting Group [no 1/19]</p> <p>02:30pm-03:30pm: *†Healthy Bones for Life 518-884-4110 *WAITLIST ONLY* [no 1/19]</p>	<p><i>*indicates membership not required †Dept. of Aging Programs: must be 60+ and Saratoga County resident.</i></p> <p>FREE Monday!</p>
T U E S D A Y	<p>09:00am-10:00am: Exercise to Tape</p> <p>09:00am-11:30am: Games: Billiards/Pool</p> <p>09:15am-10:15am: *Yoga w/Deanna \$5.00/wk. At the Center OR <u>Join Zoom</u></p> <p>10:00am-12:00pm: Cards: 5 Crowns</p> <p>10:15am-11:15am: QiGong with Rob (1/6, 1/13, 1/20, 1/27) \$28</p> <p>10:30am-12:00pm: Adult Coloring</p> <p>11:00am-12:00pm: *Ice Skating at <i>Capital Arena</i> \$5/week pd. at ice rink, includes skates</p> <p>11:30am-03:00pm: *Cards: Duplicate Bridge Group—Sanctioned \$8.00/week</p> <p>12:30pm-03:30pm: Games: Beginner Mahjong, Scrabble</p> <p>12:30pm-03:30pm: Cards: Hand & Foot <i>beginners welcome!</i></p> <p>01:00pm-03:00pm: Games: Poker, Chess <i>beginners welcome!</i></p> <p>01:00pm-03:00pm: Creative: Open Studio Painting (1st & 3rd Tuesday; 1/6, 1/20)</p>	<p>Come enjoy a day at the Southern Saratoga YMCA every 1st and 2nd Wednesday of the month! Just show your CPSCC Card!</p>
W E D N E S D A Y	<p>09:00am-10:00am: Exercise to Tape</p> <p>09:30am-12:00pm: Investment Club (2nd & 4th Wednesday; 1/14, 1/28)</p> <p>10:00am-11:00am: Ukulele Group</p> <p>10:00am-12:00pm: Cards: Intermediate Bridge & Learn to play Bridge FREE!</p> <p>10:00am-12:00pm: Creative: Memories to Memoirs (1st & 3rd Wednesday; 1/7, 1/21)</p> <p>10:30am-11:30am: *†Meditation (2nd & 4th Wednesday; 1/14, 1/28) FREE!</p> <p>11:00pm-01:00pm: Indoor Ping Pong</p> <p>12:00pm-02:00pm: Bowling at <i>Spare Time</i> \$12/week shoes, 2 games, and pizza w/beverage</p> <p>12:15pm-02:45pm: Indoor Pickleball at <i>The YMCA</i> (1st & 2nd Wednesday; 1/7, 1/14) FREE!</p> <p>12:30pm-04:00pm: Games: Mahjong</p> <p>01:00pm-04:00pm: Games: Poker</p> <p>01:00pm-04:00pm: Creative: Knitting and Crocheting</p> <p>01:30pm-02:30pm: *†Country Line Dance with Linda (1/7, 1/14, 1/21, 1/28) FREE!</p> <p>02:30pm-03:30pm: *†Healthy Bones for Life 518-884-4110 *WAITLIST ONLY*</p>	<p>the  FREE Wednesday!</p>
T H U R S	<p>09:00am-10:00am: <i>Senior Fit</i> with Carlie New Name! ([no 1/1] 1/8, 1/15, 1/22, 1/29) \$24</p> <p>09:00am-11:30am: Games: Billiards/Pool [no 1/1]</p> <p>10:00am-11:30am: Chorus Rehearsal <i>beginning</i> 1/22</p> <p>10:00am-12:00pm: Games: Rummikub [no 1/1]</p> <p>10:00am-12:00pm: Mixed-Media Watercolors & Acrylics w/Mary F. \$6/class paid to instructor—(1/8, 1/22)</p> <p>10:15am-11:15am: *Yoga w/Deanna \$5.00/wk At the Center OR <u>Join Zoom</u> [no 1/1]</p> <p>12:30pm-04:00pm: Cards: Pinochle <i>beginners welcome!</i> [no 1/1]</p> <p>12:30pm-04:00pm: Games: Mahjong [no 1/1]</p> <p>02:00pm-04:00pm: *†Open Indoor Pickleball (<i>No lessons</i>) [no 1/1]</p>	
F R I D A Y	<p>09:00am-10:00am: *†Tap Dance—<i>Advanced</i>; ([no 1/2, 1/9, 1/16] 1/23, 1/30) FREE!</p> <p>09:00am-10:55am: Orchestra Rehearsal [no 1/2]</p> <p>09:00am-11:00am: Woodcarving</p> <p>10:00am-10:45am: *†Ballet Class ([no 1/2, 1/9, 1/16] 1/23, 1/30) FREE!</p> <p>10:00am-12:00pm: Games: Dominoes/Mexican Train <i>beginners welcome!</i></p> <p>11:00am-11:45am: *†Aging Backwards ([no 1/2] 1/9, 1/16, 1/23, 1/30) FREE!</p> <p>11:00am-12:30pm: Big Jazz Band Rehearsal [no 1/2]</p> <p>12:30pm-04:00pm: Games: 5 Crowns, Mahjong</p> <p>12:45pm-02:30pm: Games: Bingo</p> <p>01:00pm-02:00pm: *†Latin Line Dancing with Johnny Martinez ([no 1/2] 1/9, 1/16, 1/23, 1/30) FREE!</p> <p>01:00pm-02:30pm: *†Jewelry Making (<i>2nd Friday: organized project, see front desk; 4th Friday: BYO project</i>)</p> <p>01:30pm-04:00pm: Strategic Scrabble</p> <p>02:00pm-04:00pm: Games: <i>Indoor Bocce Ball, Ping Pong, and Cornhole</i></p> <p>02:30pm-03:30pm: *†Healthy Bones for Life 518-884-4110 *WAITLIST ONLY* [no 1/2]</p>	<p>FREE Friday!</p>

SARATOGA COUNTY DEPARTMENT OF AGING & YOUTH SERVICES-JANUARY 2026
GATHER & DINE/HOME DELIVERED MEALS 518-363-4020

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Closed 	2 Breaded Fish Tartar Sauce Home Fries Peas & Carrots Mandarin Oranges Graham Crackers
			5 Fiesta Meatloaf w/Gravy Mashed Potato Mixed Vegetables WW Dinner Roll Applesauce	6 Eggplant Parmesan Pasta w/Marinara Sauce Asparagus Vegetable Medley WW Dinner Roll Yogurt
12 Cubed Pork & White Bean Casserole Spinach Warm Cranberry Crunch WW Dinner Roll	13 Turkey Divan Mashed Potatoes Butternut Squash Applesauce	14 Meatballs in Sauce Pasta w/Sauce Vegetable Trio Fruit Cocktail	15 Chicken A La King Rice Pilaf Brussels Sprouts WW Dinner Roll Mandarin Oranges	16 Macaroni & Cheese Stewed Tomatoes Broccoli Yogurt
19 Closed 	20 Sliced Pork w/Gravy Mashed Potatoes Asparagus Vegetable Medley Peaches	21 Egg Salad on Bun Coleslaw Marinated Vegetable Salad Brownie	22 Italian Stew Egg Noodles Green Beans WW Dinner Roll SF Chocolate Pudding	23 Tuna Noodle Casserole Butternut Squash Broccoli Corn Muffin Fruit Cocktail
26 Meatloaf w/Gravy Mashed Sweet Potatoes Asparagus Vegetable Medley Shortbread Cookies	27 Ranch Chicken Oven Roasted Potatoes California Blend Vegetables WW Dinner Roll Pears	28 Birthday Special Pasta Bake w/Meat Sauce Broccoli Wax Beans Frosted Cake 	29 Beef Pot Roast w/Gravy Mashed Potatoes Carrots Mandarin Oranges	30 Turkey Chili Beets Mixed vegetables Corn Muffin Yogurt

Menu Subject To Change

Coffee, Tea and Butter are served daily at sites. If you have a food allergy, please notify our staff. Allergen information for the menu is available. Please contact Saratoga County Department of the Aging & Youth Services for more details. The suggested contribution is \$2 per meal. There is a \$10 fee for guests under the age of 60. Please make checks payable to: **Mazzone Hospitality LLC, and mail to Saratoga County Department Of Aging & Youth Services, 152 West High Street, Ballston Spa, NY 12020**

To sign up for the Gather and Dine Lunch Program at the Senior Center, call 518-383-1343 by Noon the day *before* you intend to come to Lunch.

SUPPORT OUR ADVERTISERS WHEN YOU CAN...LET THEM KNOW YOU APPRECIATE THEIR AD!

Thank you!

To all of the donors who made our Holiday Dinner special:

Outback Steakhouse

610 Old Rte. 146, Clifton Park

Celadon Thai Restaurant

860 Loudon Road, Latham

30 Park Bistro @ Hilton Garden Inn

30 Clifton Country Rd., Clifton Park

Red Robin Burgers

1 Halfmoon Crossing, Clifton Park

Exit 9 Wine & Liquor

9 Halfmoon Crossing, Clifton Park

Halfmoon Diner

231 Grooms Road

Savemore Beverage

1512 US 9, Clifton Park

Eddie F's

1742 US 9, Clifton Park

Halfmoon Wine & Liquor

1471 US 9, Clifton Park

The Flats

675 Grooms Road, Clifton Park

Venezia Pizza & Pasta

629 Plank Rd., Clifton Park

Sake Bon

15 Park Ave., Clifton Park

Harvest Moon Market

1512 US 9, Clifton Park

Parkwood Wine & Spirits

1758 US 9, Clifton Park

La Fiesta Mexican Restaurant

15 Park Ave., Clifton Park

Wheatfields

54 Crossing Blvd., Clifton Park

Ted's Fish Fry

1663 US 9, Clifton Park

Grecian Gardens

1612 US 9, Clifton Park

Peddlers Bar & Bistro

16 Old Rte. 9, Clifton Park

Cracker Barrel

4 Tower Way, Clifton Park

Jack's Liquor

1028 NY 146, Clifton Park

Shing Fung House

1028 Rt. 146, Clifton Park

Emma Jaynes

1475 US9N, Clifton Park

Bella Lucia

1218 NY146, Clifton Park

Albany Buffet

20 Wolf Road, Albany

RAVENSWOOD

"You're Always Home at The Wood"

Tavern, Bar, Grill, Catering & Banquets

1021 Rt 146 Clifton Park NY 12065

Phone: 518-371-8771 Ravenswoodpub.com

Email: ravenswoodpub@outlook.com

The Innovation Center at Saratoga

JOIN US FOR PAINTING, STAINED GLASS, & SEWING!

Make something beautiful — together.

518.289.5243

info@innovationcentersaratoga.org

innovationcentersaratoga.org

The Innovation Center at Saratoga

16 Old Stonebreak Road

Malta, NY 12020



edwardjones.com/findyourrich | Member SIPC

Let's find your rich

Edward Jones

What does it mean to be rich?

Maybe it's less about a magic number and more about discovering the magic in life.

Contact me today, and let's find your rich.



Preet Bassi, CEPA®
Financial Advisor

675 Grooms Rd 206
Clifton Park, NY 12065
518-902-4614

Seniors Love Eddy Senior Living

- a full-service/maintenance-free retirement lifestyle
- an array of superior services and amenities
- delicious chef-prepared meals
- life-enriching activities and wellness programs
- access to a continuum of care should your health needs ever change

Now is the time to start enjoying your retirement years, call us today to start your next chapter!

 **Eddy Senior Living**

ST PETER'S HEALTH PARTNERS

Independent Living • Assisted Living • Memory Care
EddySeniorLiving.com • (518) 280-8385



Witecki Law Office

8 South Church Street
Schenectady, NY 12305
518-372-2827
www.WiteckiLaw.com

Glenn Witecki provides in-person, free consultations, the 3rd Thursday of **every other month** at the Clifton Park Senior Center (9:00 a.m. – 12:00 p.m.), or in his office any time (evening hours available).
If you are looking for guidance beyond “standard estate planning,”

Glenn can help!

Glenn has been practicing law for 36 years and can help you plan by answering critical questions, including: How can I protect my house if I go into a nursing home?

He will also tell you why a properly-drafted Power of Attorney may be the most important estate planning document that you ever sign!

Call our office directly to set up an appointment. Under special circumstances home visits can be arranged.



Your Medicare Coach

Sandra Kahlon, OTR/L
Medicare Coach and Educator

Phone: 518-495-1695
Sandra@YourMedicareCoach.org
www.SandraKahlonServices.com

No Cost Individual or Group Education



OVERWHELMED WITH DOWNSIZING?
The Power of Two connects you with trusted resources – from here to there, with care.



<p>SANDRA SERAFINI REAL ESTATE SALESPERSON, SRES Call/Text: (518) 376-8344 SandySerafini@yahoo.com</p>	<p>JANET WHEELER REAL ESTATE SALESPERSON, SRES Call/Text: (518) 847-7747 JanetWheelerRES@gmail.com</p>
---	---



Many senior living residences stand alone.



KingswayCommunity stands out.

Kingsway Community’s full continuum of care - offered on one campus and backed by a national reputation for excellence - provides peace of mind for seniors and their families. From secure, maintenance-free independent living, to assistance with daily activities and medications, to restorative therapy and long term care, our exceptional team of professionals provide compassion, respect and dignity for each individual and a seamless transition as needs change.

That’s the Kingsway difference.

518-393-8800
kingswaycommunity.com

Skilled Nursing | Rehabilitation | Assisted Living
Memory Care | Senior Apartments | Home Care




Charles F. Gordon III, MD
CEO & Founder
New York Pain Management

Live Pain Free

Don’t let pain follow you into the new year.

This holiday season, focus on what really matters—time with family, favorite traditions, and feeling your best. New York Pain Management offers proven regenerative and non-opioid treatment options to help you move, feel, and live better.

Schedule your consultation today and give yourself the gift of lasting relief.

Call to schedule a consult at 518-371-0777

SUPPORT OUR ADVERTISERS WHEN YOU CAN...LET THEM KNOW YOU APPRECIATE THEIR AD!

Ask me about **MEDICARE**

No Cost Medicare Benefits Reviews – Medicare Supplement Plans
Dental & Vision Plans – Access to Multiple Carriers
Service & Support When You Need it



Chandler Insurance Services

Albany NY

Insurance Benefits Specialist
Licensed in NY, NJ, MA, SC, GA
www.chandlerinsuranceservices.com

For a free Benefits Assessment call Sonya Chandler • 518-364-0162



Embracing long term memories
Enriching mind, body, and spirit
Empowering our residents to thrive the Peregrine Way®

Communities in the Albany Area

- Peregrine Clifton Park**
Memory Care with Enhanced Services
518-371-2200
- Peregrine Colonie**
Memory Care with Enhanced Services
518-456-4500
- Peregrine Crossgate**
Independent Living & Assisted Living
518-869-0211
- Peregrine Delmar Place**
Assisted Living
518-434-4663
- Peregrine Guilderland**
Assisted Living & Memory Care with Enhanced Services
518-218-0506
- Peregrine Shaker**
Assisted Living & Memory Care with Enhanced Services
518-465-4444

peregrineseniorliving.com

Bank Anywhere, Anytime.

CAPITAL BANK
A division of Chemung Canal Trust Company

capitalbank.com
(800) 836-3711

Member FDIC

TOWNLEY & WHEELER FUNERAL HOME

*Big enough to accommodate,
Small enough to care.*

KATHLEEN LOWES SANVIDGE
Owner & Licensed Funeral Director

Proud to be the only New York State
"Women Business Enterprise" certified funeral home.

Trusted stewards of faith and guidance,
here for your arrangement needs, any day, any time.

TOWNLEY & WHEELER FUNERAL HOME
21 MIDLINE ROAD · BALLSTON LAKE, NY
TOWNLEYWHEELERFH.COM | 518-399-5022

OB1 INSURANCE
AN INTEGRITY COMPANY

OB1 Insurance
15 Clifton Country Rd
Clifton Park, NY 12065

Medicare
Life
Long Term Care

A local insurance agency focused on Seniors since 2009. Experience since 1989.

OB1 offers free in person appointments at their office or in the comfort of your own home
Whether you want a comprehensive consultation about your Medicare Insurance or simply want to explore your plan options OB1 can help! OB1 offers many of the carriers available and has been satisfying thousands of people's Medicare needs in the Capital Region for many years. OB1's agents are annually trained on Medicare, experienced, friendly, knowledgeable, dependable, and professional.

"How can I save money on prescriptions, plan premiums, copays?"
"How do I get more coverage?"
"What extra benefits am I entitled to?"

Call or email for a free no obligation consultation today with a local licensed insurance agent at -

518-661-6300
info@ob1insurance.com

ob1insurance.com facebook.com/ob1insurance

"We do not offer every plan in your area. Any information we provide is limited to those plans we do offer in your area. Contact medicare.gov or 1-800-MEDICARE to get information on all of your plan options."

Not affiliated or endorsed by the Federal Medicare Program



Marshall Associates

Since 1989 Financial Professionals

**Financial Planning, Investments,
Insurance & Tax Preparation**

**TAX PREPARATION
NOW AVAILABLE!!**



George & Jackie

518-383-3739

Visit our website...
www.MarAssoc.com

★
Marshall@MarAssoc.net

★
6 Sage Court
Clifton Park, NY 12065

Securities and Investment Advisory Services offered through LPL Financial, Member FINRA/SIPC. Tax Preparation services & Insurance products offered through Marshall Associates. None of the named entities are affiliated. LPL Financial does not offer tax advice. ©S-LPL

Need a Medicare plan with dental?

Call Audrey at (518) 641-5756.



A plan for life.



Capital District Physicians' Health Plan, Inc.
CDPHP Universal Benefits, Inc.
Y0019_24_25860_C

A TRADITION OF SUPERIOR CARE IN Assisted Living & Enhanced Assisted Living

Our enhanced assisted living offers:

- Physical assistance with ambulation and transferring
- Assistance with ADLs including bathing, showering, & feeding
- Medication management and skilled nursing tasks
- Blood glucose monitoring
- Catheter/Foley care



MALTA | WILTON SARATOGA | MOREAU
homeofthegoodshepherd.com



KINGSWAY HOME CARE SERVICE

The Kingsway tradition of caring extends into your home with Kingsway Home Care service.

518-382-8187

kingswaycommunity.com

SET Yourself FREE...



If cooking and household chores are leaving a bad taste in your mouth, it's time to set yourself free. Coburg Village offers maintenance-free, 55+ living in a warm, welcoming community. We've thought of everything, so you can live your best life!

**No buy-in
or entry fee.**



Schedule your tour today.
(518) 371-5000 | coburgvillage.com
One Coburg Village Way, Rexford, New York 12148



Clifton Park Senior Community Center
6 Clifton Common Court
Clifton Park, NY 12065
(518) 383-1343

TO: CURRENT OCCUPANT OR

Where do you want to go?

CLIFTON PARK SENIOR COMMUNITY CENTER

Southern Charm, Charlston, SC; GA: Savannah, St Simmons Island & Jekyll Island w/Collette - April 7-13, 2026

Grand Hawaiian Adventure, four island tour
w/Collette - May 21-June 2, 2026

Discover Mackinac Island, and the Great Lakes Region
w/Collette - August 1-9, 2026

Services for You

• **Gather & Dine Daily Lunch Program:** To Reserve your Lunch: Call by Noon the day before at 518-383-1343. Menu can be found online [HERE](#) or at the Center. • **Free Legal Assistance** offered through the Saratoga County Dept. of Aging. Make an appointment by calling 518-884-4100. • **We accept donations** of wheelchairs, seated walkers and other items and loan them out to those who need them! • **Do You have old prescription medications** and are not sure what to do with them? Stop in at the Center to pick up a DETERRA drug deactivation system provided by NYS.

Town of Clifton Park Senior Express

- Riders must be 50 years of age or older and live in the Town of Clifton Park.
- A wheelchair lift is available.
- Those needing assistance must be accompanied by an escort.
- Adult handicapped persons under 50 years of age will be considered on a time available basis.

Monday, Tuesday & Thursday:

Medical appointments to the following areas:
Albany, Schenectady, Troy, Ballston Spa,
Saratoga, Mechanicville and Latham.

Wednesday & Friday:

Clifton Park shopping and local appointments only.



Call Senior Van Dispatch
at 518-371-4444
9:00am – 1:00pm

Town Staff Directory

Town Supervisor Phil Barrett	371-6651
Town Board Members	371-6651
Animal Control Officer	371-6756
Town Attorney Paul Pelagalli	371-6651
Assessor Walter Smead	371-6460
Building & Development Director Wade Schoenborn	371-6702
Building & Grounds Director Dan Clemens	371-6651
Town Clerk Stephanie Ranze	371-6681
Town Court - 5 Municipal Plaza	371-6668
Town Comptroller Mark Heggen	371-6651
Storm Water Mgmt Technician Scott Reese	371-6054
Highway Superintendent Dahn Bull	371-7310
Parks & Recreation Director Mike Woerner	371-6667
Planning Director John Scavo	371-6054
Receiver of Taxes Rose Savallo	371-5720
Director of Safety & Security Lou Pasquarell	348-7311
Town Security Officers	369-6651
Sewer Director Mike O'Brien	348-7313
Transfer Station	371-6669
Senior Center Director Sue Leonard	383-1343

Email your Town Board

Supervisor Philip C. Barrett: pbarrett@cliftonpark.org
Deputy Supervisor Anthony F. Morelli: amorelli@cliftonpark.org
Councilman Zabed Manir: zmanir@cliftonpark.org
Councilwoman Agatha Reid: areid@cliftonpark.org
Councilwoman Lynda M. Walowit: lwalowit@cliftonpark.org

The Town's office buildings are open from Monday through Friday, 9 AM to 5 PM, excluding holidays.

The **Town Clerk's** office is open until 7:00 PM every Thursday.

The **Building** and **Parks & Recreation** Departments open at 8:00 AM Monday through Friday.