Clifton Park Senior Community Center
Newsletter

6 Clifton Common Court, Clifton Park, New York 12065 – 518-383-1343

DECEMBER 2026

CENTER HOURS:

MONDAY-FRIDAY, 9AM-4PM

CENTER CLOSURES:

CHRISTMAS EVE: CLOSED AT 12:30PM
CHRISTMAS DAY: CLOSED
NEW YEAR'S EVE: CLOSED AT 12:30PM
NEW YEAR'S DAY: CLOSED

Time to Renew Membership!



All memberships expire at the end of year!

Membership is still only $20 a year!

DID YOU KNOW YOU COULD SIGN UP FOR CLASSES ONLINE?



GO TO: CPSCC.EZFACILITY.COM TO REGISTER FOR SOME CLASSES ONLINE!

WE'LL HELP YOU SIGN UP HERE AT THE CENTER IF NEEDED!

To Receive newsletters via Email:
cliftonparkny.gov/subscribe

Volunteer Corner

Sign up at the Front Desk

Event Set Up & Cleanup:
December Dinner

Concert Bakers:
We need treats, please!
Brownies, Cookies, Breads

December Dinner

Wednesday, December 16 at 4:30pm

***$15.00** Members Only*

Menu by: DEETS CATERING

Menu:

Garden Salad	Rolls
Honey Glazed Ham	Mashed Potatoes
Vegetables	Applesauce

Brownie with whipped cream



Following dinner, Chuck Oakes and friends will lead us in some of our favorite carols.

Tickets go on sale Tuesday, December 1st

Breakfast With Santa

Bring Non-Perishable Breakfast Items to donate to a Local Food Pantry. Registration Required!

Monday, December 7 @ 10:00am



Special Thanks to:

jimmy's egg breakfast · lunch

MARKET 32 BY PRICE CHOPPER

Snyder's RESTAURANT

Senior Center 10 Year Anniversary Celebration



Thursday, December 17
12:30pm - 2:30pm

Come visit us in the lobby to celebrate the 10 wonderful years we have spent with the Senior Center since the Town took over! We will have light fare and mocktails for all!

EDUCATE ☆ Entertain ☆ Explore

*indicates membership not required

Tuesday, December 1	10:00am-11:30am	***Holiday Crafts:** Book Bouquet with Mary: Pick Christmas or Spring! **Registration Required. FREE.** *(Spons. by Dept of Aging)*
December 2, 9, 16, 23, 30	10:00am-12:00pm	***Bridge Lessons:** Learn how to play Bridge. Call to make reservations for lessons. **Registration Required. FREE.**
Wednesdays, December 2, 9	1:00pm-3:00pm	**Free Computer Evaluation with Kirk F:** Is your laptop running slow? Or do you have a general question? Bring it in for a free evaluation! **Registration Required. FREE.**
Friday, December 4	9:30am–11:30am	***Woodcarving with Gail:** Learn the basics using knives, V Tool & gouges. Must attend first week for knife safety. **Registration Required. FREE.** (*Spons. by Dept of Aging*)
Monday, December 7	10:00am-12:00pm	**Breakfast with Santa:** Join us for breakfast and fun with a special jolly guest! Bring non-perishable items for the food pantry. **Registration Required. FREE.**
Tuesday, December 8	1:00pm-2:00pm	***Holiday Crafts:** Diamond Dot Crafts with Terry **Registration Required. FREE.** *(Spons. by Dept of Aging)*
Tuesday, December 8	3:30pm-4:15pm	**Shen HS Seniors Tech Help:** Have any questions about your phone or computer? Stop by to get some help! **Registration Required. FREE.**
Wednesday, December 9	10:00am-12:00pm	***Flu Shot Clinic with Market 32:** Walk-ins welcome for flu and COVID-19. You must pre-register for pneumonia, RSV, shingles or tetanus vaccinations or for a full vaccine history screening. **Bring your insurance card and ID. FREE w/ Insurance.**
Friday, December 11	1:00pm-2:30pm	***Creative Jewelry Making: Jewelry Ornaments:** We have the tools and supplies you'll need to create your own earrings. Keep for yourself or give as a gift. **Registration Required. FREE.** *(Spons. by Dept of Aging)*
Monday, December 14	12:30pm-1:30pm	**Holiday Card Making with Audrey:** Join us to make some nice homemade cards for the holidays! **Registration Required. FREE.**
Tuesday, December 15	10:30am-12:00pm	**Book Club:** December Book: *Hello Beautiful by Ann Napolitano* - Participate in a discussion. Book not provided.
Wednesday, December 16	12:00pm-1:00pm	***Lunch & Learn: Peregrine Senior Living at Clifton Park:** Discover their unique approach to memory care, the importance of meaningful engagement, and how a supportive environment can enhance the quality of life for individuals living with Alzheimer's and other forms of dementia. Enjoy lunch, ask questions, and learn about the resources available to support seniors and their families. **Registration Required. FREE.**
Thursday, December 24	9:00am-1:00pm	***Blood Drive: with the American Red Cross**; reserve your spot at www.redcrossblood.org and save a life!
Monday, December 28	2:30pm-4:00pm	***Living with a Loss: with Mary Beth Bradshaw, LMSW, Community Hospice:** Drop-in Program. There is no timetable for grieving; people grieve in their own way and heal at their own pace. Have the opportunity to talk about your loss and share your story with others with similar losses. **FREE.**
Tuesday, December 29	12:30pm-2:30pm	**Movie and Popcorn:** Join us for a Hallmark Christmas Movie and some popcorn! **Registration Required. FREE.**

*Holiday Music and Concerts

Friday, December 4: 1:00pm
Big Band Concert

Wednesday, December 9: 10:30am
Holiday Concert with Ken Blatt

Thursday, December 10: 1:00pm
Dulcimer Concert

Friday, December 11: 11:30am
Shen Showstoppers Dance Show

Thursday, December 17: 10:30am
Chorus Concert

Thursday, December 17: 1:30pm
Musical Jam Session w/Chuck Oakes

Friday, December 18: 1:00pm
Orchestra Concert

Wednesday, December 23: 10:30am
Shen High School Choir



Upcoming Trips

Wednesday, December 2
Holiday Train Show @ Botanical Gardens & Holiday Lights @ Bronx Zoo, NYC
Thursday, December 3
Holiday Lights with Quick Response, Special Holiday Event, Malta, NY
2027 Trips
Wednesday, March 3, 2027 - Theatre Institute at Sage College, 'CLUE'
(INFO COMING SOON!)
Wednesday, March 24, 2027 - Universal Preservation Hall, 'Petticoats of Steel'
(INFO COMING SOON!)
Discover Painted Canyons of the West w/ Collette --**May 16-24, 2027**
Canadian Maritimes & Coastal Wonders w/ Collette-- **August 17-27, 2027**
2028 Trips
Shades of Ireland w/ Collette --**April 1-10, 2028**

Southern Saratoga Art Society proudly presents their Annual Themed Show titled:

"Things With Wings" featuring SSAS members during November and December 2026.

Viewing of artwork will be Monday thru Friday (call for availabilty):
518-383-1343 www.SouthernSaratogaArtist.com

Monday 12/7, 12/14, 12/21, 12/28	**Tuesday** 12/1, 12/8, 12/15, 12/22, 12/29	**Wednesday** 12/2, 12/9, 12/16, 12/23, 12/30	**Thursday** 12/3, 12/10, 12/17, 12/24, 12/31	**Friday** 12/4, 12/11, 12/18 **(NO 12/25)**
09:00am-10:00am: -Tap Dance $5 (12/7 Only) **09:45am-12:00pm:** -Discussion Group **10:00am-10:45am:** -Jazz Dance $5 (12/7 Only) **10:00am-11:00am:** -Chair Yoga $21 (No 12/7) **10:00am-12:00pm:** -Bocce Ball—*Outdoor* **11:00am-11:45pm:** -Beginner Clogging $21 (No 12/28) **12:00pm-12:45pm:** -Int. Clogging $21 (No 12/28) **12:30pm-03:30pm:** -*Games:* Decide as a group! **01:00pm-02:00pm:** -Ukulele Group -Line Dance $15 (No 12/14) **01:00pm-03:00pm:** -Quilting Group **02:30pm-03:30pm:** **†-Healthy Bones for Life 1 **Contact OFA to sign up** **02:30pm-04:30pm:** -Open Indoor Pickleball **03:30pm-04:30pm:** **†-Healthy Bones for Life 2 *Contact OFA to sign up*	**09:00am-10:00am:** -Exercise to Tape *-Yoga w/ Deanna $5/week At the Center OR Join Zoom **09:00am-11:30am:** -Billiards/Pool **10:00am-12:00pm:** -5 Crowns **10:15am-11:15am:** -Qi Gong w/ Rob $35 **10:30am-12:00pm:** -Adult Coloring -Book Club (3rd Tuesday) ***December's Book:*** *Hello Beautiful by Ann Napolitano* **12:00pm-03:30pm:** *-Duplicate Bridge Group–Sanctioned *$8/week paid to instructor* **12:30pm-03:30pm:** -Beginner Mahjong -Scrabble -Hand & Foot *Beginners welcome!* **01:00pm-03:00pm:** -Chess *Beginners welcome!* -Open Studio Painting (1st & 3rd Tuesday) **Ice Skating at Capital Arena** **Tuesdays 11:00am-12:00pm** $5/week paid at ice rink, includes skates	**09:00am-10:00am:** -Exercise to Tape **09:30am-12:00pm:** -Investment Club (12/23-Tentatively) **10:00am-11:00am:** -Ukulele Group (No 12/2) **10:00am-12:00pm:** -Bridge (Lessons offered) -Memories to Memoirs (1st & 3rd Wednesday) **10:30am-11:30am:** -Self-Guided Reiki $10 (1st & 3rd Wednesday) -Meditation $14 (2nd & 4th Wednesday) **12:00pm-02:00pm:** -Bowling at *Spare Time* ($8 for 2 games or $9 w/ shoes) **12:30pm-04:00pm:** -Mahjong **01:00pm-04:00pm:** -Poker -Knitting and Crocheting **01:30pm-02:30pm:** -Country Line Dance $20 (No 12/23) **02:30pm-03:30pm:** **†-Healthy Bones for Life 1 **Contact OFA to sign up** **03:00pm-04:00pm:** -Boxing Fitness w/ Chris $20 (12/9, 12/16, 12/23, 12/30) **03:30pm-04:30pm:** **†-Healthy Bones for Life 2 **Contact OFA to sign up**	**09:00am-10:00am:** -Senior Fit w/ Carlie $15 (No 12/24, 12/31) **09:00am-11:30am:** -Billiards/Pool **10:00am-11:30am:** -Chorus Rehearsal **10:00am-12:00pm:** -Rummikub -Watercolors w/ Mary (12/17 Only) *$6/class paid to instructor* **10:15am-11:15am:** *-Yoga w/ Deanna *$5/week At the Center OR Join Zoom* **11:30am-12:15pm:** -*AllWays Dance*: Chair Dancing $15 (No 12/24, 12/31) **12:30pm-04:00pm:** -Pinochle *Beginners welcome!* -Mahjong **02:00pm-04:00pm:** -Open Indoor Pickleball After a summer break, our bowling club has returned! Wednesdays at 12pm (no need to sign up, just show up!) $8 for 2 games or $9.19 (including shoes) Come Enjoy a day at the Southern Saratoga YMCA every 1st and 2nd Wednesday of the Month! Just Show your CPSCC Card!	**09:00am-10:00am:** -Adv. Tap Dance $10 (No 12/18, 12/25) **09:00am-10:55am:** -Orchestra Rehearsal (Winter Concert: 12/18) **09:00am-11:00am:** -Woodcarving **10:00am-10:45am:** -Ballet Class $10 (No 12/18, 12/25) **10:00am-12:00pm:** -Dominoes/Mexican Train *Beginners welcome!* -Bocce Ball—*Outdoor* **11:00am-11:45am:** -*Essentrics* Aging Backwards $18 **11:00am-12:30pm:** -Jazz Band Rehearsal (Winter Concert: 12/4) **12:30pm-04:00pm:** -Mahjong **12:45pm-02:45pm:** -Bingo **01:00pm-02:00pm:** -Latin Line Dancing (No Dec...See you in January) **01:00pm-02:30pm:** -Jewelry Making Class (2nd Friday Only in December) **01:30pm-04:00pm:** -Strategic Scrabble **02:15pm-04:00pm** -Ping Pong/Cornhole **02:30pm-03:30pm:** **†-Healthy Bones for Life 1 **Contact OFA to sign up**

Thank You...

...to our team of volunteers, led by Donna and Patti, creating 150 holiday stockings for our soldiers. The stockings were filled with items donated by our community. Small games, toiletries, snacks, and candies. Thank You, everyone! These items are being shipped via the Blue Star mothers.

...to our team of volunteers led by Patti and Donna creating pads throughout the year for young ladies in need.

...to the Home of the Good Shepherd for providing an amazing meal and entertainment at our November dinner.

...to our Volunteer instructors: Ron, teaching ukulele; Gail and Ed teaching wood carving; Sandy and Judy, teaching jewelry making; Pat teaching Iris card folding, Mary offering crafts, Maddie teaching Mahjong, Terry offering crafts, and many others!

...to our volunteers who keep the goodies coming into the center. They pick up Panera Bread and Hannaford products, they package them, and they place them out for all to enjoy. Connie, Nery, Donna, Patti, Teresa, Barbara, Katie & Lynne, Gerry & Tom, Eric & Learay, Silvana & Jerry, Linda, Tony, Tammy & Chuck, and Jim the Candy Man.

...to our wonderful volunteers that help out at the front desk every week answering phones, making coffee, putting out treats, and so much more. Deborah, Debbie, Pat, Jo, Linda, Carol, Monsy, Mary Jo, Jason, and Judy.

SARATOGA COUNTY DEPARTMENT OF AGING & YOUTH SERVICES-DECEMBER 2026
GATHER & DINE/HOME DELIVERED MEALS 518-363-4020

Monday	Tuesday	Wednesday	Thursday	Friday
	**1** Italian Style Meatloaf Garlic Mashed Potatoes Brussels Sprouts WW Dinner Roll Fig Cookies	**2** Egg Salad on Whole Grain Bun Marinated Green Beans Coleslaw Banana	**3** Herb Chicken w/Gravy Stuffing Butternut Squash WW Dinner Roll Applesauce	**4** Macaroni & Cheese Broccoli Stewed Tomatoes Bran Muffin Yogurt
7 Chicken with Alfredo Sauce Whole Grain Pasta w/Pesto Sauce Peas & Carrots Fresh Tangerine	**8** Pork w/Curry Cream Sauce Brown Rice Pilaf California Blend Vegetables Pear Cup	**9** Open Face Hot Turkey Sandwich on Whole Wheat Bread Slice Stuffing Warm Apple Cranberry Crunch Fruit & Nut Mix	**10** Breaded Fish Tartar Sauce Macaroni & Cheese Mixed Vegetables WW Dinner Roll Applesauce	**11** Chili Spinach Cauliflower Corn Muffin Banana
14 Roast Pork w/Tarragon Sauce Mashed Potatoes Carrots WW Dinner Roll Applesauce	**15** Chicken with Florentine Sauce Brown Rice Pilaf Brussels Sprouts Carrot Muffin Peach Cup	**16** Shaved Beef w/Sauteed /Peppers & Onions on Whole Grain Bun Corn Spinach Tangerine	**17** Chicken Noodle Casserole California Blend Vegetables Wax Beans Bran Muffin Raisins	**18 Christmas Special** Meat & Cheese Lasagna Garlic Broccoli Maple Glazed Baby Carrots Dinner Roll Cheesecake w/Strawberry Topping & Whipped Cream
21 Pulled BBQ Beef on Whole Grain Bun California Blend Vegetables Warm Apple Crisp Graham Crackers	**22** Roast Turkey w/Gravy Mashed Potatoes Corn WW Dinner Roll Applesauce	**23** LS Ham & Swiss Cheese on Whole Grain Bun Mustard Rasta Pasta Salad Pea Salad Brownie	**24** Spinach Feta Chicken Couscous Pilaf Carrots WW Dinner Roll Fresh Tangerine	**25 Closed** 
28 Spanish Beef & Rice Casserole Mixed Vegetables Warm Peach Crisp Corn Muffin Yogurt	**29** Chicken Stew w/Biscuit Corn Broccoli Banana	**30 Birthday Special**  Roast Pork w/Gravy Mashed Sweet Potatoes Asparagus Medley WW Dinner Roll Frosted Cake	**31** Teriyaki Glazed Meatballs Brown Rice Pilaf Asian Blend Vegetables Fresh Tangerine	

Menu Subject To Change

Menu certified by Christine Kudlacik, R.D. All Home Delivered & Gather & Dine meals will receive whole milk. Coffee, Tea, and Butter are served daily at sites. If you have a food allergy, please notify our staff. Allergen information for the menu is available. Please contact Saratoga County Department of the Aging & Youth Services for more details. The suggested voluntary contribution is $4 per meal. There is a $10 fee for guests under the age of 60. Please make checks payable to: Mazzone Hospitality LLC, and mail to Saratoga County Department Of Aging & Youth Services, 152 West High Street, Ballston Spa, NY 12020

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Home of the Good Shepherd

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Witecki Law Office
8 South Church Street
Schenectady, NY 12305
518-372-2827
www.WiteckiLaw.com

Glenn Witecki provides in-person, free consultations, the 3rd Thursday of **every other month** at the Clifton Park Senior Center (9:00 a.m. – 12:00 p.m.), or in his office any time (evening hours available).

If you are looking for guidance beyond "standard estate planning," Glenn can help!

Glenn has been practicing law for 36 years and can help you plan by answering critical questions, including: How can I protect my house if I go into a nursing home?

He will also tell you why a properly-drafted Power of Attorney may be the most important estate planning document that you ever sign!

Call our office directly to set up an appointment. Under special circumstances home visits can be arranged.

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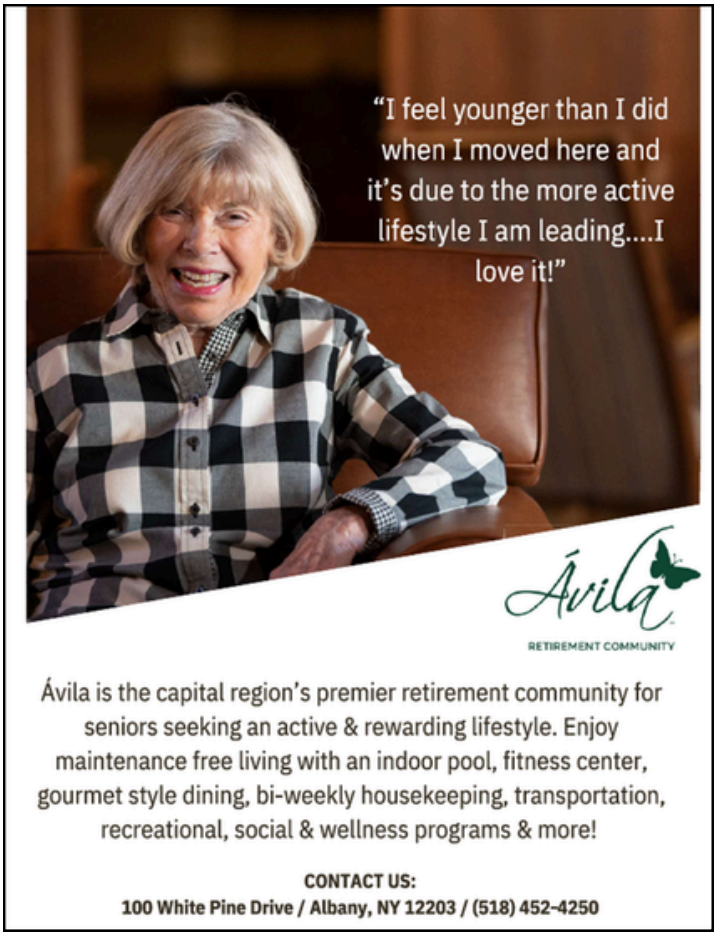
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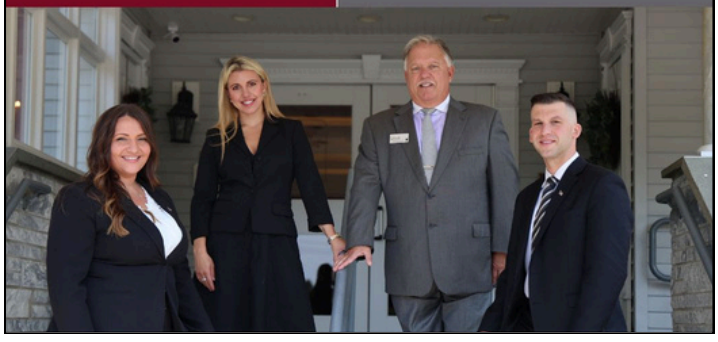


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Clifton Park, NY 12065
(518) 383-1343

TO: CURRENT OCCUPANT OR:

Services for You

Gather & Dine Daily Lunch Program: To Reserve your Lunch: Call by Noon the day before at 518-383-1343. Menu can be found online HERE or at the Center.

Free Legal Assistance offered through the Saratoga County Department of Aging and Youth Services. For more information, call 518-884-4100.

We loan out wheelchairs, walkers, seated walkers, and more.

Do you have old prescription medications and not sure what to do? Stop in at the Center to pick up a DETERRA drug deactivation system provided by NYS.

We collect food for the local food pantry, used eyeglasses and hearing aids for veterans and others in need—look for receptacles in the vestibule.

CPSCC POLICY: Non-members can join us as a guest once a year for free. Although many of our programs are free of charge, members can try almost any *active paid* class the first time at no charge. If you like it, sign up for the month.

Town of Clifton Park Senior Express

- Riders must be 50 years of age or older and live in the Town of Clifton Park.
- A wheelchair lift is available.
- Those needing assistance must be accompanied by an escort.
- Adult handicapped persons under 50 years of age will be considered on a time available basis.

Monday, Tuesday & Thursday:

Medical appointments to the following areas: Albany, Schenectady, Troy, Ballston Spa, Saratoga, Mechanicville and Latham.

Wednesday & Friday:

Clifton Park shopping and local appointments only.

Call Senior Van Dispatch
at 518-371-4444
9:00am – 1:00pm

Town Staff Directory

Town Supervisor Phil Barrett	**371-6651**
Town Board Members	**371-6651**
Animal Control Officer	**371-6756**
Town Attorney Kevin Dailey	**371-6651**
Assessor Walter Smead	**371-6460**
Building & Development Director Wade Schoenborn	**371-6702**
Building & Grounds Director Dan Clemens	**371-6651**
Town Clerk Caitlin Fantini	**371-6681**
Town Court – 5 Municipal Plaza	**371-6668**
Town Comptroller Mark Heggen	**371-6651**
Storm Water Mgmt Technician Scott Reese	**371-6054**
Highway Superintendent Dahn Bull	**371-7310**
Parks & Recreation	**371-6667**
Planning Director	**371-6054**
Receiver of Taxes Rose Savallo	**371-5720**
Director of Safety & Security	**348-7311**
Town Security Officers	**369-6651**
Sewer Director Mike O'Brien	**348-7313**
Transfer Station	**371-6669**
Senior Center Director Sue Leonard	**383-1343**

Email your Town Board

Supervisor Philip C. Barrett:	pbarrett@cliftonpark.org
Deputy Supervisor Agatha Reid:	areid@cliftonpark.org
Councilman Zabed Manir:	zmanir@cliftonpark.org
Councilwoman Nancy Bellamy:	nbellamy@cliftonpark.org
Councilman Mario Fantini:	mfantini@cliftonpark.org

The Town's office buildings are open from Monday through Friday, 9 AM to 5 PM, excluding holidays.
The ***Town Clerk's*** office is open until 7:00 PM every Thursday.
The ***Building*** and ***Parks & Recreation*** Departments open at 8:00 AM Monday through Friday.